

CROSS COUNTRY CONTACTS

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SEC CROSS COUNTRY CHAMPIONSHIPS SET FOR FRIDAY

The Southeastern Conference and LSU will serve as host of the 2020 SEC Cross Country Championships Friday at the University Club in Baton Rouge, La. The meet will be televised live on the SEC Network.

The women's 6K race is scheduled for a 9:05 a.m. CT start, while the men's 8K race will begin at 10 a.m. CT. An awards ceremony will follow the men's race. Admission to the 2020 SEC Cross Country Championships is free and open to the public. All fans in attendance will be required to wear face masks, and physical distancing will be mandatory. This marks the fourth time LSU has served as host of the SEC Cross Country Championships and the first time since 2006.

In the most recent national rankings, six SEC women's teams were ranked among the top-15: No. 1 Arkansas, No. 5 Ole Miss, No. 11 Kentucky, No. 13 Missouri and No. 14 Tennessee. Four SEC men's teams are ranked: No. 4 Arkansas, No. 5 Ole Miss, No. 12 Kentucky and No. 13 Tennessee.

Ole Miss has won the last two SEC men's titles, while Arkansas has won each of the last seven women's crowns. Arkansas and Tennessee lead the way with 25 all-time SEC men's cross country championships, while Arkansas has 20 women's titles to lead all teams.

Coverage of the SEC Cross Country Championships begins at 9 a.m. CT on the SEC Network. Official results will be available at <https://live.pttiming.com>.



SEC CHAMPIONSHIPS MEET CENTRAL

Meet: 2020 SEC Cross Country Championships

Site: Baton Rouge, La.

Venue: University Club

Dates: Friday, October 30, 2020

Results: www.pttiming.com

Live Broadcast: SEC Network

2020 HONORS AND AWARDS

SEC Men's Runner of the Week

Matt Duvall, Kentucky (Sept. 22)
 Mario Garcia Romo, Ole Miss (Sept. 22)
 Waleed Suliman, Ole Miss (Oct. 6)
 Amon Kemboi, Arkansas (Oct. 20)

SEC Men's Freshman of the Week

William Sinclair, Missouri (Sept. 22)
 Matt Duvall, Kentucky (Oct. 6)
 Jonah Mitchell, Kentucky (Oct. 20)

SEC Women's Runner of the Week

Jami Reed, Alabama (Sept. 22)
 Taylor Ewert, Arkansas (Sept. 22)
 Sarah Chapman, Missouri (Oct. 6)
 Mercy Chelangat, Alabama (Oct. 6)
 Katie Thronson, Tennessee (Oct. 20)

SEC Women's Freshman of the Week

Athena Young, Kentucky (Sept. 22)
 Taylor Ewert, Arkansas (Oct. 6)
 Vasileia Spyrou, Florida (Oct. 20)



2020 SEC Cross Country | SEC Championships

» Arkansas Predicted To Win SEC Cross Country Titles

The Arkansas men's and women's cross country teams have been predicted to claim the 2020 Southeastern Conference Cross Country Championships, as decided by a vote of the league's head coaches.

Points for the men's poll were awarded on a 1-2-3-4-5-6-7-8-9-10-11 basis, while the women's poll was awarded on a 1-2-3-4-5-6-7-8-9-10-11-12-13 basis. Coaches were not permitted to vote for their own teams.

The Arkansas men garnered nine first place votes. The Razorbacks finished third in the SEC Championship a year ago, while Ole Miss has won the last two SEC men's cross country titles.

The Arkansas women, who have won seven consecutive SEC Cross Country Championships, received 13 first place votes. The Razorbacks won the NCAA title a year ago.

The 2020 SEC Cross Country Championships are slated to take place Friday, Oct. 30 in Baton Rouge, La.

| Men | | | Women | | |
|------|--------------|--------|-------|-------------------|--------|
| Rank | Team | Points | Rank | Team | Points |
| 1. | Arkansas (9) | 13 | 1. | Arkansas (13) | 13 |
| 2. | Ole Miss (3) | 20 | 2. | Ole Miss (1) | 31 |
| 3. | Alabama | 37 | 3. | Alabama | 53 |
| 4. | Missouri | 50 | 4. | Missouri | 58 |
| 5. | Texas A&M | 51 | T5. | Florida | 63 |
| 6. | Kentucky | 52 | T5. | Tennessee | 63 |
| 7. | Florida | 71 | 7. | Kentucky | 88 |
| 8. | Tennessee | 79 | 8. | Vanderbilt | 96 |
| 9. | LSU | 94 | 9. | Georgia | 107 |
| 10. | Georgia | 97 | 10. | Texas A&M | 118 |
| 11. | Vanderbilt | 111 | 11. | Auburn | 123 |
| 12. | Auburn | 117 | 12. | LSU | 141 |
| | | | 13. | Mississippi State | 154 |
| | | | 14. | South Carolina | 166 |

» 2019 SEC Cross Country Championship Results (Lexington, Ky.)

