

CROSS COUNTRY RECORD BOOK



IT JUST MEANS MORE.™



2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

Southeastern Conference Communications

2201 Richard Arrington Blvd. North
Birmingham, AL 35203
(205) 458-3000



HERB VINCENT
Associate Commissioner
hvincen@sec.org



TAYLOR BRASHER
Director of Social & Digital
Media
tbrasher@sec.org



CHUCK DUNLAP
Director
cdunlap@sec.org
Football
Golf



CRAIG PINKERTON
Director
cpinkerton@sec.org
Men's Basketball
Soccer



TAMMY WILSON
Director
twilson@sec.org
Women's Basketball
Tennis



BEN BEATY
Assistant Director
bbeaty@sec.org
Baseball
Football
Track/Cross Country



JILL SKOTARCZAK
Assistant Director
jskotarczak@sec.org
Gymnastics
Softball
Swimming
Volleyball

Contents

All-Time SEC and National Team Champions (All Sports).....	3
All-Time SEC Cross Country Champions	4
SEC Championship Totals	4
SEC Championship Year-By-Year Results	4-6
SEC Teams in the Top-25 at the NCAA Cross Country Championships.....	7
SEC Individuals in the Top-25 at the NCAA Cross Country Championships.....	8
All-Time SEC National Champions.....	9
SEC Cross Country All-Americans.....	9
SEC Honors and Awards	10-13
SEC Weekly Honors.....	14



2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK



All-Time SEC Champions (All Sports)

	UA	AR	AU	UF	UG	UK	LSU	UM	MS	MU	SC	UT	TAMU	VU
Baseball	14	4	6	14	6	1	17	7	11		3	4		7
M BKB	9	2	4	7	1	49	11		6		1	10	1	3
W BKB			5		7	2	3	1	2		7	18	1	
M XC	4	27	6	3		4		2	5			25		
W XC	3	22		6		3						5		1
Equestrian			6		3						2			
Football	29		8	8	14	2	12	6	1			13		
M Golf	5	2	4	16	29	1	16	1	2			3		3
W Golf	3	1	10	9	11		2	1			1		2	2
Gymnastics	9			15	16		3							
Soccer	1	3	1	14		1					3	3	3	3
Softball	6	2		9	2		5				1	2		
M S&D	2		18	44	3		1					10		
W S&D	1		5	18	12	1						2	4	
M Tennis	1		2	12	32	2	5	5	3			9	3	
W Tennis	1			29	12	1							3	2
M In. T&F	6	25	4	8		1	4					18		
W In. T&F	1	16		8	1		12					4		
M Out.T&F	3	22	4	6	1		23		1			25	2	
W Out.T&F	2	10		7	2		13				3	4	1	
Volleyball				25	2	9	5			2		4	1	
Wrestling*			5	1		2	4							
Boxing*							5							
TOTAL	100	136	88	261	154	80	141	23	31	2	21	159	21	21

The SEC Champion is determined by regular season competition in baseball, men's basketball, women's basketball, football, gymnastics, soccer, softball, men's tennis, women's tennis, and volleyball. It's determined by a meet or tournament in men's cross country, women's cross country, equestrian, men's golf, women's golf, men's indoor track & field, women's indoor track & field, men's outdoor track & field, and women's outdoor track & field.

*Discontinued Sport

All-Time Team National Champions (All Sports)

	UA	AR	AU	UF	UG	UK	LSU	UM	MS	MU	SC	UT	AM	TUL [^]	VU	TOTAL
Baseball				1	1		7	1	1		2				2	15
M BKB		1		2		8										11
W BKB							1				2	8				11
W BOWL															3	3
M XC		7										1				8
W XC		1				1										2
Equestrian+			4		2						1		1			8
Football	13		2	3	3		4	1				2				28
M Golf	2			5	2		5									14
W Golf	1			2	1			1								5
Gymnastics	6			3	10											19
Rifle						4										4
Soccer				1												1
Softball	1			2												3
M S&D			8	2								1				11
W S&D			5	2	7											14
M Tennis				1	6									1		8
W Tennis				7	2										1	10
M In. T&F		13		5			2					1	1			22
W In. T&F		4		2	1		11					2				20
M Out.T&F		11		6	1		5					3	1			27
W Out.T&F		2	1	1			15				1		1			21
Volleyball						1										1
Boxing*							1									1
TOTAL	23	39	20	45	36	14	51	3	1	0	6	18	4	1	6	267

[^]No longer member of SEC

*Discontinued Sport

+Non-NCAA Sport



2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

Women's All-Time SEC Cross Country Champions

Year (Site)	Team Champion	Pts.	Runner-up	Pts	Individual Champion	Distance	Time
1983 (Lexington, Ky.)	Tennessee	24	Florida	46	Alison Quelch, UT	5 kilometers	17:14
1984 (Clinton, La.)	Florida	41	Alabama	54	Shelly Steely, UF	3 miles	15:55
1985 (Oxford, Miss.)	Kentucky	34	Alabama	93	Evelyn Adiru, UA	3 miles	16:47
1986 (Knoxville, Tenn.)	Alabama	30	Kentucky	55	Tricia Clifford, UF	5 kilometers	17:57
1987 (Nashville, Tenn.)	Alabama	20	Kentucky	70	Evelyn Adiru, UA	5 kilometers	17:01
1988 (Tuscaloosa, Ala.)	Kentucky	22	Alabama	68	Carole Trepanier, UA	5 kilometers	16:55
1989 (Auburn, Ala.)	Kentucky	39	Tennessee	66	Valerie McGovern, UK	5 kilometers	16:50
1990 (Gainesville, Fla.)	Tennessee	41	Georgia	55	Patty Wiegand, UT	5 kilometers	16:45.10
1991 (Athens, Ga.)	Arkansas	30	Georgia	80	Deena Drossin, AR	5 kilometers	17:40.00
1992 (Lexington, Ky.)	Arkansas	52	Alabama	80	Deena Drossin, AR	5 kilometers	18:06.80
1993 (Baton Rouge, La.)	Arkansas	37	Alabama	83	Becki Wells, UA	5 kilometers	16:54.00
1994 (Fayetteville, Ark.)	Arkansas	31	Alabama	80	Megan Flowers, AR	5 kilometers	17:01.30
1995 (Starkville, Miss.)	Arkansas	40	Auburn	46	Becki Wells, UF	5 kilometers	17:16.00
1996 (Oxford, Miss.)	Florida	52	Arkansas	77	Becki Wells, UF	5 kilometers	17:04.70
1997 (Columbia, S.C.)	Florida	37	Arkansas	68	Amy Yoder, AR	5 kilometers	16:56.80
1998 (Maryville, Tenn.)	Arkansas	25	Florida	48	Amy Yoder, AR	5 kilometers	16:52.22
1999 (Nashville, Tenn.)	Arkansas	15	Florida	96	Amy Yoder, AR	5 kilometers	16:54.00
2000 (Tuscaloosa, Ala.)	Arkansas	43	Georgia	74	Lilli Kleinmann, AR	6 kilometers	20:11.08
2001 (Auburn, Ala.)	Arkansas	35	Tennessee	71	Andreina Byrd, AR	6 kilometers	19:07.29
2002 (Gainesville, Fla.)	Arkansas	39	Kentucky	78	Christin Wurth, AR	6 kilometers	21:04.87
2003 (Athens, Ga.)	Tennessee	57	Georgia	95	Angela Homan, AU	6 kilometers	21:49.76
2004 (Fayetteville, Ark.)	Tennessee	55	Arkansas	57	Angela Homan, AU	6 kilometers	20:25.92
2005 (Columbia, S.C.)	Tennessee	48	Arkansas	51	Angela Homan, AU	6 kilometers	19:40.00
2006 (Baton Rouge, La.)	Arkansas	17	Georgia	64	Brooke Upshaw, AR	6 kilometers	20:14.90
2007 (Lexington, Ky.)	Arkansas	39	Tennessee	84	Sarah Madebach, UG	6 kilometers	20:49.11
2008 (Starkville, Miss.)	Arkansas	46	Florida	53	Catherine White, AR	6 kilometers	20:07.26
2009 (Oxford, Miss.)	Florida	24	Tennessee	80	Rebecca Lowe, UF	6 kilometers	20:57.35
2010 (Columbia, S.C.)	Florida	60	Arkansas	61	Kristie Krueger, UG	6 kilometers	20:41.25
2011 (Maryville, Tenn.)	Vanderbilt	30	Arkansas	61	Kristen Gillespie, AR	6 kilometers	20:19.84
2012 (Nashville, Tenn.)	Florida	61	Arkansas	70	Cally Macumber, UK	6 kilometers	20:23.29
2013 (Gainesville, Fla.)	Arkansas	32	Texas A&M	123	Dominique Scott, AR	6 kilometers	20:02.81
2014 (Tuscaloosa, Ala.)	Arkansas	32	Vanderbilt	85	Dominique Scott, AR	6 kilometers	19:22.74
2015 (College Station, Texas)	Arkansas	38	Mississippi State	95	Dominique Scott, AR	6 kilometers	19:23.60
2016 (Fayetteville, Ark.)	Arkansas	46	Ole Miss	76	Karissa Schweizer, MO	6 kilometers	20:10.60
2017 (Athens, Ga.)	Arkansas	35	Georgia	88	Karissa Schweizer, MO	6 kilometers	19:36.30
2018 (Auburn, Ala.)	Arkansas	24	Florida	69	Jessica Pascoe, UF	6 kilometers	18:55.00
2019 (Lexington, Ky.)	Arkansas	21	Ole Miss	93	Katie Izzo, AR	6 kilometers	19:38.30
2020 (Baton Rouge, La.)	Arkansas	41	Alabama	57	Mercy Chelangat, UA	6 kilometers	19:46.50
2021 (Columbia, Mo.)	Arkansas	68	Ole Miss	83	Mercy Chelangat, UA	6 kilometers	19:55.20
2022 (Oxford, Miss.)	Alabama	36	Arkansas	74	Parker Valby, UF	6 kilometers	18:25.87

