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2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

Southeastern Conference Communications

2201 Richard Arrington Blvd. North
Birmingham, AL 35203
(205) 458-3000



HERB VINCENT
Associate Commissioner
hvincent@sec.org



TAYLOR BRASHER
Director of Social &
Digital Media
tbrasher@sec.org



CHUCK DUNLAP
Director
cdunlap@sec.org
Football
Golf



CRAIG PINKERTON
Director
cpinkerton@sec.org
Men's Basketball
Soccer



TAMMY WILSON
Director
twilson@sec.org
Women's Basketball
Tennis



BEN BEATY
Assistant Director
bbeaty@sec.org
Baseball
Football
Track/Cross Country



JILL SKOTARCZAK
Assistant Director
jskotarczak@sec.org
Gymnastics
Softball
Swimming
Volleyball



JEAN MARIE JENKINS
Edward Aschoff SEC
Digital Communications
Intern
jjenkins@sec.org

Contents

All-Time SEC and National Team Champions (All Sports)	3
All-Time SEC Cross Country Champions	4
SEC Championship Totals	4
SEC Championship Year-By-Year Results	4-6
SEC Teams in the Top-25 at the NCAA Cross Country Championships	7
SEC Individuals in the Top-25 at the NCAA Cross Country Championships	8
All-Time SEC National Champions	9
SEC Cross Country All-Americans	9
SEC Honors and Awards	10-13
SEC Weekly Honors	14



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2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

All-Time SEC Champions (All Sports)

	UA	AR	AU	UF	UG	UK	LSU	UM	MS	MU	SC	UT	TAMU	VU
Baseball	14	3	6	13	6	1	17	7	11		3	4		7
M BKB	8	2	4	7	1	49	11		6		1	10	1	3
W BKB			5		7	2	3	1	2		6	18	1	
M XC	3	27	6	3		4		2	5			25		
W XC	2	22		6		3						5		1
Equestrian			5		3						2			
Football	29		8	8	13	2	12	6	1			13		
M Golf	5	2	4	15	29	1	16	1	2			3		3
W Golf	3	1	10	9	11		2	1			1		1	2
Gymnastics	9			14	16		3							
Soccer		3	1	14		1					3	3	3	3
Softball	6	2		9	2		5				1	1		
M S&D	2		18	43	3		1					10		
W S&D	1		5	17	12	1						2	4	
M Tennis	1		2	12	31	2	5	5	3			9	3	
W Tennis	1			29	12	1							2	2
M In. T&F	6	24	4	8		1	4					18		
W In. T&F	1	15		8	1		12					4		
M Out.T&F	3	21	4	6	1		23		1			25	2	
W Out.T&F	2	9		7	2		13				3	4	1	
Volleyball				24	2	8	5			2		4	1	
Wrestling*			5	1		2	4							
Boxing*							5							
TOTAL	96	131	87	253	152	79	141	23	31	2	20	158	19	21

The SEC Champion is determined by regular season competition in baseball, men's basketball, women's basketball, football, gymnastics, soccer, softball, men's tennis, women's tennis, and volleyball. It's determined by a meet or tournament in men's cross country, women's cross country, equestrian, men's golf, women's golf, men's indoor track & field, women's indoor track & field, men's outdoor track & field, and women's outdoor track & field.

*Discontinued Sport

All-Time Team National Champions (All Sports)

	UA	AR	AU	UF	UG	UK	LSU	UM	MS	MU	SC	UT	AM	TUL^	VU	TOTAL
Baseball				1	1		6	1	1		2				2	14
M BKB		1		2		8										11
W BKB											2	8				10
W BOWL															2	2
M XC		7										1				8
W XC		1				1										2
Equestrian+			4		2						1		1			8
Football	13		2	3	2		4	1				2				27
M Golf	2			4	2		5									13
W Golf	1			2	1			1								5
Gymnastics	6			3	10											19
Rifle						4										4
Soccer				1												1
Softball	1			2												3
M S&D			8	2								1				11
W S&D			5	2	7											14
M Tennis				1	6									1		8
W Tennis				7	2										1	10
M In. T&F		12		5			2					1	1			21
W In. T&F		3		2	1		11					2				19
M Out.T&F		11		5	1		5					3	1			26
W Out.T&F		2	1	1			15				1		1			21
Volleyball						1										1
Boxing*							1									1
TOTAL	23	37	20	43	35	14	49	3	1	0	6	18	4	1	5	259

^No longer member of SEC

*Discontinued Sport

+Non-NCAA Sport



2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

Women's All-Time SEC Cross Country Champions

Year (Site)	Team Champion	Pts.	Runner-up	Pts	Individual Champion	Distance	Time
1983 (Lexington, Ky.)	Tennessee	24	Florida	46	Alison Quelch, UT	5 kilometers	17:14
1984 (Clinton, La.)	Florida	41	Alabama	54	Shelly Steely, UF	3 miles	15:55
1985 (Oxford, Miss.)	Kentucky	34	Alabama	93	Evelyn Adiru, UA	3 miles	16:47
1986 (Knoxville, Tenn.)	Alabama	30	Kentucky	55	Tricia Clifford, UF	5 kilometers	17:57
1987 (Nashville, Tenn.)	Alabama	20	Kentucky	70	Evelyn Adiru, UA	5 kilometers	17:01
1988 (Tuscaloosa, Ala.)	Kentucky	22	Alabama	68	Carole Trepanier, UA	5 kilometers	16:55
1989 (Auburn, Ala.)	Kentucky	39	Tennessee	66	Valerie McGovern, UK	5 kilometers	16:50
1990 (Gainesville, Fla.)	Tennessee	41	Georgia	55	Patty Wiegand, UT	5 kilometers	16:45.10
1991 (Athens, Ga.)	Arkansas	30	Georgia	80	Deena Drossin, AR	5 kilometers	17:40.00
1992 (Lexington, Ky.)	Arkansas	52	Alabama	80	Deena Drossin, AR	5 kilometers	18:06.80
1993 (Baton Rouge, La.)	Arkansas	37	Alabama	83	Becki Wells, UA	5 kilometers	16:54.00
1994 (Fayetteville, Ark.)	Arkansas	31	Alabama	80	Megan Flowers, AR	5 kilometers	17:01.30
1995 (Starkville, Miss.)	Arkansas	40	Auburn	46	Becki Wells, UF	5 kilometers	17:16.00
1996 (Oxford, Miss.)	Florida	52	Arkansas	77	Becki Wells, UF	5 kilometers	17:04.70
1997 (Columbia, S.C.)	Florida	37	Arkansas	68	Amy Yoder, AR	5 kilometers	16:56.80
1998 (Maryville, Tenn.)	Arkansas	25	Florida	48	Amy Yoder, AR	5 kilometers	16:52.22
1999 (Nashville, Tenn.)	Arkansas	15	Florida	96	Amy Yoder, AR	5 kilometers	16:54.00
2000 (Tuscaloosa, Ala.)	Arkansas	43	Georgia	74	Lilli Kleinmann, AR	6 kilometers	20:11.08
2001 (Auburn, Ala.)	Arkansas	35	Tennessee	71	Andreina Byrd, AR	6 kilometers	19:07.29
2002 (Gainesville, Fla.)	Arkansas	39	Kentucky	78	Christin Wurth, AR	6 kilometers	21:04.87
2003 (Athens, Ga.)	Tennessee	57	Georgia	95	Angela Homan, AU	6 kilometers	21:49.76
2004 (Fayetteville, Ark.)	Tennessee	55	Arkansas	57	Angela Homan, AU	6 kilometers	20:25.92
2005 (Columbia, S.C.)	Tennessee	48	Arkansas	51	Angela Homan, AU	6 kilometers	19:40.00
2006 (Baton Rouge, La.)	Arkansas	17	Georgia	64	Brooke Upshaw, AR	6 kilometers	20:14.90
2007 (Lexington, Ky.)	Arkansas	39	Tennessee	84	Sarah Madebach, UG	6 kilometers	20:49.11
2008 (Starkville, Miss.)	Arkansas	46	Florida	53	Catherine White, AR	6 kilometers	20:07.26
2009 (Oxford, Miss.)	Florida	24	Tennessee	80	Rebecca Lowe, UF	6 kilometers	20:57.35
2010 (Columbia, S.C.)	Florida	60	Arkansas	61	Kristie Krueger, UG	6 kilometers	20:41.25
2011 (Maryville, Tenn.)	Vanderbilt	30	Arkansas	61	Kristen Gillespie, AR	6 kilometers	20:19.84
2012 (Nashville, Tenn.)	Florida	61	Arkansas	70	Cally Macumber, UK	6 kilometers	20:23.29
2013 (Gainesville, Fla.)	Arkansas	32	Texas A&M	123	Dominique Scott, AR	6 kilometers	20:02.81
2014 (Tuscaloosa, Ala.)	Arkansas	32	Vanderbilt	85	Dominique Scott, AR	6 kilometers	19:22.74
2015 (College Station, Texas)	Arkansas	38	Mississippi State	95	Dominique Scott, AR	6 kilometers	19:23.60
2016 (Fayetteville, Ark.)	Arkansas	46	Ole Miss	76	Karissa Schweizer, MO	6 kilometers	20:10.60
2017 (Athens, Ga.)	Arkansas	35	Georgia	88	Karissa Schweizer, MO	6 kilometers	19:36.30
2018 (Auburn, Ala.)	Arkansas	24	Florida	69	Jessica Pascoe, UF	6 kilometers	18:55.00
2019 (Lexington, Ky.)	Arkansas	21	Ole Miss	93	Katie Izzo, AR	6 kilometers	19:38.30
2020 (Baton Rouge, La.)	Arkansas	41	Alabama	57	Mercy Chelangat, UA	6 kilometers	19:46.50
2021 (Columbia, Mo.)	Arkansas	68	Ole Miss	83	Mercy Chelangat, UA	6 kilometers	19:55.20