Men's Team Results:

1. Ole Miss (35); 2. Alabama (90); 3. Arkansas (121); 4. Kentucky (124); 5. Texas A&M (141); 6. Florida (160); 7. Missouri (162); 8. LSU (220); 9. Tennessee (221); 10. Vanderbilt (239); 11. Georgia (261); 12. Auburn (269)

Women's Team Results:

1. Arkansas (21); 2. Ole Miss (93); 3. Missouri (159); 4. Tennessee (170); 5. Alabama (171); 6. Vanderbilt (176); 7. Kentucky (179); 8. Georgia (184); 9. Texas A&M (189); 10. Auburn (229); 11. Florida (243); 12. Mississippi State (336); 13. LSU (349); 14. South Carolina (367).

» SEC in the NCAA: Cross Country History

- The SEC has won eight NCAA Men's Cross Country Championships, with Arkansas claiming seven and Tennessee winning one. The last SEC NCAA Championship came in 2000, with Arkansas winning its third consecutive.
- The SEC has won two NCAA Women's Cross Country Championships with Kentucky winning the title in 1988 and Arkansas in 2019.
- The SEC boasts two NCAA Men's Cross Country individual titles, as Godfrey Siamusiye of Arkansas won back-to-back national crowns in 1995 and 1996.
- Missouri's Karrisa Schweizer won the SEC's first women's NCAA cross country title in 2016.

SEC's NCAA Cross Country Team Championships

| Men | Women |
|------------------|-----------------|
| 1972 - Tennessee | 1988 - Kentucky |
| 1991 - Arkansas | 2019 - Arkansas |
| 1992 - Arkansas | |
| 1993 - Arkansas | |
| 1995 - Arkansas | |
| 1998 - Arkansas | |
| 1999 - Arkansas | |
| 2000 - Arkansas | |

SEC's NCAA Cross Country Individual Champions

Men
 1995 - Godfrey Siamusiye, Arkansas
 1996 - Godfrey Siamusiye, Arkansas

Women
 2016 - Karrisa Schweizer, Missouri

» About the SEC

- Since its formation in 1933, the SEC has directed and organized interscholastic athletic competitions, conducted tournaments and prescribed eligibility rules for student-athletes. The Conference also facilitates and assists its member institutions in maintaining intercollegiate athletic programs compatible with the highest standards of education and competitive sports.
- The Southeastern Conference crowns champions in 21 sports - 12 women's sports and nine men's sports. They include baseball, men's and women's basketball, men's and women's cross country, equestrian, football, men's and women's golf, gymnastics, soccer, softball, men's and women's swimming and diving, men's and women's tennis, men's and women's indoor and outdoor track and field, and volleyball.
- In the fall of 2012, the University of Missouri and Texas A&M University became the 13th and 14th members of the Southeastern Conference. It marked the first expansion for the SEC since 1991 and the second-ever increase for the league since its founding in 1933.
- The SEC's mission statement reflects the priorities of the league. "The purpose of the Southeastern Conference is to assist its member institutions in the maintenance of programs of intercollegiate athletics which are compatible with the highest standards of education and competitive sports."



