



2022 SEC Football Media Days

Vanderbilt Player Quotes

Tuesday, July 19

Fifth-year Tight End Ben Bresnahan

On his most anticipated game this season...

"Week zero, Hawaii. I mean, that is our first game, first win hopefully. That is the one we are most focused on right now."

On being a tight end...

"I have seen some quotes from I think [George] Kittle or some guys like that. We are going against fast whoever linebackers, trying to block the guys on D ends that are huge as well. It is really fun, because it is a great challenge and you go every single day and get better at receiving skills as well as blocking skills. Recently, a Nashville tight end came down, so a bunch of the NFL tight ends came down and it was really awesome to see what kind of drills they did to work on both that receiving aspect of the game and the blocking aspect of the game. That was really awesome, great officially for them to come down."

On specific goals this season...

"Our main goal as a team is to play at our highest level. Whatever that looks like, getting better every single day. Going into the season, really just trying to control what we can control and trying to be the best we can every single day. Especially now, it is right around the corner. So trying to just continue to grow as a team, as a unit, an offensive unit and all units and really pushing it."

On Head Coach Clark Lea and his staff...

"That was a big reason I came back for my fifth year to Vanderbilt because they preach, and they are pushing you to be a better man and a better football player in all aspects of life. It is really amazing. I love why I came back and he [Coach Lea] really just preaches on true brotherhood for our team and stuff you can't, I feel like you can't get out of other programs. He is just such an outstanding guy, and I just really look up to him as a leader and a coach."

On leaving a legacy...

"I just want to be that guy where, whoever I come into contact with, you get a positive experience from me. Now on the team, if I do get closer with them, then there is a growth aspect too whenever they are with me. Trying to push for these people to have great experiences with and grow as a person."