



2018 SEC Football Media Days Kentucky Player Quotes Monday, July 16

Sophomore Running Back Benny Snell, Jr.

On the greatest impact of his career...

“Right now the top two are my mom and Coach [Eddie] Gran. My mom has been with me every step of the way. She is the love of my life, and there is a time I need to repay her for everything she has done for me. Coach Gran has helped me come into who I am as a running back. When I was coming right out of high school and coming into college, Coach Gran put me under his wing and formed me into what I am today. I am so happy for those two people in my life.”

On who the best running back is and thoughts on passing more...

“I do think I'm the best this year. I have a very close relationship with my running back coach on and off the field. Passing and catching the ball in the backfield is something that I will be picking up on as well as correcting my pass blocking. I think this will make my aspects other than running the ball much better.”

On how has Kavosiey Smoke has progressed so far...

“I have seen a lot from Little Smokey [Smoke]. He does a great job – he is a very quick learner. I'm trying to get into the film room with him to help pick some plays. I have seen him running the ball a little more, and he's starting to get a hang of things. He is going to be a very valuable player to us.”

On the keys to navigating SEC Media Days...

“Being myself always. I always, ever since I've gotten here, have wanted to be here. It's such an honor to be here for my team. I am just here having fun and learning.”

On what separates him from other running backs in the league...

“For me, my running game is very strong. I always try to make myself as good as I can off the field, whether its film, practice, or more reps. What separates myself from other running backs is that I am very durable. I can get 200+ carries and still be okay for the rest of season without any injury. In the beginning of the season, I broke my rib during a game. I came in at halftime and ended up going back in, scored and finished the game as well as the rest of the season. Whether it's nagging injury, I'm in the training room and I'm going to get it fixed. Whether it's something to do with pain tolerance, I'm going to play through it. I'm playing through everything. Running backs I look up to, I love Ezekiel Elliott. I think Adrian Peterson is the best running back of all time just because how explosive of a runner he was and his ability to pass protect for he line. Those are the great running backs I try to model my game after.”