SEC Championship Totals: Arkansas (22); Florida (6); Tennessee (5); Alabama (3); Kentucky (3); Vanderbilt (1)

SEC Championship Year-by-Year Team Results

1983 (Lexington, Ky.)	7. LSU 167	1986 (Knoxville, Tenn.)	4. Tennessee 96	9. Georgia 217
1. Tennessee 24	8. Vanderbilt 207	1. Alabama 30	5. Auburn 117	
2. Florida 46	1985 (Oxford, Miss.)	2. Kentucky 55	6. Mississippi State 183	1989 (Auburn, Ala.)
3. Alabama 78	1. Kentucky 84	3. Florida 62	7. Georgia 202	1. Kentucky 39
4. Georgia 80	2. Alabama 93	4. Auburn 110	8. Ole Miss 216	2. Tennessee 66
5. Auburn 114	3. Tennessee 104	5. Georgia 113	9. LSU 226	3. Auburn 84
6. LSU 161	T4. Georgia 111	6. Tennessee 170	10. Vanderbilt 245	T4. Alabama 98
7. Vanderbilt 178	T4. Auburn 111	7. LSU 194	1988 (Tuscaloosa, Ala.)	T4. Florida 98
1984 (Clinton, La.)	6. Florida 115	8. Mississippi State 208	1. Kentucky 22	6. Georgia 124
1. Florida 41	7. LSU 125	9. Vanderbilt 272	2. Alabama 68	7. Mississippi State 200
2. Alabama 54	8. Mississippi State 232	10. Ole Miss 296	3. Florida 99	8. Vanderbilt 207
3. Tennessee 67	9. Vanderbilt 233	1987 (Nashville, Tenn.)	4. Tennessee 115	9. Ole Miss 278
4. Kentucky 87	10. Ole Miss 294	1. Alabama 20	5. Auburn 121	10. LSU 282
5. Georgia 144		2. Kentucky 70	6. LSU 181	
6. Auburn 147		3. Florida 81	7. Vanderbilt 185	
			8. Mississippi State 198	

2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK



1990 (Knoxville, Tenn.)

1. Tennessee	41
2. Georgia	55
3. Alabama	88
4. Auburn	101
5. Florida	111
6. Mississippi State	128
7. Kentucky	145
8. Vanderbilt	220
9. Ole Miss	292
10. LSU	300

1991 (Athens, Ga.)

1. Arkansas	30
2. Georgia	80
3. Mississippi State	110
4. Alabama	111
5. Auburn	121
6. Florida	151
7. Tennessee	167
8. South Carolina	171
9. Kentucky	182
10. Vanderbilt	260
11. Ole Miss	331
12. LSU	364

1992 (Lexington, Ky.)

1. Arkansas	52
2. Alabama	80
3. Auburn	104
4. Florida	114
5. Tennessee	126
6. Georgia	127
7. South Carolina	148
8. Mississippi State	194
9. Vanderbilt	226
10. Kentucky	247
11. Ole Miss	333
12. LSU	357

1993 (Baton Rouge, La.)

1. Arkansas	37
2. Alabama	83
3. Georgia	100
4. Florida	119
5. Tennessee	137
6. Auburn	140
7. South Carolina	149
8. Vanderbilt	170
9. Mississippi State	225
10. Kentucky	301
11. Ole Miss	302
12. LSU	368

1994 (Fayetteville, Ark.)

1. Arkansas	31
2. Alabama	80
3. Auburn	84

4. Florida	108
5. Georgia	131
6. South Carolina	142
7. Vanderbilt	189
8. Mississippi State	229
9. Kentucky	289
10. LSU	290
11. Ole Miss	303

1995 (Starkville, Miss.)

1. Arkansas	40
2. Auburn	46
3. Florida	61
4. Alabama	107
5. Vanderbilt	149
6. South Carolina	168
7. Georgia	226
8. Mississippi State	240
9. Tennessee	267
10. Kentucky	273
11. Ole Miss	274
12. LSU	328

1996 (Oxford, Miss.)

1. Florida	52
2. Arkansas	77
3. Auburn	88
4. Georgia	107
5. LSU	132
6. Vanderbilt	133
7. Alabama	198
8. Mississippi State	201
9. Tennessee	216
10. Kentucky	265
11. South Carolina	285
12. Ole Miss	315

1997 (Columbia, S.C.)

1. Florida	37
2. Arkansas	68
3. Georgia	77
4. Vanderbilt	94
5. Alabama	124
6. Tennessee	180
7. Auburn	211
8. South Carolina	235
9. LSU	246
10. Kentucky	279
11. Mississippi State	280
12. Ole Miss	340

1998 (Knoxville, Tenn.)

1. Arkansas	25
2. Florida	48
3. Tennessee	73
4. Alabama	147
5. Georgia	157
6. Vanderbilt	202
7. South Carolina	206

8. LSU	225
9. Auburn	229
10. Mississippi State	280
11. Kentucky	296
12. Ole Miss	394

1999 (Nashville, Tenn.)

1. Arkansas	15
2. Florida	96
3. Georgia	112
4. LSU	118
5. South Carolina	133
6. Alabama	169
7. Auburn	174
8. Vanderbilt	186
9. Tennessee	191
10. Mississippi State	248
11. Ole Miss	305
12. Kentucky	311

2000 (Tuscaloosa, Ala.)

1. Arkansas	43
2. Georgia	74
3. Auburn	85
4. Florida	121
5. Alabama	153
6. Vanderbilt	171
7. Mississippi State	191
8. Tennessee	196
9. South Carolina	219
10. Kentucky	221
11. LSU	223
12. Ole Miss	358

2001 (Auburn, Ala.)

1. Arkansas	35
2. Tennessee	71
3. Florida	118
4. Auburn	120
5. Vanderbilt	122
6. Georgia	176
7. South Carolina	199
8. LSU	204
9. Mississippi State	205
10. Kentucky	226
11. Alabama	235
12. Ole Miss	356

2002 (Gainesville, Fla.)

1. Arkansas	39
2. Kentucky	78
3. Tennessee	86
4. Auburn	117
5. Mississippi State	140
6. Florida	152
7. Georgia	188
8. Vanderbilt	210
9. LSU	229
10. Alabama	291

11. South Carolina	305
12. Ole Miss	331

2003 (Athens, Ga.)

1. Tennessee	57
2. Georgia	95
3. Arkansas	103
4. Kentucky	106
5. Vanderbilt	107
6. Auburn	111
7. Mississippi State	162
8. Florida	206
9. Alabama	230
10. South Carolina	254
11. LSU	319
12. Ole Miss	345

2004 (Fayetteville, Ark.)

1. Tennessee	55
2. Arkansas	57
3. Georgia	63
4. Florida	160
5. Auburn	168
6. Vanderbilt	177
7. Mississippi State	186
8. Kentucky	193
9. LSU	205
10. Alabama	257
11. South Carolina	265
12. Ole Miss	334

2005 (Columbia, S.C.)

1. Tennessee	48
2. Arkansas	51
3. Georgia	87
4. Kentucky	116
5. Florida	137
6. Mississippi State	152
7. Vanderbilt	161
8. Alabama	190
9. Auburn	241
10. LSU	288
11. South Carolina	311
12. Ole Miss	359

2006 (Baton Rouge, La.)

1. Arkansas	17
2. Georgia	64
3. Tennessee	66
4. Florida	100
5. Mississippi State	162
6. Kentucky	172
7. Vanderbilt	226
8. Alabama	240
9. LSU	250
10. Auburn	251
11. South Carolina	302
12. Ole Miss	368

2007 (Lexington, Ky.)

1. Arkansas	39
2. Tennessee	84
3. Georgia	85
4. Florida	96
5. Kentucky	104
6. Auburn	171
7. Mississippi State	209
8. Vanderbilt	217
9. LSU	259
10. Alabama	275
11. South Carolina	290
12. Ole Miss	352

2008 (Starkville, Miss.)

1. Arkansas	46
2. Florida	53
3. Tennessee	107
4. Georgia	117
5. Auburn	127
6. Kentucky	134
7. Alabama	170
8. Vanderbilt	177
9. Mississippi State	252
10. South Carolina	262
11. Ole Miss	333
12. LSU	341

2009 (Oxford, Miss.)

1. Florida	24
2. Tennessee	80
3. Arkansas	87
4. Georgia	118
5. Alabama	141
6. Vanderbilt	142
7. Auburn	151
8. Kentucky	175
9. South Carolina	246
10. Mississippi State	276
11. LSU	335
12. Ole Miss	338

2010 (Columbia, S.C.)

1. Florida	60
2. Arkansas	61
3. Vanderbilt	76
4. Georgia	130
5. Mississippi State	156
6. Alabama	177
7. Auburn	190
8. Kentucky	207
9. Ole Miss	209
10. South Carolina	251
11. LSU	279
12. Tennessee	326



2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

2011
(Maryville, Tenn.)

1. Vanderbilt	30
2. Arkansas	61
3. Florida	62
4. Georgia	124
5. Ole Miss	158
6. Alabama	181
7. Tennessee	184
8. Kentucky	214
9. Mississippi State	233
10. Auburn	247
11. South Carolina	295
12. LSU	337

2012
(Nashville, Tenn.)

1. Florida	61
2. Arkansas	70
3. Vanderbilt	119
4. Ole Miss	122
5. Kentucky	130
6. Georgia	132
7. LSU	199
8. Texas A&M	224
9. South Carolina	256
10. Mississippi State	264
11. Alabama	268
12. Tennessee	285
13. Missouri	296
14. Auburn	378

2013
(Gainesville, Fla.)

