

# TIP OFF 23

## Alabama Crimson Tide

Charles Bediako & Noah Gurley

### **Charles Bediako**

*How do you build chemistry on a team with so many new faces?*

“You chase a common goal. When the team wins, it really helps everybody else win in their personal aspirations. The coaches have a plan for that and me and my teammates come in every day just trying to get better at that. Everyone is chasing what’s best for the team. Through that process, you get better individually.”

### **Noah Gurley**

*What can this group take away from last year’s result in the NCAA Tournament?*

“The biggest thing is really just leadership and being able to step up when adversity hits. That’s the main thing that we’re telling the guys they have to be ready for, especially at the NCAA Tournament because not everybody makes it. Once you’re there, you’re only guaranteed one game, nothing else is promised, so you’ve got to come in and seize every opportunity.”