SEC Championship Totals: Arkansas (22); Florida (6); Tennessee (5); Kentucky (3); Alabama (2); Vanderbilt (1)

SEC Championship Year-by-Year Team Results

1983 (Lexington, Ky.)	8. Vanderbilt 207	3. Florida 62	9. LSU 226	3. Auburn 84
1. Tennessee 24		4. Auburn 110	10. Vanderbilt 245	T4. Alabama 98
2. Florida 46	1985 (Oxford, Miss.)	5. Georgia 113		T4. Florida 98
3. Alabama 78	1. Kentucky 84	6. Tennessee 170	1988 (Tuscaloosa, Ala.)	6. Georgia 124
4. Georgia 80	2. Alabama 93	7. LSU 194	1. Kentucky 22	7. Mississippi State 200
5. Auburn 114	3. Tennessee 104	8. Mississippi State 208	2. Alabama 68	8. Vanderbilt 207
6. LSU 161	T4. Georgia 111	9. Vanderbilt 272	3. Florida 99	9. Ole Miss 278
7. Vanderbilt 178	T4. Auburn 111	10. Ole Miss 296	4. Tennessee 115	10. LSU 282
1984 (Clinton, La.)	6. Florida 115	1987 (Nashville, Tenn.)	5. Auburn 121	1990 (Knoxville, Tenn.)
1. Florida 41	7. LSU 125	1. Alabama 20	6. LSU 181	1. Tennessee 41
2. Alabama 54	8. Mississippi State 232	2. Kentucky 70	7. Vanderbilt 185	2. Georgia 55
3. Tennessee 67	9. Vanderbilt 233	3. Florida 81	8. Mississippi State 198	3. Alabama 88
4. Kentucky 87	10. Ole Miss 294	4. Tennessee 96	9. Georgia 217	4. Auburn 101
5. Georgia 144	1986 (Knoxville, Tenn.)	5. Auburn 117	1989 (Auburn, Ala.)	5. Florida 111
6. Auburn 147	1. Alabama 30	6. Mississippi State 183	1. Kentucky 39	6. Mississippi State 128
7. LSU 167	2. Kentucky 55	7. Georgia 202	2. Tennessee 66	7. Kentucky 145
		8. Ole Miss 216		8. Vanderbilt 220

2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK



9. Ole Miss	292								
10. LSU	300								
1991		1995		1999		2003		2007	
(Athens, Ga.)		(Starkville, Miss.)		(Nashville, Tenn.)		(Athens, Ga.)		(Lexington, Ky.)	
1. Arkansas	30	1. Arkansas	40	1. Arkansas	15	1. Tennessee	57	1. Arkansas	39
2. Georgia	80	2. Auburn	46	2. Florida	96	2. Georgia	95	2. Tennessee	84
3. Mississippi State	110	3. Florida	61	3. Georgia	112	3. Arkansas	103	3. Georgia	85
4. Alabama	111	4. Alabama	107	4. LSU	118	4. Kentucky	106	4. Florida	96
5. Auburn	121	5. Vanderbilt	149	5. South Carolina	133	5. Vanderbilt	107	5. Kentucky	104
6. Florida	151	6. South Carolina	168	6. Alabama	169	6. Auburn	111	6. Auburn	171
7. Tennessee	167	7. Georgia	226	7. Auburn	174	7. Mississippi State	162	7. Mississippi State	209
8. South Carolina	171	8. Mississippi State	240	8. Vanderbilt	186	8. Florida	206	8. Vanderbilt	217
9. Kentucky	182	9. Tennessee	267	9. Tennessee	191	9. Alabama	230	9. LSU	259
10. Vanderbilt	260	10. Kentucky	273	10. Mississippi State	248	10. South Carolina	254	10. Alabama	275
11. Ole Miss	331	11. Ole Miss	274	11. Ole Miss	305	11. LSU	319	11. South Carolina	290
12. LSU	364	12. LSU	328	12. Kentucky	311	12. Ole Miss	345	12. Ole Miss	352
1992		1996		2000		2004		2008	
(Lexington, Ky.)		(Oxford, Miss.)		(Tuscaloosa, Ala.)		(Fayetteville, Ark.)		(Starkville, Miss.)	
1. Arkansas	52	1. Florida	52	1. Arkansas	43	1. Tennessee	55	1. Arkansas	46
2. Alabama	80	2. Arkansas	77	2. Georgia	74	2. Arkansas	57	2. Florida	53
3. Auburn	104	3. Auburn	88	3. Auburn	85	3. Georgia	63	3. Tennessee	107
4. Florida	114	4. Georgia	107	4. Florida	121	4. Florida	160	4. Georgia	117
5. Tennessee	126	5. LSU	132	5. Alabama	153	5. Auburn	168	5. Auburn	127
6. Georgia	127	6. Vanderbilt	133	6. Vanderbilt	171	6. Vanderbilt	177	6. Kentucky	134
7. South Carolina	148	7. Alabama	198	7. Mississippi State	191	7. Mississippi State	186	7. Alabama	170
8. Mississippi State	194	8. Mississippi State	201	8. Tennessee	196	8. Kentucky	193	8. Vanderbilt	177
9. Vanderbilt	226	9. Tennessee	216	9. South Carolina	219	9. LSU	205	9. Mississippi State	252
10. Kentucky	247	10. Kentucky	265	10. Kentucky	221	10. Alabama	257	10. South Carolina	262
11. Ole Miss	333	11. South Carolina	285	11. LSU	223	11. South Carolina	265	11. Ole Miss	333
12. LSU	357	12. Ole Miss	315	12. Ole Miss	358	12. Ole Miss	334	12. LSU	341
1993		1997		2001		2005		2009	
(Baton Rouge, La.)		(Columbia, S.C.)		(Auburn, Ala.)		(Columbia, S.C.)		(Oxford, Miss.)	
1. Arkansas	37	1. Florida	37	1. Arkansas	35	1. Tennessee	48	1. Florida	24
2. Alabama	83	2. Arkansas	68	2. Tennessee	71	2. Arkansas	51	2. Tennessee	80
3. Georgia	100	3. Georgia	77	3. Florida	118	3. Georgia	87	3. Arkansas	87
4. Florida	119	4. Vanderbilt	94	4. Auburn	120	4. Kentucky	116	4. Georgia	118
5. Tennessee	137	5. Alabama	124	5. Vanderbilt	122	5. Florida	137	5. Alabama	141
6. Auburn	140	6. Tennessee	180	6. Georgia	176	6. Mississippi State	152	6. Vanderbilt	142
7. South Carolina	149	7. Auburn	211	7. South Carolina	199	7. Vanderbilt	161	7. Auburn	151
8. Vanderbilt	170	8. South Carolina	235	8. LSU	204	8. Alabama	190	8. Kentucky	175
9. Mississippi State	225	9. LSU	246	9. Mississippi State	205	9. Auburn	241	9. South Carolina	246
10. Kentucky	301	10. Kentucky	279	10. Kentucky	226	10. LSU	288	10. Mississippi State	276
11. Ole Miss	302	11. Mississippi State	280	11. Alabama	235	11. South Carolina	311	11. LSU	335
12. LSU	368	12. Ole Miss	340	12. Ole Miss	356	12. Ole Miss	359	12. Ole Miss	338
1994		1998		2002		2006		2010	
(Fayetteville, Ark.)		(Knoxville, Tenn.)		(Gainesville, Fla.)		(Baton Rouge, La.)		(Columbia, S.C.)	
1. Arkansas	31	1. Arkansas	25	1. Arkansas	39	1. Arkansas	17	1. Florida	60
2. Alabama	80	2. Florida	48	2. Kentucky	78	2. Georgia	64	2. Arkansas	61
3. Auburn	84	3. Tennessee	73	3. Tennessee	86	3. Tennessee	66	3. Vanderbilt	76
4. Florida	108	4. Alabama	147	4. Auburn	117	4. Florida	100	4. Georgia	130
5. Georgia	131	5. Georgia	157	5. Mississippi State	140	5. Mississippi State	162	5. Mississippi State	156
6. South Carolina	142	6. Vanderbilt	202	6. Florida	152	6. Kentucky	172	6. Alabama	177
7. Vanderbilt	189	7. South Carolina	206	7. Georgia	188	7. Vanderbilt	226	7. Auburn	190
8. Mississippi State	229	8. LSU	225	8. Vanderbilt	210	8. Alabama	240	8. Kentucky	207
9. Kentucky	289	9. Auburn	229	9. LSU	229	9. LSU	250	9. Ole Miss	209
10. LSU	290	10. Mississippi State	280	10. Alabama	291	10. Auburn	251	10. South Carolina	251
11. Ole Miss	303	11. Kentucky	296	11. South Carolina	305	11. South Carolina	302	11. LSU	279
		12. Ole Miss	394	12. Ole Miss	331	12. Ole Miss	368	12. Tennessee	326



2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

2011
(Maryville, Tenn.)