1. Arkansas	32
2. Texas A&M	123
3. Kentucky	134
4. Florida	150
5. Vanderbilt	161
6. Alabama	174
7. Missouri	178
8. Tennessee	179

9. Ole Miss	190
10. Mississippi State	191
11. Georgia	224
12. South Carolina	294
13. Auburn	309
14. LSU	460

2014
(Tuscaloosa, Ala.)

1. Arkansas	32
2. Vanderbilt	85
3. Alabama	140
4. Missouri	142
5. Mississippi State	171
6. Texas A&M	187
7. Florida	201
8. Kentucky	215
9. Auburn	217
10. Georgia	222
11. Tennessee	274
12. Ole Miss	275
13. South Carolina	348
14. LSU	385

2015
(College Station, Texas)

1. Arkansas	38
2. Mississippi State	95
3. Vanderbilt	112
4. Alabama	143
5. Ole Miss	147
6. Auburn	164
7. Florida	183
8. Missouri	228
9. Texas A&M	249
10. Georgia	267
11. Tennessee	96
12. Kentucky	297
13. South Carolina	352
14. LSU	436

2016
(Fayetteville, Ark.)

1. Arkansas	46
2. Ole Miss	76
3. Missouri	125
4. Mississippi State	138
5. Vanderbilt	170
6. Alabama	170
7. Kentucky	180
8. Florida	185
9. Auburn	207
10. Georgia	225
11. Texas A&M	263
12. LSU	366
13. South Carolina	385
14. Tennessee	393

2017
(Athens, Ga.)

1. Arkansas	35
2. Georgia	88
3. Ole Miss	103
4. Missouri	164
5. Mississippi State	167
6. Kentucky	170
7. Alabama	171
8. Texas A&M	181
9. Vanderbilt	191
10. Tennessee	231
11. Auburn	241
12. South Carolina	304
13. Florida	366
14. LSU	396

2018
(Auburn, Ala.)

1. Arkansas	24
2. Florida	69
3. Ole Miss	116
4. Georgia	144
5. Missouri	149
6. Vanderbilt	181

7. Tennessee	197
8. Kentucky	242
9. Alabama	242
10. Texas A&M	260
11. LSU	275
12. Mississippi State	277
13. South Carolina	333
14. Auburn	349

2019
(Lexington, Ky.)

1. Arkansas	21
2. Ole Miss	93
3. Missouri	159
4. Tennessee	170
5. Alabama	171
6. Vanderbilt	176
7. Kentucky	179
8. Georgia	184
9. Texas A&M	189
10. Auburn	229
11. Florida	243
12. Mississippi State	336
13. LSU	349
14. South Carolina	367

2020
(Baton Rouge, La.)

1. Arkansas	41
2. Alabama	57
3. Ole Miss	97
4. Kentucky	98
5. LSU	173
6. Vanderbilt	198
7. Missouri	230
8. Georgia	249
9. Florida	257
10. Mississippi State	258
11. South Carolina	277
12. Auburn	288
13. Texas A&M	294

2021
(Columbia, Mo.)

1. Arkansas	68
2. Ole Miss	83
3. Alabama	91
4. Kentucky	93
5. Tennessee	136
6. Florida	170
7. Missouri	192
8. Vanderbilt	214
9. Auburn	253
10. LSU	256
11. Texas A&M	270
12. Georgia	292
13. Mississippi State	363
14. South Carolina	435

2022
(Oxford, Miss.)

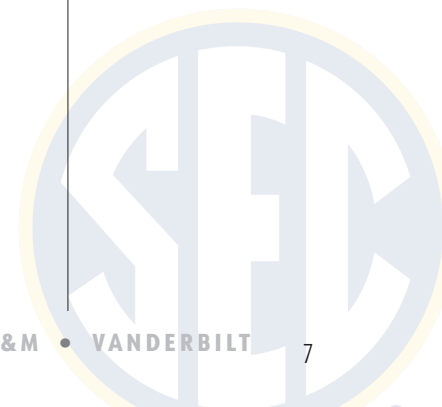
1. Alabama	36
2. Arkansas	74
3. Ole Miss	83
4. Kentucky	122
5. Florida	147
6. Tennessee	159
7. LSU	201
8. Texas A&M	208
9. Vanderbilt	223
10. Auburn	260
11. Missouri	276
12. South Carolina	326
13. Georgia	395
14. Mississippi State	414

2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK



SEC teams in the top-25 at the NCAA Cross Country Championships

<p>1982 (Bloomington, Ind.)</p> <p>11. Tennessee 262</p>	<p>1995 (Ames, Iowa)</p> <p>12. Arkansas 324 13. Auburn 335 18. Florida 398</p>	<p>2008 (Terre Haute, Ind.)</p> <p>15. Arkansas 404 17. Florida 454</p>	<p>2021 (Tallahassee, Fla.)</p> <p>8. Arkansas 328 10. Ole Miss 350 15. Alabama 428</p>
<p>1983 (Lehigh, Pa.)</p> <p>4. Tennessee 103</p>	<p>1996 (Tucson, Ariz.)</p> <p>14. Arkansas 347</p>	<p>2009 (Terre Haute, Ind.)</p> <p>7. Florida 260</p>	<p>2022 (Stillwater, Okla.)</p> <p>3. Alabama 166 21. Arkansas 507</p>
<p>1984 (State College, Pa.)</p> <p>12. Alabama 269</p>	<p>1997 (Greenville, S.C.)</p> <p>13. Arkansas 311 16. Florida 386 22. Georgia 518</p>	<p>2011 (Terre Haute, Ind.)</p> <p>6. Vanderbilt 282 14. Arkansas 375</p>	
<p>1985 (Milwaukee, Wisc.)</p> <p>4. Kentucky 118</p>	<p>1998 (Lawrence, Kan.)</p> <p>6. Arkansas 311 22. Florida 531</p>	<p>2012 (Louisville, Ky.)</p> <p>18. Arkansas 449 23. Florida 518</p>	
<p>1986 (Tucson, Ariz.)</p> <p>3. Kentucky 159</p>	<p>1999 (Bloomington, Ind.)</p> <p>2. Arkansas 125</p>	<p>2013 (Terre Haute, Ind.)</p> <p>15. Arkansas 340</p>	
<p>1987 (Charlottesville, Va.)</p> <p>6. Alabama 161</p>	<p>2000 (Ames, Iowa)</p> <p>13. Arkansas 365</p>	<p>2014 (Terre Haute, Ind.)</p> <p>5. Arkansas 276 17. Mississippi State 405 19. Vanderbilt 474</p>	
<p>1988 (Granger, Iowa)</p> <p>1. Kentucky 75</p>	<p>2001 (Greenville, S.C.)</p> <p>12. Arkansas 365</p>	<p>2016 (Terre Haute, Ind.)</p> <p>15. Mississippi State 459 16. Missouri 459 19. Arkansas 476 23. Ole Miss 514</p>	
<p>1989 (Annapolis, Md.)</p> <p>2. Kentucky 168 6. Tennessee 227</p>	<p>2002 (Terre Haute, Ind.)</p> <p>7. Arkansas 251</p>	<p>2017 (Louisville, Ky.)</p> <p>13. Arkansas 377 17. Georgia 411 25. Ole Miss 571</p>	
<p>1990 (Knoxville, Tenn.)</p> <p>9. Georgia 264 12. Tennessee 303</p>	<p>2003 (Waterloo, Iowa)</p> <p>24. Tennessee 513</p>	<p>2018 (Madison, Wis.)</p> <p>14. Arkansas 398 16. Florida 455 22. Ole Miss 509</p>	
<p>1991 (Tucson, Ariz.)</p> <p>2. Arkansas 168 20. Georgia 455</p>	<p>2004 (Terre Haute, Ind.)</p> <p>16. Arkansas 400 21. Tennessee 488 24. Georgia 583</p>	<p>2019 (Terre Haute, Ind.)</p> <p>1. Arkansas 96 21. Ole Miss 541</p>	
<p>1992 (Bloomington, Ind.)</p> <p>2. Arkansas 130</p>	<p>2005 (Terre Haute, Ind.)</p> <p>19. Arkansas 444</p>	<p>2020-21 (Stillwater, Okla.)</p> <p>8. Alabama 280 10. Arkansas 316 12. Ole Miss 325</p>	
<p>1993 (Lehigh, Pa.)</p> <p>2. Arkansas 71 13. Alabama 326</p>	<p>2006 (Terre Haute, Ind.)</p> <p>5. Arkansas 286 15. Georgia 401</p>		
<p>1994 (Fayetteville, Ark.)</p> <p>3. Arkansas 110 14. Alabama 367 17. Auburn 429 20. Florida 486</p>	<p>2007 (Terre Haute, Ind.)</p> <p>11. Florida 391 13. Arkansas 406 22. Georgia 465</p>		