2020 SEC Cross Country | SEC Championships

» Men's statistical leaders

6,000-Meter Run

| Name | Class | School | Date | Site | Time |
|--------------------|-------|-----------|------------|------------------------------------|----------|
| Mario Garcia Romo | Jr. | Ole Miss | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:23.30 |
| Emmanuel Cheboston | Jr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:24.90 |
| Jacob McLeod | Jr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:26.30 |
| Waleed Suliman | Sr. | Ole Miss | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:27.90 |
| Cole Bullock | So. | Ole Miss | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:32.30 |
| Eric Casarez | So. | Texas A&M | 09/19/2020 | SEC Preview Meet - Baton Rouge, LA | 17:34.50 |
| Gilbert Boit | Sr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:42.90 |
| Andrew Kibet | Jr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:47.80 |
| Matt Young | Sr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:52.80 |
| Luke Meade | Sr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:57.00 |
| Myles Richter | So. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 18:01.00 |
| Michael Coccia | Sr. | Ole Miss | 09/19/2020 | SEC Preview - Baton Rouge, La. | 18:03.50 |
| Dalton Hengst | Jr. | Ole Miss | 09/19/2020 | SEC Preview - Baton Rouge, La. | 18:10.50 |
| Josh Shearer | So. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 18:12.70 |
| Ben Savino | Jr. | Ole Miss | 09/19/2020 | SEC Preview - Baton Rouge, La. | 18:16.90 |
| Teddy Radtke | Fr. | Texas A&M | 09/19/2020 | SEC Preview Meet - Baton Rouge, LA | 18:26.30 |
| Tommy Romanow | Fr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 18:26.70 |
| John Rivera Jr. | Jr. | Ole Miss | 09/19/2020 | SEC Preview - Baton Rouge, La. | 18:34.10 |
| Cooper Cawthra | Fr. | Texas A&M | 09/19/2020 | SEC Preview Meet - Baton Rouge, LA | 18:35.10 |
| Tyler Moore | Jr. | Ole Miss | 09/19/2020 | SEC Preview - Baton Rouge, La. | 18:36.40 |

8,000-Meter Run

| Name | Class | School | Date | Site | Time |
|--------------------|-------|------------|------------|---|----------|
| Amon Kemboi | Sr. | Arkansas | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 23:25.46 |
| Mario Garcia Romo | Jr. | Ole Miss | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 23:25.75 |
| Cole Bullock | So. | Ole Miss | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 23:26.00 |
| Emmanuel Cheboston | Jr. | Arkansas | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 23:26.15 |
| Waleed Suliman | Sr. | Ole Miss | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 23:30.39 |
| Luke Meade | Sr. | Arkansas | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 23:35.53 |
| Andrew Kibet | Jr. | Arkansas | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 23:37.60 |
| Gilbert Boit | Sr. | Arkansas | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 23:38.60 |
| Matt Young | Sr. | Arkansas | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 23:40.59 |
| Jacob McLeod | Jr. | Arkansas | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 23:50.33 |
| Matt Duvall | Fr. | Kentucky | 10/03/2020 | "Live at Lou" Classic - Louisville, Ky. | 23:51.00 |
| Kieran Wood | Sr. | Missouri | 10/03/2020 | Gans Creek Classic - Columbia, Mo. | 23:54.50 |
| Trevor Foley | Jr. | Florida | 10/16/2020 | Blazer Classic - Birmingham, Alabama | 24:02.21 |
| Matthew Estopinal | Jr. | Vanderbilt | 10/03/2020 | Gans Creek Classic - Columbia, Mo. | 24:05.60 |
| Sam Bowers | So. | Georgia | 10/02/2020 | Florida State Invitational - Tallahassee, Fla. | 24:07.40 |
| Nicholas Laning | Jr. | Vanderbilt | 10/03/2020 | Gans Creek Classic - Columbia, Mo. | 24:09.00 |
| Dylan Allen | So. | Kentucky | 10/03/2020 | "Live at Lou" Classic - Louisville, Ky. | 24:09.60 |
| Michael Coccia | Sr. | Ole Miss | 10/03/2020 | Greater Louisville Classic - Louisville, Ky. | 24:10.00 |
| Dalton Hengst | Jr. | Ole Miss | 10/03/2020 | Greater Louisville Classic - Louisville, Ky. | 24:12.90 |
| Cooper Cawthra | Fr. | Texas A&M | 10/17/2020 | Arturo Barrios Invitational - College Station, TX | 24:13.10 |