1. Vanderbilt	30
2. Arkansas	61
3. Florida	62
4. Georgia	124
5. Ole Miss	158
6. Alabama	181
7. Tennessee	184
8. Kentucky	214
9. Mississippi State	233
10. Auburn	247
11. South Carolina	295
12. LSU	337

2012
(Nashville, Tenn.)

1. Florida	61
2. Arkansas	70
3. Vanderbilt	119
4. Ole Miss	122
5. Kentucky	130
6. Georgia	132
7. LSU	199
8. Texas A&M	224
9. South Carolina	256
10. Mississippi State	264
11. Alabama	268
12. Tennessee	285
13. Missouri	296
14. Auburn	378

2013
(Gainesville, Fla.)

1. Arkansas	32
2. Texas A&M	123
3. Kentucky	134
4. Florida	150

5. Vanderbilt	161
6. Alabama	174
7. Missouri	178
8. Tennessee	179
9. Ole Miss	190
10. Mississippi State	191
11. Georgia	224
12. South Carolina	294
13. Auburn	309
14. LSU	460

2014
(Tuscaloosa, Ala.)

1. Arkansas	32
2. Vanderbilt	85
3. Alabama	140
4. Missouri	142
5. Mississippi State	171
6. Texas A&M	187
7. Florida	201
8. Kentucky	215
9. Auburn	217
10. Georgia	222
11. Tennessee	274
12. Ole Miss	275
13. South Carolina	348
14. LSU	385

2015
(College Station, Texas)

1. Arkansas	38
2. Mississippi State	95
3. Vanderbilt	112
4. Alabama	143
5. Ole Miss	147
6. Auburn	164
7. Florida	183
8. Missouri	228
9. Texas A&M	249

10. Georgia	267
11. Tennessee	96
12. Kentucky	297
13. South Carolina	352
14. LSU	436

2016
(Fayetteville, Ark.)

1. Arkansas	46
2. Ole Miss	76
3. Missouri	125
4. Mississippi State	138
5. Vanderbilt	170
6. Alabama	170
7. Kentucky	180
8. Florida	185
9. Auburn	207
10. Georgia	225
11. Texas A&M	263
12. LSU	366
13. South Carolina	385
14. Tennessee	393

2017
(Athens, Ga.)

1. Arkansas	35
2. Georgia	88
3. Ole Miss	103
4. Missouri	164
5. Mississippi State	167
6. Kentucky	170
7. Alabama	171
8. Texas A&M	181
9. Vanderbilt	191
10. Tennessee	231
11. Auburn	241
12. South Carolina	304
13. Florida	366

14. LSU	396
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2018
(Auburn, Ala.)

1. Arkansas	24
2. Florida	69
3. Ole Miss	116
4. Georgia	144
5. Missouri	149
6. Vanderbilt	181
7. Tennessee	197
8. Kentucky	242
9. Alabama	242
10. Texas A&M	260
11. LSU	275
12. Mississippi State	277
13. South Carolina	333
14. Auburn	349

2019
(Lexington, Ky.)

1. Arkansas	21
2. Ole Miss	93
3. Missouri	159
4. Tennessee	170
5. Alabama	171
6. Vanderbilt	176
7. Kentucky	179
8. Georgia	184
9. Texas A&M	189
10. Auburn	229
11. Florida	243
12. Mississippi State	336
13. LSU	349
14. South Carolina	367

2020
(Baton Rouge, La.)

1. Arkansas	41
2. Alabama	57
3. Ole Miss	97
4. Kentucky	98
5. LSU	173
6. Vanderbilt	198
7. Missouri	230
8. Georgia	249
9. Florida	257
10. Mississippi State	258
11. South Carolina	277
12. Auburn	288
13. Texas A&M	294

2021
(Baton Rouge, La.)

1. Arkansas	68
2. Ole Miss	83
3. Alabama	91
4. Kentucky	93
5. Tennessee	136
6. Florida	170
7. Missouri	192
8. Vanderbilt	214
9. Auburn	253
10. LSU	256
11. Texas A&M	270
12. Georgia	292
13. Mississippi State	363
14. South Carolina	435

2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

SEC teams in the top-25 at the NCAA Cross Country Championships

<p>1982 (Bloomington, Ind.) 11. Tennessee 262</p> <p>1983 (Lehigh, Pa.) 4. Tennessee 103</p> <p>1984 (State College, Pa.) 12. Alabama 269</p> <p>1985 (Milwaukee, Wisc.) 4. Kentucky 118</p> <p>1986 (Tucson, Ariz.) 3. Kentucky 159</p> <p>1987 (Charlottesville, Va.) 6. Alabama 161</p> <p>1988 (Granger, Iowa) 1. Kentucky 75</p> <p>1989 (Annapolis, Md.) 2. Kentucky 168 6. Tennessee 227</p> <p>1990 (Knoxville, Tenn.) 9. Georgia 264 12. Tennessee 303</p> <p>1991 (Tucson, Ariz.) 2. Arkansas 168 20. Georgia 455</p> <p>1992 (Bloomington, Ind.) 2. Arkansas 130</p> <p>1993 (Lehigh, Pa.) 2. Arkansas 71 13. Alabama 326</p> <p>1994 (Fayetteville, Ark.) 3. Arkansas 110 14. Alabama 367 17. Auburn 429 20. Florida 486</p>	<p>1995 (Ames, Iowa) 12. Arkansas 324 13. Auburn 335 18. Florida 398</p> <p>1996 (Tucson, Ariz.) 14. Arkansas 347</p> <p>1997 (Greenville, S.C.) 13. Arkansas 311 16. Florida 386 22. Georgia 518</p> <p>1998 (Lawrence, Kan.) 6. Arkansas 311 22. Florida 531</p> <p>1999 (Bloomington, Ind.) 2. Arkansas 125</p> <p>2000 (Ames, Iowa) 13. Arkansas 365</p> <p>2001 (Greenville, S.C.) 12. Arkansas 365</p> <p>2002 (Terre Haute, Ind.) 7. Arkansas 251</p> <p>2003 (Waterloo, Iowa) 24. Tennessee 513</p> <p>2004 (Terre Haute, Ind.) 16. Arkansas 400 21. Tennessee 488 24. Georgia 583</p> <p>2005 (Terre Haute, Ind.) 19. Arkansas 444</p> <p>2006 (Terre Haute, Ind.) 5. Arkansas 286 15. Georgia 401</p> <p>2007 (Terre Haute, Ind.) 11. Florida 391 13. Arkansas 406 22. Georgia 465</p>	<p>2008 (Terre Haute, Ind.) 15. Arkansas 404 17. Florida 454</p> <p>2009 (Terre Haute, Ind.) 7. Florida 260</p> <p>2011 (Terre Haute, Ind.) 6. Vanderbilt 282 14. Arkansas 375</p> <p>2012 (Louisville, Ky.) 18. Arkansas 449 23. Florida 518</p> <p>2013 (Terre Haute, Ind.) 15. Arkansas 340</p> <p>2014 (Terre Haute, Ind.) 5. Arkansas 276 17. Mississippi State 405 19. Vanderbilt 474</p> <p>2016 (Terre Haute, Ind.) 15. Mississippi State 459 16. Missouri 459 19. Arkansas 476 23. Ole Miss 514</p> <p>2017 (Louisville, Ky.) 13. Arkansas 377 17. Georgia 411 25. Ole Miss 571</p> <p>2018 (Madison, Wis.) 14. Arkansas 398 16. Florida 455 22. Ole Miss 509</p> <p>2019 (Terre Haute, Ind.) 1. Arkansas 96 21. Ole Miss 541</p> <p>2020-21 (Stillwater, Okla.) 8. Alabama 280 10. Arkansas 316 12. Ole Miss 325</p>	<p>2021 (Tallahassee, Fla.) 8. Arkansas 328 10. Ole Miss 350 15. Alabama 428</p>
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2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