2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

SEC individuals in the top-25 at the NCAA Cross Country Championships

1981 (Wichita, Kan.)		1995 (Ames, Iowa)		2017 (Louisville, Ky.)	
7. Bernadette Madigan, UK	16:35.5	11. Megan Flowers, AR	17:30.0	11. Karissa Schweizer, MO	19:47.5
9. Kathy Bryant-Hadler, UT	16:41.5	12. Becki Wells, UF	17:32.0		
		24. Jessica Fry, UA	17:48.0	2018 (Madison, Wis.)	
1982 (Bloomington, Ind.)		1997 (Greenville, S.C.)		None	
7. Kathy Bryant-Hadler, UT	17:14.0	7. Amy Yoder, AR	16:56.0	2019 (Terre Haute, Ind.)	
11. Beth Farmer, UF	17:22.3	1998 (Lawrence, Kan.)		3. Katie Izzo, AR	19:59.3
1983 (Lehigh, Pa.)		3. Amy Yoder, AR	17:03.05	4. Taylor Werner, AR	20:11.1
4. Liz Natale, UT	16:42.6	10. Jessica Koch, AR	17:16.42	14. Joyce Kimeli, AU	20:26.2
16. Alison Quelch, UT	17:05.9	1999 (Bloomington, Ind.)		21. Devin Clark, AR	20:32.2
1984 (State College, Pa.)		2. Amy Yoder, AR	16:44.10	2020-21 (Stillwater, Okla.)	
2. Shelly Steely, UF	16:22.2	3. Lilli Kleinmann, AR	16:48.80	1. Mercy Chelangat, UA	20:01.1
1986 (Tucson, Ariz.)		20. Jessica Dailey, AR	17:14.10	3. Amaris Tynnismaa, UA	20:10.2
18. Lisa Breiding, UK	7:36.72	2000 (Ames, Iowa)		21. Krissy Gear, AR	20:39.3
1987 (Charlottesville, Va.)		10. Lilli Kleinmann, AR	20:54.00	2021 (Tallahassee, Fla.)	
16. Elspeth Turner, UA	6:41.88	29. Sharon Dickie, UT	21:21.80	2. Mercy Chelangat, UA	19:29.3
17. Heidi Olafsdottir, UA	6:43.55	2002 (Terre Haute, Ind.)		16. Joyce Kimeli, AU	19:43.4
1988 (Granger, Iowa)		16. Christin Wurth, AR	20:07.50	19. Lauren Gregory, AR	19:46.1
5. Carole Trepanier, UA	16:43	2004 (Terre Haute, Ind.)		2022 (Stillwater, Okla.)	
11. Lisa Breiding, UK	16:52	9. Angela Homan, AU	20:43.80	2. Parker Valby, UF	19:30.9
12. Valerie McGovern, UK	16:54	2005 (Terre Haute, Ind.)		6. Hilda Olemomoi, UA	19:45.6
23. Evelyn Adiru, UA	17:11	30. Angela Homan, AU	20:26.50	9. Amaris Tynnismaa, UA	19:48.2
24. Kristy Orre, UK	17:12	2008 (Terre Haute, Ind.)		14. Flomena Asekol, UA	19:56.5
1989 (Annapolis, Md.)		11. Hollie Knight, AU	20:12.70	16. Mercy Chelangat, UA	19:58.4
2. Valerie McGovern, UK	16:26.78	2009 (Terre Haute, Ind.)			
5. Patty Wiegand, UT	16:47.62	15. Rebecca Lowe, UF	20:18.80		
17. Jolly Earle, UG	17:08.63	2010 (Terre Haute, Ind.)			
1990 (Knoxville, Tenn.)		28. Kristie Kruger, UG	20:40.60		
11. Kelli Butler, UG	16:42	2012 (Louisville, Ky.)			
1991 (Tucson, Ariz.)		6. Cally Macumber, UK	19:42.2		
20. Coralena Velsen, UF	17:16.5	2013 (Terre Haute, Ind.)			
1992 (Bloomington, Ind.)		13. Cally Macumber, UK	20:26.4		
2. Deena Drossin, AR	17:12.7	28. Dominique Scott, AR	20:38.9		
13. Shelley Taylor, AR	17:42.0	2014 (Terre Haute, Ind.)			
15. Pauline Durran, AR	17:49.1	6. Dominique Scott, AR	20:01.3		
1993 (Lehigh, Pa.)		10. Chelsea Blaase, UT	20:11.6		
6. Deena Drossin, AR	16:54.0	24. Rhianwedd Price, MS	20:30.0		
8. Megan Flowers, AR	16:56.4	29. Grace Fletcher, AM	20:36.9		
9. Shelley Taylor, AR	16:58.0	2015 (Terre Haute, Ind.)			
14. Sarah Schwald, AR	17:00.1	3. Dominique Scott, AR	19:40.9		
18. April Ecke, MS	17:02.1	14. Chelsea Blaase, UT	20:07.2		
19. Becki Wells, UA	17:03.6	2016 (Terre Haute, Ind.)			
1994 (Fayetteville, Ark.)		1. Karissa Schweizer, MO	19:41.6		
4. Megan Flowers, AR	17:04.2	16. Taylor Werner, AR	20:10.5		
12. Deena Drossin, AR	17:15.8				
14. Sarah Schwald, AR	17:18.9				
19. Malin Ohlund, UA	17:25.6				

2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK



All-Time SEC National Champions

Year	Team	Points	Coach
1988	Kentucky	75	Don Weber
2019	Arkansas	96	Lance Harter

Individual National Champions

2016 - Karissa Schweizer, Missouri
 2020-21 - Mercy Chelangat, Alabama

SEC Cross Country All-Americans

1977 Brenda Webb, Tennessee	Kelli Butler, Georgia Wendy Fraizer, Florida	Angela Homan, Auburn	2017 Jessica Pascoe, Florida
1978 Brenda Webb, Tennessee	1991 Michelle Byrne, Arkansas Coralena Velsen, Florida	2006 Brooke Upshaw, Arkansas	2019 Devin Clark, Arkansas Katie Izzo, Arkansas Carina Viljoen, Arkansas Taylor Werner, Arkansas Joyce Kimeli, Auburn Jessica Drop, Georgia
1980 Kathy Bryant-Hadler, Tennessee Sue Jackson, Alabama Linda Portasik, Tennessee	1992 Deena Drossin, Arkansas Pauline Durran, Arkansas Shelley Taylor, Arkansas	2007 Natalie Picchetti, Georgia	2020 Mercy Chelangat, Alabama Esther Gitahi, Alabama Amaris Tynismaa, Alabama Krissy Gear, Arkansas
1981 Kathy Bryant-Hadler, Tennessee Bernadette Madigan, Kentucky	1993 Deena Drossin, Arkansas April Ecke, Mississippi State Megan Flowers, Arkansas Sarah Schwald, Arkansas Shelley Taylor, Arkansas Becki Wells, Alabama	2008 Sarah Bowman, Tennessee Hollie Knight, Auburn	2021 Flomena Asekol, Alabama Mercy Chelangat, Alabama Lauren Gregory, Arkansas Isabel Van Camp, Arkansas Joyce Kimeli, Auburn Parker Valby, Florida Tori Herman, Kentucky Sintayehu Vissa, Ole Miss
1982 Kathy Bryant-Hadler, Tennessee Beth Farmer, Florida Shelly Steely, Florida	1994 Deena Drossin, Arkansas Megan Flowers, Arkansas Malin Ohlund, Alabama Trine Pilskog, Arkansas Sarah Schwald, Arkansas Rachel Sauder, Auburn	2009 Charlotte Browning, Florida Rebecca Lowe, Florida	2022 Flomena Asekol, Alabama Mercy Chelangat, Alabama Hilda Olemomoi, Alabama Parker Valby, Florida
1983 Susan Baxter, Tennessee Beth Farmer, Florida Alisa Harvey, Tennessee Liz Natale, Tennessee Monica O'Reilly, Tennessee Alison Quelch, Tennessee	1995 Jessica Fry, Alabama Megan Flowers, Arkansas Becki Wells, Florida	2010 Kristie Krueger, Georgia	
1984 Shelly Steely, Florida	1997 Amy Yoder, Arkansas	2011 Kristen Gillespie, Arkansas Alexa Rogers, Vanderbilt	
1986 Lisa Breiding, Kentucky Jeni Neilson, Alabama Elspeth Turner, Alabama	1998 Jessica Koch, Arkansas Amy Yoder, Arkansas	2012 Cally Macumber, Kentucky Chelsea Oswald, Kentucky	
1987 Heidi Olafsdottir, Alabama Elspeth Turner, Alabama	1999 Lilli Kleinmann, Arkansas Amy Yoder, Arkansas	2013 Cally Macumber, Kentucky Dominique Scott, Arkansas Agata Strausa, Florida	
1988 Evelyn Adiru, Alabama Lisa Breiding, Kentucky Sherry Hoover, Kentucky Valerie McGovern, Kentucky Kristy Orre, Kentucky Carole Trepanier, Alabama	2000 Sharon Dickie, Tennessee Lilli Kleinmann, Arkansas	2014 Dominique Scott, Arkansas Chelsea Blaase, Tennessee Rhianwedd Price, Mississippi State Grace Fletcher, Texas A&M Hillary Montgomery, Texas A&M	
1989 Jolly Earle, Georgia Donna Combs, Kentucky Valerie McGovern, Kentucky Valerie Bertrand, Tennessee Jasmin Jones, Tennessee Patty Wiegand, Tennessee	2001 Londa Bevins, Arkansas Christin Wurth, Arkansas	2015 Dominique Scott, Arkansas Marta Freitas, Mississippi State Chelsea Blaase, Tennessee Karis Jochen, Texas A&M Caroline Pietrzyk, Vanderbilt	
1990	2002 Angela Homan, Auburn	2016 Taylor Werner, Arkansas Katy Kunc, Kentucky Rhianwedd Price, Mississippi State Jamie Kempfer, Missouri Karrisa Schweizer, Missouri	
	2003 Angela Homan, Auburn	2017 Jessica Drop, Georgia Samantha Drop, Georgia Karissa Schweizer, Missouri	
	2004 Angela Homan, Auburn		
	2005		





