

Championship Schedule

Friday, February 28, 2020

FRIDAY RUNNING EVENTS

Time	Event	
<i>EST 5:15 PM</i>	<i>Women's 800 Meters</i>	<i>Pentathlon</i>
5:20 PM	Men's Mile	Prelim
5:32 PM	Women's Mile	Prelim
5:48 PM	Men's 60 Meters	Prelim
6:02 PM	Women's 60 Meters	Prelim
6:14 PM	Men's 400 Meters	Prelim
6:39 PM	Women's 400 Meters	Prelim
7:04 PM	Men's 60 Meter Hurdles	Prelim
7:13 PM	Women's 60 Meter Hurdles	Prelim
7:24 PM	Men's 800 Meters	Prelim
7:35 PM	Women's 800 Meters	Prelim
7:46 PM	Men's 5000 Meters	Final
8:04 PM	Men's 200 Meters	Prelim
8:24 PM	Women's 5000 Meters	Final
8:44 PM	Women's 200 Meters	Prelim
9:06 PM	Men's Distance Medley Relay	Final
9:21 PM	Women's Distance Medley Relay	Final

FRIDAY FIELD EVENTS

Time	Event	
4:30 PM	Women's Shot Put	Prelim/Final
5:15 PM	Men's Long Jump	Prelim/Final
	Men's Pole Vault	Final
6:55 PM	Women's Long Jump	Prelim/Final
7:05 PM	Men's Shot Put	Prelim/Final

MEN'S HEPTATHLON – DAY 1

Time	Event	
11:45 AM	Men's 60 Meters	Heptathlon
<i>EST 12:30 PM</i>	<i>Men's Long Jump (2 runways)</i>	<i>Heptathlon</i>
<i>EST 1:45 PM</i>	<i>Men's Shot Put (2 rings)</i>	<i>Heptathlon</i>
<i>EST 3:00 PM</i>	<i>Men's High Jump (2 pits)</i>	<i>Heptathlon</i>

WOMEN'S PENTATHLON

Time	Event	
12:00 PM	Women's 60 Meter Hurdles	Pentathlon
<i>EST 12:45 PM</i>	<i>Women's High Jump (2 pits)</i>	<i>Pentathlon</i>
<i>EST 3:00 PM</i>	<i>Women's Shot Put (2 rings)</i>	<i>Pentathlon</i>
<i>EST 4:00 PM</i>	<i>Women's Long Jump (2 runways)</i>	<i>Pentathlon</i>
<i>EST 5:15 PM</i>	<i>Women's 800 Meters</i>	<i>Pentathlon</i>

Saturday, February 29, 2020

SATURDAY RUNNING EVENTS

Time	Event	
<i>EST 4:00 PM</i>	<i>Men's 1000 Meters</i>	<i>Heptathlon</i>
4:10 PM	Men's Mile	Final
4:20 PM	Women's Mile	Final
4:30 PM	Men's 60 Meters	Final
4:35 PM	Women's 60 Meters	Final
4:40 PM	Men's 400 Meters	Final(2 Sec)
4:50 PM	Women's 400 Meters	Final(2 Sec)
5:00 PM	Men's 60 Meter Hurdles	Final
5:07 PM	Women's 60 Meter Hurdles	Final
5:15 PM	Men's 800 Meters	Final
5:22 PM	Women's 800 Meters	Final
5:30 PM	Men's 200 Meters	Final (2 Sec)
5:40 PM	Women's 200 Meters	Final (2 Sec)
5:50 PM	Men's 3000 Meters	Final (2 Sec)
6:15 PM	Women's 3000 Meters	Final (2 Sec)
6:40 PM	Men's 4x400 Meter Relay	Final (3 Sec)
6:55 PM	Women's 4x400 Meter Relay	Final (3 Sec)

SATURDAY FIELD EVENTS

Time	Event	
1:15 PM	Men's High Jump	Final
	Women's High Jump	Final
2:00 PM	Men's Weight Throw	Prelim/Final
3:30 PM	Women's Triple Jump	Prelim/Final
4:00 PM	Women's Pole Vault	Final
4:30 PM	Women's Weight Throw	Prelim/Final
	Men's Triple Jump	Prelim/Final

MEN'S HEPTATHLON – DAY 2

Time	Event	
10:00 AM	Men's 60 Hurdles	Heptathlon
<i>EST 11:00 AM</i>	<i>Men's Pole Vault (2 pits)</i>	<i>Heptathlon</i>
<i>EST 4:00 PM</i>	<i>Men's 1000 Meters</i>	<i>Heptathlon</i>