SEC individuals in the top-25 at the NCAA Cross Country Championships

1981 (Wichita, Kan.)		1995 (Ames, Iowa)		2017 (Louisville, Ky.)	
7. Bernadette Madigan, UK	16:35.5	11. Megan Flowers, AR	17:30.0	11. Karissa Schweizer, MO	19:47.5
9. Kathy Bryant-Hadler, UT	16:41.5	12. Becki Wells, UF	17:32.0		
		24. Jessica Fry, UA	17:48.0	2018 (Madison, Wis.)	
1982 (Bloomington, Ind.)		1997 (Greenville, S.C.)		None	
7. Kathy Bryant-Hadler, UT	17:14.0	7. Amy Yoder, AR	16:56.0	2019 (Terre Haute, Ind.)	
11. Beth Farmer, UF	17:22.3			3. Katie Izzo, AR	19:59.3
1983 (Lehigh, Pa.)		1998 (Lawrence, Kan.)		4. Taylor Werner, AR	20:11.1
4. Liz Natale, UT	16:42.6	3. Amy Yoder, AR	17:03.05	14. Joyce Kimeli, AU	20:26.2
16. Alison Quelch, UT	17:05.9	10. Jessica Koch, AR	17:16.42	21. Devin Clark, AR	20:32.2
1984 (State College, Pa.)		1999 (Bloomington, Ind.)		2020-21 (Stillwater, Okla.)	
2. Shelly Steely, UF	16:22.2	2. Amy Yoder, AR	16:44.10	1. Mercy Chelangat, UA	20:01.1
1986 (Tucson, Ariz.)		3. Lilli Kleinmann, AR	16:48.80	3. Amaris Tynnismaa, UA	20:10.2
18. Lisa Breiding, UK	7:36.72	20. Jessica Dailey, AR	17:14.10	21. Krissy Gear, AR	20:39.3
1987 (Charlottesville, Va.)		2000 (Ames, Iowa)		2021 (Columbia, Mo.)	
16. Elspeth Turner, UA	6:41.88	10. Lilli Kleinmann, AR	20:54.00	2. Mercy Chelangat, UA	19:29.3
17. Heidi Olafsdottir, UA	6:43.55	29. Sharon Dickie, UT	21:21.80	16. Joyce Kimeli, AU	19:43.4
1988 (Granger, Iowa)		2002 (Terre Haute, Ind.)		19. Lauren Gregory, AR	19:46.1
5. Carole Trepanier, UA	16:43	16. Christin Wurth, AR	20:07.50		
11. Lisa Breiding, UK	16:52	2004 (Terre Haute, Ind.)			
12. Valerie McGovern, UK	16:54	9. Angela Homan, AU	20:43.80		
23. Evelyn Adiru, UA	17:11	2005 (Terre Haute, Ind.)			
24. Kristy Orre, UK	17:12	30. Angela Homan, AU	20:26.50		
1989 (Annapolis, Md.)		2008 (Terre Haute, Ind.)			
2. Valerie McGovern, UK	16:26.78	11. Hollie Knight, AU	20:12.70		
5. Patty Wiegand, UT	16:47.62	2009 (Terre Haute, Ind.)			
17. Jolly Earle, UG	17:08.63	15. Rebecca Lowe, UF	20:18.80		
1990 (Knoxville, Tenn.)		2010 (Terre Haute, Ind.)			
11. Kelli Butler, UG	16:42	28. Kristie Kruger, UG	20:40.60		
1991 (Tucson, Ariz.)		2012 (Louisville, Ky.)			
20. Coralena Velsen, UF	17:16.5	6. Cally Macumber, UK	19:42.2		
1992 (Bloomington, Ind.)		2013 (Terre Haute, Ind.)			
2. Deena Drossin, AR	17:12.7	13. Cally Macumber, UK	20:26.4		
13. Shelley Taylor, AR	17:42.0	28. Dominique Scott, AR	20:38.9		
15. Pauline Durran, AR	17:49.1	2014 (Terre Haute, Ind.)			
1993 (Lehigh, Pa.)		6. Dominique Scott, AR	20:01.3		
6. Deena Drossin, AR	16:54.0	10. Chelsea Blaase, UT	20:11.6		
8. Megan Flowers, AR	16:56.4	24. Rhianwedd Price, MS	20:30.0		
9. Shelley Taylor, AR	16:58.0	29. Grace Fletcher, AM	20:36.9		
14. Sarah Schwald, AR	17:00.1	2015 (Terre Haute, Ind.)			
18. April Ecke, MS	17:02.1	3. Dominique Scott, AR	19:40.9		
19. Becki Wells, UA	17:03.6	14. Chelsea Blaase, UT	20:07.2		
1994 (Fayetteville, Ark.)		2016 (Terre Haute, Ind.)			
4. Megan Flowers, AR	17:04.2	1. Karissa Schweizer, MO	19:41.6		
12. Deena Drossin, AR	17:15.8	16. Taylor Werner, AR	20:10.5		
14. Sarah Schwald, AR	17:18.9				
19. Malin Ohlund, UA	17:25.6				

2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

All-Time SEC National Champions

Year	Team	Points	Coach
1988	Kentucky	75	Don Weber
2019	Arkansas	96	Lance Harter

Individual National Champions

2016 - Karissa Schweizer, Missouri
 2020-21 - Mercy Chelangat, Alabama

SEC Cross Country All-Americans

1977 Brenda Webb, Tennessee	Kelli Butler, Georgia Wendy Fraizer, Florida	Angela Homan, Auburn	Samantha Drop, Georgia Karissa Schweizer, Missouri
1978 Brenda Webb, Tennessee	1991 Michelle Byrne, Arkansas Coralena Velsen, Florida	2006 Brooke Upshaw, Arkansas	2017 Jessica Pascoe, Florida
1980 Kathy Bryant-Hadler, Tennessee Sue Jackson, Alabama Linda Portasik, Tennessee	1992 Deena Drossin, Arkansas Pauline Durran, Arkansas Shelley Taylor, Arkansas	2007 Natalie Picchetti, Georgia	2019 Devin Clark, Arkansas Katie Izzo, Arkansas Carina Viljoen, Arkansas Taylor Werner, Arkansas Joyce Kimeli, Auburn Jessica Drop, Georgia
1981 Kathy Bryant-Hadler, Tennessee Bernadette Madigan, Kentucky	1993 Deena Drossin, Arkansas April Ecke, Mississippi State Megan Flowers, Arkansas Sarah Schwald, Arkansas Shelley Taylor, Arkansas Becki Wells, Alabama	2008 Sarah Bowman, Tennessee Hollie Knight, Auburn	2020 Mercy Chelangat, Alabama Esther Gitahi, Alabama Amaris Tynnismaa, Alabama Krissy Gear, Arkansas
1982 Kathy Bryant-Hadler, Tennessee Beth Farmer, Florida Shelly Steely, Florida	1994 Deena Drossin, Arkansas Megan Flowers, Arkansas Malin Ohlund, Alabama Trine Pilskog, Arkansas Sarah Schwald, Arkansas Rachel Sauder, Auburn	2009 Charlotte Browning, Florida Rebecca Lowe, Florida	2021 Flomena Asekol, Alabama Mercy Chelangat, Alabama Lauren Gregory, Arkansas Isabel Van Camp, Arkansas Joyce Kimeli, Auburn Parker Valby, Florida Tori Herman, Kentucky Sintayehu Vissa, Ole Miss
1983 Susan Baxter, Tennessee Beth Farmer, Florida Alisa Harvey, Tennessee Liz Natale, Tennessee Monica O'Reilly, Tennessee Alison Quelch, Tennessee	1995 Jessica Fry, Alabama Megan Flowers, Arkansas Becki Wells, Florida	2010 Kristie Krueger, Georgia	
1984 Shelly Steely, Florida	1997 Amy Yoder, Arkansas	2011 Kristen Gillespie, Arkansas Alexa Rogers, Vanderbilt	
1986 Lisa Breiding, Kentucky Jeni Neilson, Alabama Elspeth Turner, Alabama	1998 Jessica Koch, Arkansas Amy Yoder, Arkansas	2012 Cally Macumber, Kentucky Chelsea Oswald, Kentucky	
1987 Heidi Olafsdottir, Alabama Elspeth Turner, Alabama	1999 Lilli Kleinmann, Arkansas Amy Yoder, Arkansas	2013 Cally Macumber, Kentucky Dominique Scott, Arkansas Agata Strausa, Florida	
1988 Evelyn Adiru, Alabama Lisa Breiding, Kentucky Sherry Hoover, Kentucky Valerie McGovern, Kentucky Kristy Orre, Kentucky Carole Trepanier, Alabama	2000 Sharon Dickie, Tennessee Lilli Kleinmann, Arkansas	2014 Dominique Scott, Arkansas Chelsea Blaase, Tennessee Rhianwedd Price, Mississippi State Grace Fletcher, Texas A&M Hillary Montgomery, Texas A&M	
1989 Jolly Earle, Georgia Donna Combs, Kentucky Valerie McGovern, Kentucky Valerie Bertrand, Tennessee Jasmin Jones, Tennessee Patty Wiegand, Tennessee	2002 Londa Bevins, Arkansas Christin Wurth, Arkansas	2015 Dominique Scott, Arkansas Marta Freitas, Mississippi State Chelsea Blaase, Tennessee Karis Jochen, Texas A&M Caroline Pietrzyk, Vanderbilt	
1990	2003 Angela Homan, Auburn 2004 Angela Homan, Auburn	2016 Taylor Werner, Arkansas Katy Kunc, Kentucky Rhianwedd Price, Mississippi State Jamie Kempfer, Missouri Karrisa Schweizer, Missouri	
	2005	2017 Jessica Drop, Georgia	



2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

SEC Honors and Awards

SEC Coach of the Year

1983 - Terry Crawford, UT
 1984 - Lyle Knudson, UF
 1985 - Don Weber, UK
 1986 - David Troy, UA
 1987 - David Troy, UA
 1988 - Don Weber, UK
 1989 - Don Weber, UK
 1990 - Missy Kane, UT
 1991 - Lance Harter, AR
 1992 - Lance Harter, AR
 1993 - Lance Harter, AR
 1994 - Lance Harter, AR
 1995 - Lance Harter, AR
 1996 - J.J. Clark, UF
 1997 - J.J. Clark, UF
 1998 - Lance Harter, AR
 1999 - Lance Harter, AR
 2000 - Lance Harter, AR
 2001 - Lance Harter, AR
 2002 - Lance Harter, AR
 2003 - J.J. Clark, UT
 2004 - J.J. Clark, UT
 2005 - J.J. Clark, UT
 2006 - Lance Harter, AR
 2007 - Lance Harter, AR
 2008 - Lance Harter, AR
 2009 - Todd Morgan, UF
 2010 - Todd Morgan, UF
 2011 - Steve Keith, VU
 2012 - Paul Spangler, UF
 2013 - Lance Harter, AR
 2014 - Lance Harter, AR
 2015 - Lance Harter, AR
 2016 - Lance Harter, AR
 2017 - Lance Harter, AR
 2018 - Lance Harter, AR
 2019 - Lance Harter, AR
 2020 - Lance Harter, AR
 2021 - Lance Harter, Arkansas

