



2023 SEC Cross Country Composite Schedule

Friday, Sept. 1

Arkansas at Oklahoma State (Stillwater, Okla.)

Foothills Invitational (Oxford, Ala.)

Auburn

UNF Cross Country Invitational (Jacksonville, Fla.)

Florida

Stan Sims Cross Country Open (Acworth, Ga.)

Georgia

EKU Triangular (Richmond, Ky.)

Kentucky

UNO Opener (New Orleans, La.)

LSU

The Opener (Jackson, Miss.)

Mississippi State

Mizzou XC Opener (Columbia, Mo.)

Missouri

Eye Opener (Spartanburg, S.C.)

South Carolina

Tennessee Cross Country Invitational (Knoxville, Tenn.)

Tennessee

TCU Horned Frog Invitational (Fort Worth, Texas)

Texas A&M

Belmont Opener (Nashville, Tenn.)

Vanderbilt

Saturday, Sept. 2

Memphis Twilight (Memphis, Tenn.)

Alabama, Ole Miss

Friday, Sept. 15

Southern Showcase (Huntsville, Ala.)



Alabama, Auburn, Kentucky, Ole Miss, Mississippi State

Mountain Dew Invitational (Gainesville, Fla.)
Florida, Vanderbilt

Gamecock Challenge (Columbia, S.C.)
Georgia, South Carolina Tennessee

LSU Invitational (Baton Rouge, La.)
LSU

Texas A&M Invitational (Bryan-College Station, Texas)
Texas A&M

Friday, Sept. 29

Joe Piante Invitational (South Bend, Ind.)
Alabama, Vanderbilt

Chile Pepper Festival (Fayetteville, Ark.)
Arkansas

Coast-to-Coast Battle in Beantown (Boston, Mass.)
Auburn, Texas A&M

FSU XC Invitational (Tallahassee, Fla.)
Florida, LSU

Loyola Lakefront Invitational (Chicago, Ill.)
Kentucky, Ole Miss

Gans Creek Classic (Columbia, Mo.)
Missouri

Saturday, Sept. 30

Paul Short Invite (Bethlehem, Pa.)
Georgia, Mississippi State, South Carolina

Friday, Oct. 6

Royals Challenge (Charlotte, N.C.)
South Carolina

Friday, Oct. 13

Crimson Classic (Tuscaloosa, Ala.)
Alabama, Auburn, Georgia, Kentucky, Mississippi State, Tennessee



Nuttycombe Wisconsin Invitational (Madison, Wis.)
Florida, Ole Miss

Arturo Barrios Invitational (Bryan-College Station, Texas)
LSU

Saturday, Oct. 14

Pre-Nationals (Charlottesville, Va.)
Arkansas, Missouri, South Carolina, Tennessee, Vanderbilt

Friday, Oct. 27

SEC Championships (Columbia, S.C.)

Friday, Nov. 3

Hokie Open (Blacksburg, Va.)
Virginia Tech

Friday, Nov. 10

NCAA Midwest Regional Championships (Stillwater, Okla.)
NCAA South Regional Championships (Gainesville, Fla.)
NCAA South Central Regional Championships (Fayetteville, Ark.)
NCAA Southeast Regional Championships (Spartanburg, S.C.)

Saturday, Nov. 18

NCAA Championships (Charlottesville, Va.)