2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

SEC Honors and Awards

SEC Coach of the Year

1983 - Terry Crawford, UT
 1984 - Lyle Knudson, UF
 1985 - Don Weber, UK
 1986 - David Troy, UA
 1987 - David Troy, UA
 1988 - Don Weber, UK
 1989 - Don Weber, UK
 1990 - Missy Kane, UT
 1991 - Lance Harter, AR
 1992 - Lance Harter, AR
 1993 - Lance Harter, AR
 1994 - Lance Harter, AR
 1995 - Lance Harter, AR
 1996 - J.J. Clark, UF
 1997 - J.J. Clark, UF
 1998 - Lance Harter, AR
 1999 - Lance Harter, AR
 2000 - Lance Harter, AR
 2001 - Lance Harter, AR
 2002 - Lance Harter, AR
 2003 - J.J. Clark, UT
 2004 - J.J. Clark, UT
 2005 - J.J. Clark, UT
 2006 - Lance Harter, AR
 2007 - Lance Harter, AR
 2008 - Lance Harter, AR
 2009 - Todd Morgan, UF
 2010 - Todd Morgan, UF
 2011 - Steve Keith, VU
 2012 - Paul Spangler, UF
 2013 - Lance Harter, AR
 2014 - Lance Harter, AR
 2015 - Lance Harter, AR
 2016 - Lance Harter, AR
 2017 - Lance Harter, AR
 2018 - Lance Harter, AR
 2019 - Lance Harter, AR
 2020 - Lance Harter, AR
 2021 - Lance Harter, AR
 2022 - Dan Waters, UA

SEC Athlete of the Year

1992 - Deena Drossin, AR
 1993 - Deena Drossin, AR
 1994 - Megan Flowers, AR
 1995 - Megan Flowers, AR
 1996 - Becki Wells, UF
 1997 - Amy Yoder, AR
 1998 - Amy Yoder, AR
 1999 - Amy Yoder, AR
 2000 - Lilli Kleinmann, AR
 2001 - Andreina Byrd, AR
 2002 - Christin Wurth, AR
 2003 - Angela Homan, AU
 2004 - Angela Homan, AU
 2005 - Angela Homan, AU
 2006 - Brooke Upshaw, AR
 2007 - Sarah Madebach, UG
 2008 - Catherine White, AR
 2009 - Rebecca Lowe, UF

2010 - Kristie Krueger, UG
 2011 - Kristen Gillespie, AR
 2012 - Cally Macumber, UK
 2013 - Dominique Scott, AR
 2014 - Dominique Scott, AR
 2015 - Dominique Scott, AR
 2016 - Karissa Schweizer, MO
 2017 - Karissa Schweizer, MO
 2018 - Jessica Pascoe, UF
 2019 - Taylor Werner, AR
 2020 - Mercy Chelangat, UA
 2021 - Mercy Chelangat, UA
 2022 - Parker Valby, UF

SEC Freshman of the Year

2000 - Hilary White, UF
 2001 - Penny Splichal, AR
 2002 - Lauren Burks, UG
 2003 - Kristin Heffelfinger, UG
 2004 - Natalie Picchetti, UG
 2005 - Christine Kalmer, AR
 2006 - Dani Parry, AR
 2007 - Jillian Rosen, AR
 2008 - Genevieve LaCaze, UF
 2009 - Alyssa Allison, AR
 2010 - Stephanie Brown, AR
 2011 - Kaitlin Flattmann, AR
 2012 - Hannah Jumper, VU
 2013 - Kaitlyn Fischer, MU
 2014 - Karissa Schweizer, MU
 2015 - Caroline Pietrzykm, UG
 2016 - Abby Gray, AR
 2017 - Lauren Gregory, AR
 2018 - Katrina Robinson, AR
 2019 - Skylar Boogerd, UM
 2020 - Taylor Ewert, AR
 2021 - Parker Valby, UF
 2022 - Hilda Olemomoi, UA

SEC Scholar-Athlete of the Year

2014 - Grace Heymsfield, AR
 2015 - Karis Jochen, AM
 2016 - Devin Clark, AR
 2017 - Katy Kunc, UK
 2018 - Taylor Werner, AR
 2019 - Taylor Werner, AR
 2020 - Samantha Drop, UG
 2021 - Mercy Chelangat, UA
 2022 - Tori Herman, UK

All-SEC Teams

1984

Shelly Steely, Florida
 Alisa Harvey, Tennessee
 Beth Farmer, Florida
 Liz Lynch, Alabama
 Bernadette Madigan, Kentucky
 Gina Procaccio, Alabama
 Allison Quelch, Tennessee
 Monica O'Reilly, Tennessee

Heidi Olafsdottir, Alabama
 Lisa Reed, LSU

1985

Evelyn Adiru, Alabama
 Alisa Harvey, Tennessee
 Patricia Betancor, Kentucky
 Sherry Hoover, Kentucky
 Monica O'Reilly, Tennessee
 Becky Gallivan, Kentucky
 Sharon Choing, Florida
 Brenda Malinauskas, Auburn
 Audry Pierce, Kentucky
 Jenny Nielsen, Alabama

1986

Tricia Clifford, Florida
 Jeni Nielsen, Alabama
 Lisa Breiding, Kentucky
 Heidi Olafsdottir, Alabama
 Evelyn Adiru, Alabama
 Nancy Freeman, Florida
 Sherry Hoover, Kentucky
 Lisa Reed, LSU
 Susan Crawford, Alabama
 Elspeth Turner, Alabama

1987

Evelyn Adiru, Alabama
 Heidi Olafsdottir, Alabama
 Elspeth Turner, Alabama
 Jeni Nielsen, Alabama
 Denise Bushallow, Kentucky
 Patty Wiegand, Tennessee
 Joan Hammeren, Florida
 Jasmin Jones, Tennessee
 Lisa Reed, LSU
 Kristin Seabury, Alabama

1988

Carole Trepanier, Alabama
 Lisa Breiding, Kentucky
 Valerie McGovern, Kentucky
 Kristy Orre, Kentucky
 Lisa Reed, LSU
 Denise Bushallow, Kentucky
 Sherry Hoover, Kentucky
 Evelyn Adiru, Alabama
 Donna Combs, Kentucky
 Stefanie Black, Vanderbilt

1989

Valerie McGovern, Kentucky
 Patty Wiegand, Tennessee
 Jolly Earle, Georgia
 Jasmin Jones, Tennessee
 Kelly McDonnell, Auburn
 Sherry Hoover, Kentucky
 Susan Crawford, Alabama
 Donna Combs, Kentucky
 Valerie Bertrand, Tennessee

2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK



Coralena Velsen, Florida

1990

Patty Weigand, Tennessee
Keli Butler, Georgia
Coralena Velsen, Florida
Megan Thompson, Tennessee
Jasmin Jones, Tennessee
Joanne Birkett, Georgia
Frida Thordardottir, Georgia
Celeste Susnis, Tennessee
Kristen Seabury, Alabama
Malin Ohlund, Alabama

1991

Deena Drossin, Arkansas
Coralena Velsen, Florida
Keli Butler, Georgia
Heather Shutt, Alabama
Michelle Byrne, Arkansas
Amy Patterson, Auburn
Stephanie Barrett, Arkansas
Claire Lavers, Arkansas
Pauline Durran, Arkansas
Jenny Oliver, Georgia

1992

Deena Drossin, Arkansas
Heather Warner, Alabama
Frida Thordardottie, Georgia
Shelly Taylor, Arkansas
Coralena Velsen, Florida
April Ecke, Mississippi State
Malin Ohlund, Alabama
Marny Westphal, Florida
Pauline Durran, Arkansas
Danielle Adams, South Carolina
Beth Tallent, Vanderbilt
Kim Fisher, Florida
Page Kunst, Tennessee
Mary McClung, Georgia
Michelle Byrne, Arkansas

1993

Becki Wells, Alabama
Deena Drossin, Arkansas
Megan Flowers, Arkansas
Sarah Schwald, Arkansas
Amy McKinley, Arkansas
Shelley Taylor, Arkansas
Malin Ohlund, Alabama
Marie Ohlund, Alabama
Monika Ronnholm, Georgia
Frida Thordardottir, Georgia
Marny Westphal, Florida
April Ecke, Mississippi State
Sue McGhie, South Carolina
Celeste Susnis, Tennessee
Megan Thompson, Tennessee

1994

Megan Flowers, Arkansas

Jessica Fry, Alabama
Sarah Schwald, Arkansas
Monika Ronnholm, Georgia
Rachel Sauder, Auburn
Trine Pilskog, Arkansas
Deena Drossin, Arkansas
Kimberly Ann Fisher, Florida
Janet Trujillo, Auburn
Michelle Reasor, Tennessee
Malin Ohlund, Alabama
Tracey Capper, South Carolina
Patrice Kuntz, Florida
Amy McKinley, Arkansas
Elisa Currins, Alabama

1995

Becki Wells, Florida
Megan Flowers, Arkansas
Rachel Sauder, Auburn
Jessica Fry, Alabama
Kim Fisher, Florida
Janet Trujillo, Auburn
Kristen Nicolini, Auburn
Staci Snider, Arkansas
Catherine Berry, Arkansas
Karen Bockel, Arkansas
Desiree Owen, Arkansas
Kathi Ward, Auburn
Patrice Kuntz, Florida
Kelly Cook, Arkansas
Hazel Clark, Florida

1996

Becki Wells, Florida
Janet Trujillo, Auburn
Amy Yoder, Arkansas
Silje Rasmussen, LSU
Charlotte Mayock, LSU
Kathi Ward, Auburn
Michelle Reasor, Auburn
Erin Jones, Georgia
Hazel Clark, Florida
Whitney Spanuth, Vanderbilt
Megan Newcome, Florida
Karen Bockel, Arkansas
Desiree Owen, Arkansas
Tracy Watson, Georgia
Patrice Kuntz, Florida

1997

Amanda Grout, Alabama
Elizabeth Lopacki, Alabama
Karen Bockel, Arkansas
Tracy Robertson, Arkansas
Amy Yoder, Arkansas
Lindsey Rogers, Auburn
Hazel Clark, Florida
Elizabeth Reed, Florida
Jennifer McGranahan, Florida
Ramona Saridakis, Florida
Christina Starr, Florida
Becki Wells, Florida