SEC Athlete of the Year

1992 - Deena Drossin, AR
 1993 - Deena Drossin, AR
 1994 - Megan Flowers, AR
 1995 - Megan Flowers, AR
 1996 - Becki Wells, UF
 1997 - Amy Yoder, AR
 1998 - Amy Yoder, AR
 1999 - Amy Yoder, AR
 2000 - Lilli Kleinmann, AR
 2001 - Andreina Byrd, AR
 2002 - Christin Wurth, AR
 2003 - Angela Homan, AU
 2004 - Angela Homan, AU
 2005 - Angela Homan, AU
 2006 - Brooke Upshaw, AR
 2007 - Sarah Madebach, UG
 2008 - Catherine White, AR
 2009 - Rebecca Lowe, UF
 2010 - Kristie Krueger, UG
 2011 - Kristen Gillespie, AR

2012 - Cally Macumber, UK
 2013 - Dominique Scott, AR
 2014 - Dominique Scott, AR
 2015 - Dominique Scott, AR
 2016 - Karissa Schweizer, MO
 2017 - Karissa Schweizer, MO
 2018 - Jessica Pascoe, UF
 2019 - Taylor Werner, AR
 2020 - Mercy Chelangat, UA
 2021 - Mercy Chelangat, UA

SEC Freshman of the Year

2000 - Hilary White, UF
 2001 - Penny Splichal, AR
 2002 - Lauren Burks, UG
 2003 - Kristin Heffelfinger, UG
 2004 - Natalie Picchetti, UG
 2005 - Christine Kalmer, AR
 2006 - Dani Parry, AR
 2007 - Jillian Rosen, AR
 2008 - Genevieve LaCaze, UF
 2009 - Alyssa Allison, AR
 2010 - Stephanie Brown, AR
 2011 - Kaitlin Flattmann, AR
 2012 - Hannah Jumper, VU
 2013 - Kaitlyn Fischer, MU
 2014 - Karissa Schweizer, MU
 2015 - Caroline Pietrzykm UG
 2016 - Abby Gray, AR
 2017 - Lauren Gregory, AR
 2018 - Katrina Robinson, AR
 2019 - Skylar Boogerd, UM
 2020 - Taylor Ewert, AR
 2021 - Parker Valby, UF

SEC Scholar-Athlete of the Year

2014 - Grace Heymsfield, AR
 2015 - Karis Jochen, AM
 2016 - Devin Clark, AR
 2017 - Katy Kunc, UK
 2018 - Taylor Werner, AR
 2019 - Taylor Werner, AR
 2020 - Samantha Drop, UG
 2021 - Mercy Chelangat, UA

All-SEC Teams

1984

Shelly Steely, Florida
 Alisa Harvey, Tennessee
 Beth Farmer, Florida
 Liz Lynch, Alabama
 Bernadette Madigan, Kentucky
 Gina Procaccio, Alabama
 Allison Quelch, Tennessee
 Monica O'Reilly, Tennessee
 Heidi Olafsdottir, Alabama
 Lisa Reed, LSU

1985

Evelyn Adiru, Alabama
 Alisa Harvey, Tennessee

Patricia Betancor, Kentucky
 Sherry Hoover, Kentucky
 Monica O'Reilly, Tennessee
 Becky Gallivan, Kentucky
 Sharon Choing, Florida
 Brenda Malinauskas, Auburn
 Audry Pierce, Kentucky
 Jenny Nielsen, Alabama

1986

Tricia Clifford, Florida
 Jeni Nielsen, Alabama
 Lisa Breiding, Kentucky
 Heidi Olafsdottir, Alabama
 Evelyn Adiru, Alabama
 Nancy Freeman, Florida
 Sherry Hoover, Kentucky
 Lisa Reed, LSU
 Susan Crawford, Alabama
 Elspeth Turner, Alabama

1987

Evelyn Adiru, Alabama
 Heidi Olafsdottir, Alabama
 Elspeth Turner, Alabama
 Jeni Nielsen, Alabama
 Denise Bushallow, Kentucky
 Patty Wiegand, Tennessee
 Joan Hammeren, Florida
 Jasmin Jones, Tennessee
 Lisa Reed, LSU
 Kristin Seabury, Alabama

1988

Carole Trepanier, Alabama
 Lisa Breiding, Kentucky
 Valerie McGovern, Kentucky
 Kristy Orre, Kentucky
 Lisa Reed, LSU
 Denise Bushallow, Kentucky
 Sherry Hoover, Kentucky
 Evelyn Adiru, Alabama
 Donna Combs, Kentucky
 Stefanie Black, Vanderbilt

1989

Valerie McGovern, Kentucky
 Patty Wiegand, Tennessee
 Jolly Earle, Georgia
 Jasmin Jones, Tennessee
 Kelly McDonnell, Auburn
 Sherry Hoover, Kentucky
 Susan Crawford, Alabama
 Donna Combs, Kentucky
 Valerie Bertrand, Tennessee
 Coralena Velsen, Florida

1990

Patty Weigand, Tennessee
 Keli Butler, Georgia
 Coralena Velsen, Florida
 Megan Thompson, Tennessee

2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK



Jasmin Jones, Tennessee
Joanne Birkett, Georgia
Frida Thordardottir, Georgia
Celeste Susnis, Tennessee
Kristen Seabury, Alabama
Malin Ohlund, Alabama

1991

Deena Drossin, Arkansas
Coralena Velsen, Florida
Keli Butler, Georgia
Heather Shutt, Alabama
Michelle Byrne, Arkansas
Amy Patterson, Auburn
Stephanie Barrett, Arkansas
Claire Lavers, Arkansas
Pauline Durran, Arkansas
Jenny Oliver, Georgia

1992

Deena Drossin, Arkansas
Heather Warner, Alabama
Frida Thordardottie, Georgia
Shelly Taylor, Arkansas
Coralena Velsen, Florida
April Ecke, Mississippi State
Malin Ohlund, Alabama
Marny Westphal, Florida
Pauline Durran, Arkansas
Danielle Adams, South Carolina
Beth Tallent, Vanderbilt
Kim Fisher, Florida
Page Kunst, Tennessee
Mary McClung, Georgia
Michelle Byrne, Arkansas

1993

Becki Wells, Alabama
Deena Drossin, Arkansas
Megan Flowers, Arkansas
Sarah Schwald, Arkansas
Amy McKinley, Arkansas
Shelley Taylor, Arkansas
Malin Ohlund, Alabama
Marie Ohlund, Alabama
Monika Ronnholm, Georgia
Frida Thordardottir, Georgia
Marny Westphal, Florida
April Ecke, Mississippi State
Sue McGhie, South Carolina
Celeste Susnis, Tennessee
Megan Thompson, Tennessee

1994

Megan Flowers, Arkansas
Jessica Fry, Alabama
Sarah Schwald, Arkansas
Monika Ronnholm, Georgia
Rachel Sauder, Auburn
Trine Pilskog, Arkansas
Deena Drossin, Arkansas
Kimberly Ann Fisher, Florida
Janet Trujillo, Auburn

Michelle Reasor, Tennessee
Malin Ohlund, Alabama
Tracey Capper, South Carolina
Patrice Kuntz, Florida
Amy McKinley, Arkansas
Elisa Currins, Alabama

1995

Becki Wells, Florida
Megan Flowers, Arkansas
Rachel Sauder, Auburn
Jessica Fry, Alabama
Kim Fisher, Florida
Janet Trujillo, Auburn
Kristen Nicolini, Auburn
Staci Snider, Arkansas
Catherine Berry, Arkansas
Karen Bockel, Arkansas
Desiree Owen, Arkansas
Kathi Ward, Auburn
Patrice Kuntz, Florida
Kelly Cook, Arkansas
Hazel Clark, Florida

1996

Becki Wells, Florida
Janet Trujillo, Auburn
Amy Yoder, Arkansas
Silje Rasmussen, LSU
Charlotte Mayock, LSU
Kathi Ward, Auburn
Michelle Reasor, Auburn
Erin Jones, Georgia
Hazel Clark, Florida
Whitney Spanuth, Vanderbilt
Megan Newcome, Florida
Karen Bockel, Arkansas
Desiree Owen, Arkansas
Tracy Watson, Georgia
Patrice Kuntz, Florida

1997

Amanda Grout, Alabama
Elizabeth Lopacki, Alabama
Karen Bockel, Arkansas
Tracy Robertson, Arkansas
Amy Yoder, Arkansas
Lindsey Rogers, Auburn
Hazel Clark, Florida
Elizabeth Reed, Florida
Jennifer McGranahan, Florida
Ramona Saridakis, Florida
Christina Starr, Florida
Becki Wells, Florida
Erin Jones, Georgia
Christine Creighton, Vanderbilt
Pamela Johnson, Vanderbilt

