



2020 SEC INDOOR TRACK & FIELD CHAMPIONSHIPS

March 28 & 29 - College Station, Texas - Gilliam Indoor Track Stadium

Friday Quotes

Tyra Gittens (Texas A&M), Women's Pentathlon

"I'm amazed. I came in today and just wanted to make sure I was consistent through all of my events. I wasn't expecting to win, but I knew once everything came together I could put on a good score. That's exactly what happened today. Even though I expected a little more out of three of my events, everything else was consistent. I'm just so happy that I was able to provide that win for my team, because every point counts."

Latavia Maines (Tennessee), Women's Shot Put

"I was just focused on staying calm, cool and collected, while being confident at the same time."

Carey McLeod (Tennessee), Men's Long Jump

"This builds my confidence a lot. It's been a long time coming, and I'm so happy. I thank God for helping me with this and the battles that I have been facing all season. It's a really great feeling."

Mathew Peare (Kentucky), Men's Pole Vault

"The game plan was definitely to try to get to 5.51 meters. We didn't really worry about rank or anything. I just tried to get myself to 5.51, so I took it one bar at a time as I tried to get there."

Deborah Acquah (Texas A&M), Women's Long Jump

"I woke up this morning with a mindset that I was going to win. That was my focus. I wasn't necessarily planning on jumping my best, but I wanted to win. If we win, it contributes points to our team. That was my main focus."

Joseph Maxwell (Tennessee), Men's Shot Put

"It just comes down to staying focused on what I personally need to do. There's a couple of technical queues that are really simple for me to execute. It's just staying focused on those, and not worrying about what's going on in the track. I stay locked in on what I'm trying to do."

Emmanuel Cheboson (Arkansas), Men's 5,000 Meters

"I'm so excited. I had to run at a 65-second pace. That was my plan."

On running in the 3,000m tomorrow...

"In the 3K I'll try it again. Everyone I've raced will probably be there again. I'll see what happens."

Katie Izzo (Arkansas), Women's 5,000 Meters

"This is my first SEC indoor championship. I definitely had a lot of fun, and I'm really excited to get the win. I was trying to get as many points as possible to carry on the tradition of Arkansas sweeping the SEC's. It felt really good to be a part of that. I was very excited for this race. I was a little nervous, but more excitement."

Nick Moulai (Ole Miss), Men's Distance Medley Relay

"Our plan of attack was to just get out there hard, feel it out for the first 800 meters, give over the stick in the last four and hopefully pass the stick first. Luckily, we were able to do that. It was huge to get a bit of a gap on Arkansas, because that gap made the job easier for Waleed Suliman."

Magee Burks (Arkansas), Women's Distance Medley Relay

"I think it's really important to get this win for our school. We know Arkansas is banking a lot on most of our distance races to carry a heavy load during these SEC Championships. I think this really contributed to that. This win put our names up on the scoreboard and help us out heading into tomorrow."