Erin Jones, Georgia
Christine Creighton, Vanderbilt
Pamela Johnson, Vanderbilt

1998

Ashley LaBudde, Alabama
Karen Bockel, Arkansas
Cory Chastain, Arkansas
Jessica Koch, Arkansas
Tracey Robertson, Arkansas
Laurie Sturgell, Arkansas
Amy Yoder, Arkansas
Hazel Clark, Florida
Tamieka Grizzle, Florida
Jennifer McGranahan, Florida
Beth Reed, Florida
Christina Starr, Florida
Jennifer Kehoe, Kentucky
Sharon Dickie, Tennessee
Maureen Ferris, Tennessee

1999

Amy Yoder, Arkansas
Lilli Kleinmann, Arkansas
Jessica Dailey, Arkansas
Tracey Robertson, Arkansas
Kimi Welsh, Arkansas
Kristine Jost, Florida
Beth Van Dusen, Vanderbilt
Dawn Boggs, Alabama
Christin Wurth, Arkansas
Ashley LaBudde, Alabama
Sara Hadwin, South Carolina
Joyce Peebles, South Carolina
Martina Barkman, LSU
Julie Pryor, Georgia
Melissa Phalon, Georgia

2000

Aly Mills, Alabama
Ashley LaBudde, Alabama
Lilli Kleinmann, Arkansas
Tracy Robertson, Arkansas
Amy Wiseman, Arkansas
Christin Wurth, Arkansas
Nerissa Johnson, Auburn
Alexia Hamblett, Auburn
Amy Odermatt, Auburn
Erin Jones, Georgia
Erin Kelley, Georgia
Robin Carver, Georgia
Alexandra Knoke, Georgia
Susanne Strunz, LSU
Sharon Dickie, Tennessee

2001

Lilli Kleinmann, Arkansas
Andreina Byrd, Arkansas
Christin Wurth, Arkansas
Sharon Dickie, Tennessee
Erin Merten, Florida
Susanne Strunz, LSU
Penny Splichal, Arkansas

Jackie Seibert, Georgia
Caitlin Phillips, Kentucky
Alexis Hamblett, Auburn
Brooke Novak, Tennessee
Kylene Kownurko, Vanderbilt
Londa Bevins, Arkansas
Jessica Southers, Tennessee
Michelle Hurn, Arkansas
Alison Zeinner, Arkansas

2002

First Team

Christin Wurth, Arkansas
Londa Bevins, Arkansas
Catherine Wanyoike, Auburn
Caitlin Phillips, Kentucky
Sharon Dickie, Tennessee
Tiffany McWilliams, Mississippi State
Meggan Hodge, Mississippi State

Second Team

Brooke Novak, Tennessee
Brooke Patterson, Kentucky
Allison Grace, Kentucky
Andreina Byrd, Arkansas
Maureen Scott, Arkansas
Erica Sigmont, Arkansas
Shiloh Whiting, Arkansas

2003

First Team

Angela Homan, Auburn
Brooke Patterson, Kentucky
Brooke Novak, Tennessee
Caitlin Phillips, Kentucky
Tiffany McWilliams, Mississippi State
Megan Cauble, Tennessee
Jenny Lake, South Carolina

Second Team

Lauren Burks, Georgia
Catherine Wanyoike, Auburn
Erika Schneble, Vanderbilt
Mindy Sullivan, Tennessee
Laura Jakosky, Arkansas
Shiloh Whiting, Arkansas
Kristin Heffelfinger, Georgia

2004

First Team

Angela Homan, Auburn
Jill Steffens, Georgia
Alison Zeinner-Rush, Arkansas
Felicia Guliford, Tennessee
Ashleigh Wetzell, Vanderbilt
Maureen Scott, Arkansas
Allison Grace, Kentucky

Second Team

Elizabeth McCalley, Tennessee
Whitni Wonderlin, Georgia
Katie Flaute, Tennessee
Laura Jakosky, Arkansas
Kyle Swanson, Auburn



2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

Lauren Burks, Georgia
Natalie Picchetti, Georgia

2005 First Team

Angela Homan, Auburn
Felicia Guliford, Tennessee
Allison Grace, Kentucky
Lauren Burks, Georgia
Christine Kalmer, Arkansas
Sarah Bowman, Tennessee
Penny Splichal, Arkansas

Second Team

Katie Flaute, Tennessee
Laura Jakosky, Arkansas
Zita Maglorie, Mississippi State
Leah Soro, Tennessee
Denise Bargiachi, Arkansas
Jill Steffens, Georgia
Julia Hicks, Alabama

2006

First Team

Brooke Upshaw, Arkansas
Dacia Barr, Arkansas
Christine Kalmer, Arkansas
Jill Steffens, Georgia
Dani Parry, Arkansas
Denise Bargiachi, Arkansas
Sarah Bowman, Tennessee

Second Team

Lindsay Sundell, Florida
Kristin Heffelfinger, Georgia
Miranda Walker, Arkansas
Jennifer Harper, Arkansas
Katie Flaute, Tennessee
Natalie Picchetti, Georgia
Beth Fahey, Arkansas

2007

First Team

Sarah Madebach, Georgia
Christine Kalmer, Arkansas
Natalie Picchetti, Georgia
Sarah Bowman, Tennessee
Jillian Rosen, Arkansas
Denise Bargiachi, Arkansas
Katie Van Horn, Tennessee

Second Team

Jacy Kruzal, Florida
Heidi Magill-Dahl, Tennessee
Dani Parry, Arkansas
Holly Knight, Auburn
Rebecca Lowe, Florida
Haley Moody, Alabama
Andrea Halasek, Kentucky

Freshman Team

Jillian Rosen, Arkansas
Holly Knight, Auburn

Rebecca Lowe, Florida
Haley Moody, Alabama
Sarah Hammes, Mississippi State
Catherine White, Arkansas
Simone Domingue, Mississippi State

2008

First Team

Catherine White, Arkansas
Holly Knight, Auburn
Sarah Bowman, Tennessee
Denise Bargiachi, Arkansas
Ali Crabb, Florida
Genevieve LaCaze, Florida
Charlotte Browning, Florida

Second Team

Christine Kalmer, Arkansas
Jacy Kruzal, Florida
Sara Vaughn, Alabama
Kelsey Johnson, Alabama
Brittany Sheffey, Tennessee
Natalie Picchetti, Georgia
Kiah Vernon, Georgia

Freshman Team

Genevieve LaCaze, Florida
Sara Vaughn, Alabama
Kelsey Johnson, Alabama
Kristabel Doebel-Hickok, Vanderbilt
Samantha Learch, Arkansas
Beatrice Biwott, South Carolina
Jennifer Barbi, Georgia

2009

First Team

Rebecca Lowe, Florida
Charlotte Browning, Florida
Jackie Areson, Tennessee
Kristie Krueger, Georgia
Stacey Johnson, Florida
Holly Knight, Auburn
Genevieve LaCaze, Florida

Second Team

Stephanie Barnes, Auburn
Julie Northrup, Florida
Miranda Walker, Arkansas
Bridget Lyons, Georgia
Brittany Sheffey, Tennessee
Katie Van Horn, Tennessee
Chelsea Oswald, Kentucky

Freshman Team

Chelsea Oswald, Kentucky
Alyssa Allison, Arkansas
Cally Macumber, Kentucky
Jordan White, Vanderbilt
Taylor Johnson, Arkansas
Allie Scalf, Vanderbilt
Sydney Devore, Florida

2010

First Team

Kristie Krueger, Georgia
Hollie Knight, Auburn
Charlotte Browning, Florida
Miranda Walker, Arkansas
Stephanie Brown, Arkansas
Rebecca Lowe, Florida
Stephanie Barnes, Auburn

Second Team

Genevieve LaCaze, Florida
Haley Greenwell, Mississippi State
Jordan White, Vanderbilt
Rita Jorgensen, Vanderbilt
Renee Masterson, Mississippi State
Cally Macumber, Kentucky
Kristen Gillespie, Arkansas

Freshman Team

Stephanie Brown, Arkansas
Cory McGee, Florida
Liz Anderson, Vanderbilt
Stephanie Strasser, Florida
Taylor Wendler, Kentucky
Grace Heymsfield, Arkansas
Anna Bostrom, Kentucky

2011

First Team

Kristen Gillespie, Arkansas
Alexa Rogers, Vanderbilt
Genevieve LaCaze, Florida
Liz Anderson, Vanderbilt
Cory McGee, Florida
Kristie Krueger, Georgia
Jordan White, Vanderbilt

Second Team

Louise Hannallah, Vanderbilt
Kristen Smith, Vanderbilt
Florence N'Getich, Florida
Logan Waites, Ole Miss
Brittany Sheffey, Tennessee
Kaitlin Flattman, Arkansas
Jessica Jackson, Arkansas

All-Freshman Team

Kaitlin Flattmann, Arkansas
Jessica Jackson, Arkansas
Grace Orders, Vanderbilt
Amira Joseph, Vanderbilt
Anna Bowles, Georgia
Rebecca Chandler, Vanderbilt
Grace Vandegrift, Florida

2012

First Team

Cally Macumber, Kentucky
Florence Ngetich, Florida
Chelsea Oswald, Kentucky

Carly Hamilton, Georgia
Grace Heymsfield, Arkansas
Agata Strausa, Florida
Hannah Jumper, Vanderbilt

Second Team

Kristen Findley, Vanderbilt
Katie Breathitt, Ole Miss
Andrina Schlaepfer, Arkansas
Diane Robison, Arkansas
Laura Carleton, LSU
Kayla Lampe, South Carolina
Callie Cooper, Florida

All-Freshman Team

Hannah Jumper, Vanderbilt
Andrina Schlaepfer, Arkansas
Kayla Lampe, South Carolina
Katelyn Greenleaf, Alabama
Shelby Davidson, Florida
Alexis Panisse, Tennessee
Julie Macedo, Florida

2013

First Team

Dominique Scott, Arkansas
Shannon Klenke, Arkansas
Grace Heymsfield, Arkansas
Agata Strausa, Florida
Liz Anderson, Vanderbilt
Kaitlyn Fischer, Missouri
Cally Macumber, Kentucky