1998

Ashley LaBudde, Alabama
Karen Bockel, Arkansas
Cory Chastain, Arkansas
Jessica Koch, Arkansas

Tracey Robertson, Arkansas
Laurie Sturgell, Arkansas
Amy Yoder, Arkansas
Hazel Clark, Florida
Tamiaka Grizzle, Florida
Jennifer McGranahan, Florida
Beth Reed, Florida
Christina Starr, Florida
Jennifer Kehoe, Kentucky
Sharon Dickie, Tennessee
Maureen Ferris, Tennessee

1999

Amy Yoder, Arkansas
Lilli Kleinmann, Arkansas
Jessica Dailey, Arkansas
Tracey Robertson, Arkansas
Kimi Welsh, Arkansas
Kristine Jost, Florida
Beth Van Dusen, Vanderbilt
Dawn Boggs, Alabama
Christin Wurth, Arkansas
Ashley LaBudde, Alabama
Sara Hadwin, South Carolina
Joyce Peebles, South Carolina
Martina Barkman, LSU
Julie Pryor, Georgia
Melissa Phalon, Georgia

2000

Aly Mills, Alabama
Ashley LaBudde, Alabama
Lilli Kleinmann, Arkansas
Tracy Robertson, Arkansas
Amy Wiseman, Arkansas
Christin Wurth, Arkansas
Nerissa Johnson, Auburn
Alexia Hamblett, Auburn
Amy Odermatt, Auburn
Erin Jones, Georgia
Erin Kelley, Georgia
Robin Carver, Georgia
Alexandra Knoke, Georgia
Susanne Strunz, LSU
Sharon Dickie, Tennessee

2001

Lilli Kleinmann, Arkansas
Andreina Byrd, Arkansas
Christin Wurth, Arkansas
Sharon Dickie, Tennessee
Erin Merten, Florida
Susanne, Struntz, LSU
Penny Splichal, Arkansas
Jackie Seibert, Georgia
Caitlin Phillips, Kentucky
Alexis Hamblett, Auburn
Brooke Novak, Tennessee
Kylene Kownurko, Vanderbilt
Londa Bevins, Arkansas
Jessica Southers, Tennessee
Michelle Hurn, Arkansas
Alison Zeinner, Arkansas

2002

First Team

Christin Wurth, Arkansas
Londa Bevins, Arkansas
Catherine Wanyoike, Auburn
Caitlin Phillips, Kentucky
Sharon Dickie, Tennessee
Tiffany McWilliams, Mississippi State
Meggan Hodge, Mississippi State

Second Team

Brooke Novak, Tennessee
Brooke Patterson, Kentucky
Allison Grace, Kentucky
Andreina Byrd, Arkansas
Maureen Scott, Arkansas
Erica Sigmont, Arkansas
Shiloh Whiting, Arkansas

2003

First Team

Angela Homan, Auburn
Brooke Patterson, Kentucky
Brooke Novak, Tennessee
Caitlin Phillips, Kentucky
Tiffany McWilliams, Mississippi State
Megan Cauble, Tennessee
Jenny Lake, South Carolina

Second Team

Lauren Burks, Georgia
Catherine Wanyoike, Auburn
Erika Schneble, Vanderbilt
Mindy Sullivan, Tennessee
Laura Jakosky, Arkansas
Shiloh Whiting, Arkansas
Kristin Heffelfinger, Georgia

2004

First Team

Angela Homan, Auburn
Jill Steffens, Georgia
Alison Zeinner-Rush, Arkansas
Felicia Guliford, Tennessee
Ashleigh Wetzell, Vanderbilt
Maureen Scott, Arkansas
Allison Grace, Kentucky

Second Team

Elizabeth McCalley, Tennessee
Whitni Wonderlin, Georgia
Katie Flaute, Tennessee
Laura Jakosky, Arkansas
Kyle Swanson, Auburn
Lauren Burks, Georgia
Natalie Picchetti, Georgia

2005

First Team

Angela Homan, Auburn
Felicia Guliford, Tennessee
Allison Grace, Kentucky
Lauren Burks, Georgia
Christine Kalmer, Arkansas
Sarah Bowman, Tennessee



2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

Penny Splichal, Arkansas

Second Team

Katie Flaute, Tennessee
Laura Jakosky, Arkansas
Zita Maglorie, Mississippi State
Leah Soro, Tennessee
Denise Bargiachi, Arkansas
Jill Steffens, Georgia
Julia Hicks, Alabama

2006

First Team

Brooke Upshaw, Arkansas
Dacia Barr, Arkansas
Christine Kalmer, Arkansas
Jill Steffens, Georgia
Dani Parry, Arkansas
Denise Bargiachi, Arkansas
Sarah Bowman, Tennessee

Second Team

Lindsay Sundell, Florida
Kristin Heffelfinger, Georgia
Miranda Walker, Arkansas
Jennifer Harper, Arkansas
Katie Flaute, Tennessee
Natalie Picchetti, Georgia
Beth Fahey, Arkansas

2007

First Team

Sarah Madebach, Georgia
Christine Kalmer, Arkansas
Natalie Picchetti, Georgia
Sarah Bowman, Tennessee
Jillian Rosen, Arkansas
Denise Bargiachi, Arkansas
Katie Van Horn, Tennessee

Second Team

Jacy Kruzal, Florida
Heidi Magill-Dahl, Tennessee
Dani Parry, Arkansas
Holly Knight, Auburn
Rebecca Lowe, Florida
Haley Moody, Alabama
Andrea Halasek, Kentucky

Freshman Team

Jillian Rosen, Arkansas
Holly Knight, Auburn
Rebecca Lowe, Florida
Haley Moody, Alabama
Sarah Hammes, Mississippi State
Catherine White, Arkansas
Simone Domingue, Mississippi State

2008

First Team

Catherine White, Arkansas
Holly Knight, Auburn
Sarah Bowman, Tennessee
Denise Bargiachi, Arkansas

Ali Crabb, Florida
Genevieve LaCaze, Florida
Charlotte Browning, Florida

Second Team

Christine Kalmer, Arkansas
Jacy Kruzal, Florida
Sara Vaughn, Alabama
Kelsey Johnson, Alabama
Brittany Sheffey, Tennessee
Natalie Picchetti, Georgia
Kiah Vernon, Georgia

Freshman Team

Genevieve LaCaze, Florida
Sara Vaughn, Alabama
Kelsey Johnson, Alabama
Kristabel Doebel-Hickok, Vanderbilt
Samantha Learch, Arkansas
Beatrice Biwott, South Carolina
Jennifer Barbi, Georgia

2009

First Team

Rebecca Lowe, Florida
Charlotte Browning, Florida
Jackie Areson, Tennessee
Kristie Krueger, Georgia
Stacey Johnson, Florida
Holly Knight, Auburn
Genevieve LaCaze, Florida

Second Team

Stephanie Barnes, Auburn
Julie Northrup, Florida
Miranda Walker, Arkansas
Bridget Lyons, Georgia
Brittany Sheffey, Tennessee
Katie Van Horn, Tennessee
Chelsea Oswald, Kentucky

Freshman Team

Chelsea Oswald, Kentucky
Alyssa Allison, Arkansas
Cally Macumber, Kentucky
Jordan White, Vanderbilt
Taylor Johnson, Arkansas
Allie Scalf, Vanderbilt
Sydney Devore, Florida

2010

First Team

Kristie Krueger, Georgia
Hollie Knight, Auburn
Charlotte Browning, Florida
Miranda Walker, Arkansas
Stephanie Brown, Arkansas
Rebecca Lowe, Florida
Stephanie Barnes, Auburn

Second Team

Genevieve LaCaze, Florida
Haley Greenwell, Mississippi State

Jordan White, Vanderbilt
Rita Jorgensen, Vanderbilt
Renee Masterson, Mississippi State
Cally Macumber, Kentucky
Kristen Gillespie, Arkansas

Freshman Team

Stephanie Brown, Arkansas
Cory McGee, Florida
Liz Anderson, Vanderbilt
Stephanie Strasser, Florida
Taylor Wendler, Kentucky
Grace Heymsfield, Arkansas
Anna Bostrom, Kentucky

2011

First Team

Kristen Gillespie, Arkansas
Alexa Rogers, Vanderbilt
Genevieve LaCaze, Florida
Liz Anderson, Vanderbilt
Cory McGee, Florida
Kristie Krueger, Georgia
Jordan White, Vanderbilt

Second Team

Louise Hannallah, Vanderbilt
Kristen Smith, Vanderbilt
Florence N'Getich, Florida
Logan Waites, Ole Miss
Brittany Sheffey, Tennessee
Kaitlin Flattman, Arkansas
Jessica Jackson, Arkansas

All-Freshman Team

Kaitlin Flattmann, Arkansas
Jessica Jackson, Arkansas
Grace Orders, Vanderbilt
Amira Joseph, Vanderbilt
Anna Bowles, Georgia
Rebecca Chandler, Vanderbilt
Grace Vandegrift, Florida

2012

First Team

Cally Macumber, Kentucky
Florence Ngetich, Florida
Chelsea Oswald, Kentucky
Carly Hamilton, Georgia
Grace Heymsfield, Arkansas
Agata Strausa, Florida
Hannah Jumper, Vanderbilt