2020 SEC Cross Country | SEC Championships

» Women's statistical leaders

5,000 Meter Run

| Name | Class | School | Date | Site | Time |
|--------------------|-------|-------------------|------------|--|----------|
| Mercy Chelangat | So. | Alabama | 10/02/2020 | Florida State Invitational - Tallahassee, Fla. | 16:50.30 |
| Jenna Gearing | Sr. | Kentucky | 10/03/2020 | "Live at Lou" Classic - Louisville, Ky. | 16:51.40 |
| Taylor Ewert | Fr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 16:53.70 |
| Abby Gray | Sr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 16:55.20 |
| Jami Reed | Fr. | Alabama | 10/02/2020 | Florida State Invitational - Tallahassee, Fla. | 16:55.30 |
| Anna Elkin | Sr. | Ole Miss | 10/03/2020 | Greater Louisville Classic - Louisville, Ky. | 17:00.40 |
| Logan Morris | Sr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:02.80 |
| Lauren Gregory | Sr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:07.60 |
| Samantha Drop | Sr. | Georgia | 10/02/2020 | Florida State Invitational - Tallahassee, Fla. | 17:08.50 |
| Skylar Boogerd | So. | Ole Miss | 10/03/2020 | Greater Louisville Classic - Louisville, Ky. | 17:09.00 |
| Vasileia Spyrou | Fr. | Florida | 10/02/2020 | FSU XC Invitational - Tallahassee, Florida | 17:12.50 |
| Victoria Simmons | Sr. | Ole Miss | 10/03/2020 | Greater Louisville Classic - Louisville, Ky. | 17:12.80 |
| Corie Smith | Fr. | Arkansas | 09/19/2020 | SEC Preview - Baton Rouge, La. | 17:13.30 |
| Sylvia Russell | Sr. | Mississippi State | 10/02/2020 | FSU Invite - Tallahassee, Fla. | 17:13.60 |
| Kaylie Kenne | So. | Kentucky | 10/03/2020 | "Live at Lou" Classic - Louisville, Ky. | 17:13.70 |
| Esther Gitahi | Sr. | Alabama | 10/02/2020 | Florida State Invitational - Tallahassee, Fla. | 17:14.30 |
| Tori Herman | Fr. | Kentucky | 10/03/2020 | "Live at Lou" Classic - Louisville, Ky. | 17:24.00 |
| Clio Ozanne-Jaques | Jr. | Ole Miss | 10/03/2020 | Greater Louisville Classic - Louisville, Ky. | 17:24.30 |
| Ryann Helmers | So. | Ole Miss | 10/03/2020 | Greater Louisville Classic - Louisville, Ky. | 17:24.30 |
| Emma McClellan | Sr. | Ole Miss | 10/03/2020 | Greater Louisville Classic - Louisville, Ky. | 17:26.70 |

6,000 Meter Run

| Name | Class | School | Date | Site | Time |
|------------------|-------|----------|------------|--|----------|
| Abby Zane | Jr. | Auburn | 10/02/2020 | FSU Invitational - Tallahassee, Fla. | 17:52.90 |
| Samantha Rogers | Fr. | Auburn | 10/02/2020 | FSU Invitational - Tallahassee, Fla. | 18:31.40 |
| Presley Weems | Sr. | Auburn | 10/02/2020 | FSU Invitational - Tallahassee, Fla. | 18:35.90 |
| Sara Pacer | So. | Auburn | 10/02/2020 | FSU Invitational - Tallahassee, Fla. | 18:38.90 |
| GiGi Maddox | Jr. | Auburn | 10/02/2020 | FSU Invitational - Tallahassee, Fla. | 18:46.80 |
| Hannah Tarwater | Jr. | Auburn | 10/02/2020 | FSU Invitational - Tallahassee, Fla. | 18:56.40 |
| Mercy Kiprof | Sr. | Auburn | 10/02/2020 | FSU Invitational - Tallahassee, Fla. | 19:08.90 |
| Sarah Chapman | Sr. | Missouri | 10/03/2020 | Gans Creek Classic - Columbia, Mo. | 20:01.10 |
| Lauren Gregory | Sr. | Arkansas | 10/03/2020 | Gans Creek Classic - Columbia, Mo. | 20:06.20 |
| Krissy Gear | Sr. | Arkansas | 10/03/2020 | Gans Creek Classic - Columbia, Mo. | 20:07.10 |
| Taylor Ewert | Fr. | Arkansas | 10/03/2020 | Gans Creek Classic - Columbia, Mo. | 20:15.10 |
| Jenna Gearing | Sr. | Kentucky | 10/16/2020 | UAB Blazer Classic - Veterans Park, Hoover, Ala. | 20:16.46 |
| Abby Gray | Sr. | Arkansas | 10/03/2020 | Gans Creek Classic - Columbia, Mo. | 20:20.50 |
| Logan Morris | Sr. | Arkansas | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 20:25.08 |
| Corie Smith | Fr. | Arkansas | 10/03/2020 | Gans Creek Classic - Columbia, Mo. | 20:25.10 |
| Vasileia Spyrou | Fr. | Florida | 10/16/2020 | Blazer Classic - Birmingham, Alabama | 20:28.45 |
| Anna Elkin | Sr. | Ole Miss | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 20:32.21 |
| Isabel Van Camp | So. | Arkansas | 10/03/2020 | Gans Creek Classic - Columbia, Mo. | 20:32.80 |
| Kennedy Thomson | Sr. | Arkansas | 10/03/2020 | Gans Creek Classic - Columbia, Mo. | 20:40.50 |
| Victoria Simmons | Sr. | Ole Miss | 10/16/2020 | UAB Blazer Classic - Birmingham, Ala. | 20:41.34 |