Second Team

Hillary Montgomery, Texas A&M
Katelyn Greenleaf, Alabama
Chelsea Blaase, Tennessee
Haley Cutright, Ole Miss
Stephanie Brown, Arkansas
Karis Jochen, Texas A&M
Sandie Raines, Arkansas

All-Freshman Team

Kaitlyn Fischer, Missouri
Karis Jochen, Texas A&M
Sandie Raines, Arkansas
Sophie Linn, Ole Miss
Cassidy Hale, Kentucky
Rachel Givens, Auburn
Mary Reiser, South Carolina

2014

First Team

Dominique Scott, Arkansas
Grace Heymsfield, Arkansas
Chelsea Blaase, Tennessee
Rhianwedd Price, Mississippi State
Hillary Montgomery, Texas A&M
Kaitlyn Fischer, Missouri
Jessica Kamilos, Arkansas

Second Team

Karis Jochen, Texas A&M
Katherine Delaney, Vanderbilt



Diane Robison, Arkansas
 Katelyn Greenleaf, Alabama
 Shannon Klenke, Arkansas
 Claire Benjamin, Vanderbilt
 Sara Barron, Vanderbilt

All-Freshman Team

Karissa Schweitzer, Missouri
 Kelsey Schrader, Arkansas
 Aundrea Busse, Kentucky
 Katy Kunc, Kentucky
 Tayler Tuttle, Georgia
 Molly McKenna, Arkansas
 Emma Abrahamson, Vanderbilt

2015

First Team

Dominique Scott, Arkansas
 Chelsea Blaase, Tennessee
 Caroline Pietrzyk, Vanderbilt
 Brenda Kigen, Auburn
 Karis Jochen, Texas A&M
 Kaitlin Flattmann, Arkansas
 Katelyn Greenleaf, Alabama

Second Team

Devin Clark, Arkansas
 Marta Freitas, Mississippi State
 Mary Alex England, Ole Miss
 Valerie Reina, Arkansas
 Regan Ward, Arkansas
 Kelsey Schrader, Arkansas
 Karissa Schweitzer, Missouri

All-Freshman Team

Caroline Pietrzyk, Vanderbilt
 Brenda Kigen, Auburn
 Devin Clark, Arkansas
 Maria Larsen, Florida
 Rachael Reddy, Alabama
 Sydney Brown, Arkansas
 Elisabeth Bergh, Florida

2016

First Team

Karissa Schweitzer, Missouri
 Devin Clark, Arkansas
 Katy Kunc, Kentucky
 Veronica Eder, Auburn
 Jamie Kempfer, Missouri
 Elisabeth Bergh, Florida
 Mary Alex England, Ole Miss

Second Team

Bo Ummels, Ole Miss
 Abby Gray, Arkansas
 Valerie Reina, Arkansas
 Sara Tsai, Vanderbilt
 Therese Haiss, Arkansas
 Nikki Hiltz, Arkansas
 Jessica Drop, Georgia

All-Freshman Team

Abby Gray, Arkansas
 Jessica Drop, Georgia
 Taylor Werner, Arkansas
 McKenzie Yanek, Alabama
 Carina Viljoen, Arkansas
 Samantha Drop, Georgia
 Jessica Pascoe, Florida

2017

First Team

Karissa Schweizer, Missouri
 Taylor Werner, Arkansas
 Katy Kunc, Kentucky
 Jessica Drop, Georgia
 Samantha Drop, Georgia
 Carina Viljoen, Arkansas
 Therese Haiss, Arkansas

Second Team

Lauren Gregory, Arkansas
 Shannon Fair, Mississippi State
 Kelsie Warren, Texas A&M
 Lisa Oed, Mississippi State
 Nikki Hiltz, Arkansas
 Ashton Endsley, Arkansas
 Mckenzie Yanek, Alabama

All-Freshman Team

Lauren Gregory, Arkansas
 Lisa Oed, Mississippi State
 Ashton Endsley, Arkansas
 Clio Ozanne-Jaques, Ole Miss
 Niamh Schumacher, Tennessee
 Joyce Kimeli, Auburn
 Faith Bett, Auburn

2018

First Team

Jessica Pascoe, Florida
 Katrina Robinson, Arkansas
 Lauren Gregory, Arkansas
 Carina Viljoen, Arkansas
 Joyce Kimeli, Auburn
 Taylor Werner, Arkansas
 Jessica Drop, Georgia

Second Team

Elisabeth Bergh, Florida
 Sydney Brown, Arkansas
 Maddy Reed, Arkansas
 Morgan Hull, Florida
 Clio Ozanne-Jaques, Ole Miss
 Tori Findley, Missouri
 Katie Thronson, Tennessee

All-Freshman Team

Katrina Robinson, Arkansas
 Tori Findley, Missouri
 Katie Thronson, Tennessee
 Reilly Revord, Missouri
 Lisa Vogelgesang, Ole Miss
 Haley Walker, Vanderbilt

Mikayla Reed, Missouri

2019

First Team

Katie Izzo, Arkansas
 Taylor Werner, Arkansas
 Joyce Kimeli, Auburn
 Carina Viljoen, Arkansas
 Devin Clark, Arkansas
 Jessica Drop, Georgia
 Jessica Pascoe, Florida

Second Team

Samantha Drop, Georgia
 Lauren Gregory, Arkansas
 Mercy Chelangat, Alabama
 Kelsie Warren, Texas A&M
 Ashley Driscoll, Texas A&M
 Maddy Reed, Arkansas
 Victoria Simmons, Ole Miss

All-Freshman Team

Skylar Boogerd, Ole Miss
 Ana Wallace, Vanderbilt
 Allison Wilson, Alabama
 Ginger Murnieks, Missouri
 Kaylie Kenne, Kentucky
 Quinn Owen, Arkansas
 Adoette Vaughan, Arkansas

2020

First Team

Mercy Chelangat, Alabama
 Jenna Gearing, Kentucky
 Sarah Chapman, Missouri
 Lauren Gregory, Arkansas
 Esther Gitahi, Alabama
 Jami Reed, Alabama
 Logan Morris, Arkansas

Second Team

Anna Elkin, Ole Miss
 Abby Gray, Arkansas
 Taylor Ewert, Arkansas
 Krissy Gear, Arkansas
 Katy-Ann McDonald, LSU
 Grace Jensen, Vanderbilt
 Victoria Simmons, Ole Miss

All-Freshman Team

Taylor Ewert, Arkansas
 Corie Smith, Arkansas
 Vasileia Spyrou, Florida
 Tori Herman, Kentucky
 Shelby Spoor, LSU
 Jenna Schwinghamer, Kentucky
 McKenna Revord, Missouri

2021

First Team

Mercy Chelangat, Alabama
 Joyce Kimeli, Auburn
 Krissy Gear, Arkansas

Parker Valby, Florida
 Tori Herman, Kentucky
 Sintayehu Vissa, Ole Miss
 Flomena Asekol, Alabama

Second Team

Amaris Tynnismaa, Alabama
 Sydney Seymour, Tennessee
 Isabel Van Camp, Arkansas
 Esther Gitahi, Alabama
 Lauren Gregory, Arkansas
 Perri Bockrath, Kentucky
 Ryann Helmers, Ole Miss

All-Freshman Team

Parker Valby, Florida
 Carmie Prinsloo, Arkansas
 Gemma Goddard, Texas A&M
 Stephanie Ormsby, Florida
 Lorena Rangel Batres, LSU
 Rachel Sutliff, Tennessee
 Cameron Fawcett, Vanderbilt
 Allison Newman, Missouri

2022

First Team

Victor Kiprof, Alabama
 Dylan Jacobs, Tennessee
 Yaseen Abdalla, Tennessee
 Hillary Cheruiyot, Alabama
 Patrick Kiprof, Arkansas
 Anthony Camerieri, Ole Miss
 Eliud Kipsang, Alabama

Second Team

Eric Casarez, Texas A&M
 Chris Maxon, Ole Miss
 Elias Schreml, Arkansas
 Ryan Kinnane, Auburn
 Myles Richter, Arkansas
 Cole Bullock, Ole Miss
 Karl Thiessen, Tennessee

All-Freshman Team

Ben Shearer, Arkansas
 Jack Williams, Arkansas
 Will Pinson, Alabama
 Miles Brush, Kentucky
 Gabe Scales, Ole Miss
 Joseph Perry, Auburn
 Drew Rogers, Missouri



2023 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

SEC Athletes of the Week

2000 - 9/6 - Erin Jones, UG; 9/12 - Brittney Mensen, AR; 9/19 - Lilli Kleinmann, AR; 9/26 - Alicia Weber, UF; 10/3 - Lilli Kleinmann, AR; 10/10 - Aly Mills, UA; 10/17 - Sharon Dickie, UT

2001 - 9/3 - Brooke Novak, UT; 9/10 - Erin Merten, UF; 9/24 - Andreina Byrd, AR; 10/1 - Andreina Byrd, AR; 10/8 - Erin Merten, UF; 10/15 - Alexis Hamblett, AR

2002 - 9/10 - Londa Bevins, AR; 9/17 - Meggan Hodge, MS; 9/24 - Sharon Dickie, UT; 10/1 - Jenny Lake, SC; 10/8 - Andreina Byrd, AR; 10/15 - Lauren Burks, UG; 10/22 - Sharon Dickie, UT

2003 - 9/1 - Alison Zeinner, AR; 9/8 - Maureen Scott, AR; 9/15 - Megan Cauble, UT; 9/22 - Katie Denton, LS; 9/29 - Caitlin Phillips, UK; 10/6 - Tiffany McWilliams, MS; 10/13 - Brooke Novak, UT; 10/20 - Angela Homan, AU