Second Team

Kristen Findley, Vanderbilt
Katie Breathitt, Ole Miss
Andrina Schlaepfer, Arkansas
Diane Robison, Arkansas
Laura Carleton, LSU
Kayla Lampe, South Carolina
Callie Cooper, Florida

All-Freshman Team

Hannah Jumper, Vanderbilt
Andrina Schlaepfer, Arkansas
Kayla Lampe, South Carolina
Katelyn Greenleaf, Alabama
Shelby Davidson, Florida
Alexis Panisse, Tennessee
Julie Macedo, Florida

2013

First Team

Dominique Scott, Arkansas
Shannon Klenke, Arkansas
Grace Heymsfield, Arkansas
Agata Strausa, Florida
Liz Anderson, Vanderbilt
Kaitlyn Fischer, Missouri
Cally Macumber, Kentucky

Second Team

Hillary Montgomery, Texas A&M
Katelyn Greenleaf, Alabama
Chelsea Blaase, Tennessee
Haley Cutright, Ole Miss
Stephanie Brown, Arkansas
Karis Jochen, Texas A&M
Sandie Raines, Arkansas

All-Freshman Team

Kaitlyn Fischer, Missouri
Karis Jochen, Texas A&M
Sandie Raines, Arkansas
Sophie Linn, Ole Miss
Cassidy Hale, Kentucky
Rachel Givens, Auburn
Mary Reiser, South Carolina

2014

First Team

Dominique Scott, Arkansas
Grace Heymsfield, Arkansas
Chelsea Blaase, Tennessee
Rhianwedd Price, Mississippi State
Hillary Montgomery, Texas A&M
Kaitlyn Fischer, Missouri
Jessica Kamilos, Arkansas

Second Team

Karis Jochen, Texas A&M
Katherine Delaney, Vanderbilt
Diane Robison, Arkansas
Katelyn Greenleaf, Alabama
Shannon Klenke, Arkansas
Claire Benjamin, Vanderbilt
Sara Barron, Vanderbilt

All-Freshman Team

Karissa Schweitzer, Missouri
Kelsey Schrader, Arkansas
Aundrea Busse, Kentucky
Katy Kunc, Kentucky
Tayler Tuttle, Georgia
Molly McKenna, Arkansas
Emma Abrahamson, Vanderbilt

2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK



2015

First Team

Dominique Scott, Arkansas
Chelsea Blaase, Tennessee
Caroline Pietrzyk, Vanderbilt
Brenda Kigen, Auburn
Karis Jochen, Texas A&M
Kaitlin Flattmann, Arkansas
Katelyn Greenleaf, Alabama

Second Team

Devin Clark, Arkansas
Marta Freitas, Mississippi State
Mary Alex England, Ole Miss
Valerie Reina, Arkansas
Regan Ward, Arkansas
Kelsey Schrader, Arkansas
Karissa Schweizer, Missouri

All-Freshman Team

Caroline Pietrzyk, Vanderbilt
Brenda Kigen, Auburn
Devin Clark, Arkansas
Maria Larsen, Florida
Rachael Reddy, Alabama
Sydney Brown, Arkansas
Elisabeth Bergh, Florida

2016

First Team

Karissa Schweizer, Missouri
Devin Clark, Arkansas
Katy Kunc, Kentucky
Veronica Eder, Auburn
Jamie Kempfer, Missouri
Elisabeth Bergh, Florida
Mary Alex England, Ole Miss

Second Team

Bo Ummels, Ole Miss
Abby Gray, Arkansas
Valerie Reina, Arkansas
Sara Tsai, Vanderbilt
Therese Haiss, Arkansas
Nikki Hiltz, Arkansas
Jessica Drop, Georgia

All-Freshman Team

Abby Gray, Arkansas
Jessica Drop, Georgia
Taylor Werner, Arkansas
McKenzie Yanek, Alabama
Carina Viljoen, Arkansas
Samantha Drop, Georgia
Jessica Pascoe, Florida

2017

First Team

Karissa Schweizer, Missouri
Taylor Werner, Arkansas
Katy Kunc, Kentucky
Jessica Drop, Georgia
Samantha Drop, Georgia
Carina Viljoen, Arkansas

Therese Haiss, Arkansas

Second Team

Lauren Gregory, Arkansas
Shannon Fair, Mississippi State
Kelsie Warren, Texas A&M
Lisa Oed, Mississippi State
Nikki Hiltz, Arkansas
Ashton Endsley, Arkansas
Mckenzie Yanek, Alabama

All-Freshman Team

Lauren Gregory, Arkansas
Lisa Oed, Mississippi State
Ashton Endsley, Arkansas
Clio Ozanne-Jaques, Ole Miss
Niamh Schumacher, Tennessee
Joyce Kimeli, Auburn
Faith Bett, Auburn

2018

First Team

Jessica Pascoe, Florida
Katrina Robinson, Arkansas
Lauren Gregory, Arkansas
Carina Viljoen, Arkansas
Joyce Kimeli, Auburn
Taylor Werner, Arkansas
Jessica Drop, Georgia

Second Team

Elisabeth Bergh, Florida
Sydney Brown, Arkansas
Maddy Reed, Arkansas
Morgan Hull, Florida
Clio Ozanne-Jaques, Ole Miss
Tori Findley, Missouri
Katie Thronson, Tennessee

All-Freshman Team

Katrina Robinson, Arkansas
Tori Findley, Missouri
Katie Thronson, Tennessee
Reilly Revord, Missouri
Lisa Vogelgesang, Ole Miss
Haley Walker, Vanderbilt
Mikayla Reed, Missouri

2019

First Team

Katie Izzo, Arkansas
Taylor Werner, Arkansas
Joyce Kimeli, Auburn
Carina Viljoen, Arkansas
Devin Clark, Arkansas
Jessica Drop, Georgia
Jessica Pascoe, Florida

Second Team

Samantha Drop, Georgia
Lauren Gregory, Arkansas
Mercy Chelangat, Alabama
Kelsie Warren, Texas A&M
Ashley Driscoll, Texas A&M

Maddy Reed, Arkansas
Victoria Simmons, Ole Miss

All-Freshman Team

Skylar Boogerd, Ole Miss
Ana Wallace, Vanderbilt
Allison Wilson, Alabama
Ginger Murnieks, Missouri
Kaylie Kenne, Kentucky
Quinn Owen, Arkansas
Adoette Vaughan, Arkansas

2020

First Team

Mercy Chelangat, Alabama
Jenna Gearing, Kentucky
Sarah Chapman, Missouri
Lauren Gregory, Arkansas
Esther Gitahi, Alabama
Jami Reed, Alabama
Logan Morris, Arkansas

Second Team

Anna Elkin, Ole Miss
Abby Gray, Arkansas
Taylor Ewert, Arkansas
Krissy Gear, Arkansas
Katy-Ann McDonald, LSU
Grace Jensen, Vanderbilt
Victoria Simmons, Ole Miss

All-Freshman Team

Taylor Ewert, Arkansas
Corie Smith, Arkansas
Vasileia Spyrou, Florida
Tori Herman, Kentucky
Shelby Spoor, LSU
Jenna Schwinghamer, Kentucky
McKenna Revord, Missouri

2021

First Team

Mercy Chelangat, Alabama
Joyce Kimeli, Auburn
Krissy Gear, Arkansas
Parker Valby, Florida
Tori Herman, Kentucky
Sintayehu Vissa, Ole Miss
Flomena Asekol, Alabama

Second Team

Amaris Tynnismaa, Alabama
Sydney Seymour, Tennessee
Isabel Van Camp, Arkansas
Esther Gitahi, Alabama
Lauren Gregory, Arkansas
Perri Bockrath, Kentucky
Ryann Helmers, Ole Miss

All-Freshman Team

Parker Valby, Florida
Carmie Prinsloo, Arkansas
Gemma Goddard, Texas A&M
Stephanie Ormsby, Florida

Lorena Rangel Batres, LSU
Rachel Sutliff, Tennessee
Cameron Fawcett, Vanderbilt
Allison Newman, Missouri



2022 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

SEC Athletes of the Week

2000 - 9/6 - Erin Jones, UG; 9/12 - Brittney Mensen, AR; 9/19 - Lilli Kleinmann, AR; 9/26 - Alicia Weber, UF; 10/3 - Lilli Kleinmann, AR; 10/10 - Aly Mills, UA; 10/17 - Sharon Dickie, UT

2001 - 9/3 - Brooke Novak, UT; 9/10 - Erin Merten, UF; 9/24 - Andreina Byrd, AR; 10/1 - Andreina Byrd, AR; 10/8 - Erin Merten, UF; 10/15 - Alexis Hamblett, AR

2002 - 9/10 - Londa Bevins, AR; 9/17 - Meggan Hodge, MS; 9/24 - Sharon Dickie, UT; 10/1 - Jenny Lake, SC; 10/8 - Andreina Byrd, AR; 10/15 - Lauren Burks, UG; 10/22 - Sharon Dickie, UT

2003 - 9/1 - Alison Zeinner, AR; 9/8 - Maureen Scott, AR; 9/15 - Megan Cauble, UT; 9/22 - Katie Denton, LS; 9/29 - Caitlin Phillips, UK; 10/6 - Tiffany McWilliams, MS; 10/13 - Brooke Novak, UT; 10/20 - Angela Homan, AU

