

TIP OFF 23

Florida Gators

Faith Dut & Nina Rickards

Faith Dut

What did you do during the offseason to get better?

"I worked really hard to get my weight up, worked really hard to get my shoulders stronger. I spent a lot of time in the gym. I did not go home at all. I stayed over the summer to work out and expand my game. I'm trying to be more comfortable on the perimeter and inside. I just want to be ready for whatever my team needs."

Nina Rickards

What can this year's team do that last year's did not?

"We all have the same goal and that is to win games and show that we can compete against the best teams in the country. This team is very unique. We have more pieces and versatility players. We love each other. We're confident in each other and we know we're going to play for each other."