2004 - 9/7 - Allison Grace, UK; 9/13 - Felicia Guliford, UT; 9/20 - Jill Steffens, UG; 9/27 - Angela Homan, AU; 10/5 - Brooke Novak, UT; 10/12 - Jamie Geissler, UF; 10/19 - Angela Homan, AU; 10/26 - Zita Magloire, MS

2005 - 9/7 - Sarah Bowman, UT; 9/13 - Lindsay Sundell, UF; 9/20 - Angela Homan, AU; 9/27 - Kristin Heffelfinger, UG; 10/4 - Katie Flaute, UT; 10/11 - Julia Hicks, UA; 10/18 Christine Kalmer, AR; 10/25 - Christine Kalmer, AR

2006 - 9/6 - Georganne Way, UK; 9/12 - Christine Kalmer, AR; 9/19 - Lindsay Sundell, UF; 9/26 - Rachael Graham, LS; 10/3 - Danielle Parry, AR; 10/17 - Brittany Sizer, VU; 10/31 - Brooke Upshaw, AR

2007 - 9/5 - Sarah Bowman, UT; 9/11 - Lindsay Sundell, UF; 9/18 - Jessica Ortman, UK; 9/25 - Sarah Bowman, UT; 10/2 - Jacy Kruzel, UF; 10/9 - Sarah Madebach, UG

Freshman - 9/5 - Rita Jorgensen, VU; 9/11 - Catherine White, AR; 9/18 - Hayley Moody, UA; 9/25 - Emily Houston, UG; 10/2 - Jillian Rosen, AR; 10/9 - Leah Ryan, UK

2008 - 9/9 - Catherine White, AR; 9/16 - Catherine White, AR; 9/23 - Sara Vaughn, UA; 9/30 - Sara Vaughn, AR; 10/7 - Catherine White, AR; 10/21 - Holly Knight, AU

Freshman - 9/9 - Beatrice Biwott, SC; Samantha Learch, AR; 9/23 - Sara Vaughn, UA; 9/30 - Kelsey Johnson, UA; 10/7 - Genevieve LaCaze, UF; 10/21 - Sara Vaughn, UA

2009 - 9/8 - Miranda Walker, AR; 9/22 - Hollie Knight, AU; 10/6 - Jackie Areson, UT; 10/20 - Stacey Johnson, UF

Freshman - 9/8 - Chelsea Oswald, UK; 9/22 - Alyssa Allison, AR; 10/6 - Cally Macumber, UK; 10/20 - Alyssa Allison, AR

2010 - 9/7 - Kristie Krueger, UG; 9/21 - Miranda Walker, AR; 9/28 - Holly Knight, AU; 10/5 - Charlotte Browning, UF; 10/19 - Kristie Krueger, UG

Freshman - 9/7 - Stephanie Brown, AR; 9/21 - Stephanie Brown, AR; 9/28 - Liz Locke, SC; 10/5 - Stephanie Brown, AR; 10/19 - Liz Anderson, VU

2011 - 9/6 - Jordan White, VU; 9/13 - Elizabeth Briasco, AU; 9/20 - Logan Waites, OM and Brittany Sheffey, UT; 9/27 - Stephanie Brown, AR and Genevieve LaCaze, UF; 10/4 - Logan Waites, OM and Kristen Gillespie, AR; 10/18 - Alexa Rogers, VU.

Freshman - 9/6 - Grace VanDeGrift, UF and Jessica Jackson, AR; 9/13 - Tenley Godfrey, UF; 9/20 - Amira Joseph, VU and Carly Hamilton, UG; 9/27 - Jessica Jackson, AR; 10/4 - Jessica Jackson, AR; 10/18 - Jessica Jackson, AR.

2012 - 9/4 - Julie Macedo, UF; 9/11 - Semehar Tesfaye, AR; 9/18 - Katie Breathitt, UM; 9/25 - Laura Carleton, LS; 10/12 - Cally Macumber, UK; 10/16 - Cally Macumber, UK.

Freshman - 9/4 - Kayla Lampe, SC; 9/11 - Andrina Schlaepfer, AR; 9/18 - Julie Macedo, UF; 9/25 - Mary Kate Ponder, UK; 10/2 - Andrina Schlaepfer, AR; 10/16 - Kayla Lampe, SC and Andrina Schlaepfer, AR.

2013 - 9/3 - Agata Strausa, UF; 9/10 - Stephanie Brown, AR; 9/17 - Cally Macumber, UK; 9/24 - Dominique Scott, AR; 10/1 - Michaela Quinn, UM; 10/8 - Grace Heymsfield, AR; 10/15 - Meredith Mill, SC; 10/22 - Grace Heymsfield, AR.

Freshman - 9/3 - Karlie Garcia, UM; 9/10 - Kaitlyn Fischer, MU; 9/17 - Veronica Eder, AU; 9/24 - Rachel Givens, AU; 10/1 - Michaela Quinn, UM; 10/8 - Sandie Raines, AR and Karis Jochen, AM; 10/15 - Mary Reiser, SC; 10/22 - Michaela Quinn, UM.

2014 - 9/2 - Rhianwedd Price, MS; 9/9 - Dominique Scott, AR; 9/16 - Chelsea Blaase, UT; 9/23 - Dominique Scott, AR; 9/30 - Karis Jochen, AM; 10/7 - Dominique Scott, AR; 10/14 - Haley Deakins, AM; 10/21 - Chelsea Blaase, UT and Dominique Scott, AR.

Freshman - 9/2 - Aundrea Busse, UK; 9/9 - Tayler Tuttle, UG; 9/16 - Tayler Tuttle, UG; 9/23 - Lauren Brasure, UF; 9/30 - Molly McKenna, AU; 10/7 - Lauren Brasure, UF; 10/14 - Monica York, SC; 10/21 - Katy Kunc, UK.

2015 - 9/8 - Rachael Reddy, UA; 9/15 - Devin Clark, AR; 9/22 - Marta Freitas, MS; 9/29 - Karis Jochen, AM; 10/6 - Dominique Scott, AR; 10/20 - Dominique Scott, AR/Karis Jochen, AM

Freshman - 9/8 - Rachael Reddy, UA; 9/15 - Brenda Kigen, AU; 9/22 - Caroline Pietrzyk, VU; 9/29 - Rachael Reddy, UA; 10/6 - Caroline Pietrzyk, VU; 10/20 - Devin Clark, AR

2016 - 9/6 - Karis Jochen, AM; 9/13 - Katy Kunc, UK; 9/20 - Karissa Schweizer, MO; 9/27 - Karis

Jochen, AM; 10/4 - Karissa Schweizer, MO; 10.18 - Karissa Schweizer, MO

Freshman - 9/6 - Jessica Drop, UG; 9/13 - Anna Elkin - UM; 9/20 - Taylor Werner, AR; 9/27 - Ashley Driscoll - AM; 10/4 - Jessica Drop, UG; 10/18 - Taylor Werner, AR

2017 - 9/5 - Jessica Drop, UG; 9/12 - Katy Kunc, UK; 9/19 - Karissa Schweizer, MO; 10/3 - Jessica Drop, UG; 10/10 - Lauren Hovis, UG; 10/17 - Karissa Schweizer, MO

Freshman - 9/5 - Jenna Lutzow, MO; 9/12 - Abigail Smith, UT; 9/19 - Lauren Gregory, AR; 10/3 - Lauren Gregory, AR; 10/10 - Millie Bergery, UG; 10/17 - Lauren Gregory, AR

2018 - 9/4 - Heather Stone, SC; 9/11 - Ylvi Traxler, UM; 9/18 - Reilly Revord, MO; 9/25 - Jessica Pascoe, UF; 10/2 - Katrina Robinson, AR; 10/16 - Katrina Robinson, AR/Jessica Pascoe, UF.

Freshman - 9/4 - Mikayla Reed, MO; 9/11: Katie Thronson, UT; 9/18: Julia Palin, LS; 9/25: Katrina Robinson, AR; 10/2: Katie Thronson, UT; 10/16: Tori Findley, MO

2019 - 9/3: Samantha Drop, UG; 9/17: Jessica Pascoe, UF; 10/2: Taylor Werner, AR/Jessica Pascoe, UF; 10/9: Taylor Werner, AR; 10/22 - Taylor Werner, AR

Freshman - 9/3: Ginger Murnieks, MO/Allison Wilson, UA; 9/17: Jenna Schwartz, MO; 10/1: Jenna Schwartz, MO; 10/9: Allison Wilson, UA; 10/22: Pamela O'Brien, UF

2020 - 9/22: Jami Reed, UA/Taylor Ewert, AR; 10/6: Sarah Chapman, MO/Mercy Chelangat, UA; 10/20: Katie Thronson, UT

Freshman - 9/22: Athena Young, UK; 10/6: Taylor Ewert, AR; 10/20: Vasileia Spyrou, UF

2021 - 9/7 - Lauren Gregory, AR; 9/21 - Skylar Boogerd, UM; 9/28 - Lauren Gregory, AR; 10/5 - Mercy Chelangat, UA; 10/19 - Lauren Gregory, AR

Freshman - 9/7 - Carmie Prinsloo, AR / Gemma Goddard, AM; 9/21 - Addy Stevenson, UM; 9/28 - Maddie Livingston, AM; 10/5 - Carmie Prinsloo, AR; 10/19 - Maddie Livingston, AM

2022 - 9/6 - Taylor Ewert, AR / Niki Narayani, VU; 9/20 - Perri Bockrath, UK / Ryann Helmers, UM; 9/27 - Perri Bockrath, UK / Lorena Rangel, LS; 10/4 - Isabel Van Camp, AR; 10/11 - Michaela Rose, LS; 10/18 - Parker Valby, UF

Freshman - 9/6 - Macy Schelp, UA; 9/20 - Hilda Olemomoi, UA; 9/27 - Mia Cochran, AR; 10/4 - Hilda Olemomoi, UA; 10/11 - Gabriella Gait-Smith, SC; 10/18 - Hilda Olemomoi, UA