2004 - 9/7 - Allison Grace, UK; 9/13 - Felicia Guliford, UT; 9/20 - Jill Steffens, UG; 9/27 - Angela Homan, AU; 10/5 - Brooke Novak, UT; 10/12 - Jamie Geissler, UF; 10/19 - Angela Homan, AU; 10/26 - Zita Magloire, MS

2005 - 9/7 - Sarah Bowman, UT; 9/13 - Lindsay Sundell, UF; 9/20 - Angela Homan, AU; 9/27 - Kristin Heffelfinger, UG; 10/4 - Katie Flaute, UT; 10/11 - Julia Hicks, UA; 10/18 - Christine Kalmer, AR; 10/25 - Christine Kalmer, AR

2006 - 9/6 - Georganne Way, UK; 9/12 - Christine Kalmer, AR; 9/19 - Lindsay Sundell, UF; 9/26 - Rachael Graham, LS; 10/3 - Danielle Parry, AR; 10/17 - Brittany Sizer, VU; 10/31 - Brooke Upshaw, AR

2007 - 9/5 - Sarah Bowman, UT; 9/11 - Lindsay Sundell, UF; 9/18 - Jessica Ortman, UK; 9/25 - Sarah Bowman, UT; 10/2 - Jacy Krugel, UF; 10/9 - Sarah Madebach, UG
Freshman - 9/5 - Rita Jorgensen, VU; 9/11 - Catherine White, AR; 9/18 - Hayley Moody, UA; 9/25 - Emily Houston, UG; 10/2 - Jillian Rosen, AR; 10/9 - Leah Ryan, UK

2008 - 9/9 - Catherine White, AR; 9/16 - Catherine White, AR; 9/23 - Sara Vaughn, UA; 9/30 - Sara Vaughn, AR; 10/7 - Catherine White, AR; 10/21 - Holly Knight, AU
Freshman - 9/9 - Beatrice Biwott, SC; Samantha Learch, AR; 9/23 - Sara Vaughn, UA; 9/30 - Kelsey Johnson, UA; 10/7 - Genevieve LaCaze, UF; 10/21 - Sara Vaughn, UA

2009 - 9/8 - Miranda Walker, AR; 9/22 - Hollie Knight, AU; 10/6 - Jackie Areson, UT;

10/20 - Stacey Johnson, UF
Freshman - 9/8 - Chelsea Oswald, UK; 9/22 - Alyssa Allison, AR; 10/6 - Cally Macumber, UK; 10/20 - Alyssa Allison, AR

2010 - 9/7 - Kristie Krueger, UG; 9/21 - Miranda Walker, AR; 9/28 - Holly Knight, AU; 10/5 - Charlotte Browning, UF; 10/19 - Kristie Krueger, UG
Freshman - 9/7 - Stephanie Brown, AR; 9/21 - Stephanie Brown, AR; 9/28 - Liz Locke, SC; 10/5 - Stephanie Brown, AR; 10/19 - Liz Anderson, VU

2011 - 9/6 - Jordan White, VU; 9/13 - Elizabeth Briasco, AU; 9/20 - Logan Waites, OM and Brittany Sheffey, UT; 9/27 - Stephanie Brown, AR and Genevieve LaCaze, UF; 10/4 - Logan Waites, OM and Kristen Gillespie, AR; 10/18 - Alexa Rogers, VU.
Freshman - 9/6 - Grace VanDeGrift, UF and Jessica Jackson, AR; 9/13 - Tenley Godfrey, UF; 9/20 - Amira Joseph, VU and Carly Hamilton, UG; 9/27 - Jessica Jackson, AR; 10/4 - Jessica Jackson, AR; 10/18 - Jessica Jackson, AR.

2012 - 9/4 - Julie Macedo, UF; 9/11 - Semehar Tesfaye, AR; 9/18 - Katie Breathitt, UM; 9/25 - Laura Carleton, LS; 10/12 - Cally Macumber, UK; 10/16 - Cally Macumber, UK.
Freshman - 9/4 - Kayla Lampe, SC; 9/11 - Andrina Schlaepfer, AR; 9/18 - Julie Macedo, UF; 9/25 - Mary Kate Ponder, UK; 10/2 - Andrina Schlaepfer, AR; 10/16 - Kayla Lampe, SC and Andrina Schlaepfer, AR.

2013 - 9/3 - Agata Strausa, UF; 9/10 - Stephanie Brown, AR; 9/17 - Cally Macumber, UK; 9/24 - Dominique Scott, AR; 10/1 - Michaela Quinn, UM; 10/8 - Grace Heymsfield, AR; 10/15 - Meredith Mill, SC; 10/22 - Grace Heymsfield, AR.
Freshman - 9/3 - Karlie Garcia, UM; 9/10 - Kaitlyn Fischer, MU; 9/17 - Veronica Eder, AU; 9/24 - Rachel Givens, AU; 10/1 - Michaela Quinn, UM; 10/8 - Sandie Raines, AR and Karis Jochen, AM; 10/15 - Mary Reiser, SC; 10/22 - Michaela Quinn, UM.

2014 - 9/2 - Rhianwedd Price, MS; 9/9 - Dominique Scott, AR; 9/16 - Chelsea Blaase, UT; 9/23 - Dominique Scott, AR; 9/30 - Karis Jochen, AM; 10/7 - Dominique Scott, AR; 10/14 - Haley Deakins, AM; 10/21 - Chelsea Blaase, UT and Dominique Scott, AR.
Freshman - 9/2 - Aundrea Busse, UK; 9/9 - Tayler Tuttle, UG; 9/16 - Tayler Tuttle, UG; 9/23 - Lauren Brasure, UF; 9/30 - Molly McKenna, AU; 10/7 - Lauren Brasure, UF; 10/14 - Monica York, SC; 10/21 - Katy Kunc, UK.

2015 - 9/8 - Rachael Reddy, UA; 9/15 - Devin Clark, AR; 9/22 - Marta Freitas, MS; 9/29 - Karis Jochen, AM; 10/6 - Dominique Scott, AR; 10/20 - Dominique Scott, AR/Karis Jochen, AM

Freshman - 9/8 - Rachael Reddy, UA; 9/15 - Brenda Kigen, AU; 9/22 - Caroline Pietrzyk, VU; 9/29 - Rachael Reddy, UA; 10/6 - Caroline Pietrzyk, VU; 10/20 - Devin Clark, AR

2016 - 9/6 - Karis Jochen, AM; 9/13 - Katy Kunc, UK; 9/20 - Karissa Schweizer, MO; 9/27 - Karis Jochen, AM; 10/4 - Karissa Schweizer, MO; 10.18 - Karissa Schweizer, MO
Freshman - 9/6 - Jessica Drop, UG; 9/13 - Anna Elkin - UM; 9/20 - Taylor Werner, AR; 9/27 - Ashley Driscoll - AM; 10/4 - Jessica Drop, UG; 10/18 - Taylor Werner, AR

2017 - 9/5 - Jessica Drop, UG; 9/12 - Katy Kunc, UK; 9/19 - Karissa Schweizer, MO; 10/3 - Jessica Drop, UG; 10/10 - Lauren Hovis, UG; 10/17 - Karris Schweizer, MO
Freshman - 9/5 - Jenna Lutzow, MO; 9/12 - Abigail Smith, UT; 9/19 - Lauren Gregory, AR; 10/3 - Lauren Gregory, AR; 10/10 - Millie Bergey, UG; 10/17 - Lauren Gregory, AR

2018 - 9/4 - Heather Stone, SC; 9/11 - Ylvi Traxler, UM; 9/18 - Reilly Revord, MO; 9/25 - Jessica Pascoe, UF; 10/2 - Katrina Robinson, AR; 10/16 - Katrina Robinson, AR/Jessica Pascoe, UF.

Freshman - 9/4: Mikayla Reed, MO; 9/11: Katie Thronson, UT; 9/18: Julia Palin, LS; 9/25: Katrina Robinson, AR; 10/2: Katie Thronson, UT; 10/16: Tori Findley, MO

2019 - 9/3: Samantha Drop, UG; 9/17: Jessica Pascoe, UF; 10/2: Taylor Werner, AR/Jessica Pascoe, UF; 10/9: Taylor Werner, AR; 10/22 - Taylor Werner, AR

Freshman - 9/3: Ginger Murnieks, MO/Allison Wilson, UA; 9/17: Jenna Schwartz, MO; 10/1: Jenna Schwartz, MO; 10/9: Allison Wilson, UA; 10/22: Pamela O'Brien, UF

2020 - 9/22: Jami Reed, UA/Taylor Ewert, AR; 10/6: Sarah Chapman, MO/Mercy Chelangat, UA; 10/20: Katie Thronson, UT

Freshman - 9/22: Athena Young, UK; 10/6: Taylor Ewert, AR; 10/20: Vasileia Spyrou, UF

2021 - 9/7 - Lauren Gregory, AR; 9/21 - Skylar Boogerd, UM; 9/28 - Lauren Gregory, AR; 10/5 - Mercy Chelangat, UA; 10/19 - Lauren Gregory, AR

Freshman - 9/7 - Carmie Prinsloo, AR / Gemma Goddard, AM; 9/21 - Addy Stevenson, UM; 9/28 - Maddie Livingston, AM; 10/5 - Carmie Prinsloo, AR; 10/19 - Maddie Livingston, AM