

2018
GYMNASTICS



MEET MANUAL



**Chaifetz Arena
St. Louis, Missouri**

SECSports.com

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WELCOME LETTER



Welcome to the 2018 Southeastern Conference Gymnastics Championship!

We are excited to host your team in St. Louis, Missouri at Chaifetz Arena. This important day of competition is the climax of the regular-season, and will lead to the crowning of an SEC meet champion. It just means more to have our SEC family meet, perform and compete as the best Conference in the country.

Throughout the past year, with help and support from the St. Louis Sports Council, we worked to organize a first-class championship experience for our student-athletes, coaches and fans. This tournament manual provides specific information to assist in your tournament preparations. If you have any questions regarding the content, please contact the appropriate member of the SEC staff at any time. We are here to ensure you have everything you need for your stay in St. Louis.

In order to further improve our long-term approach for this event, we welcome your comments and suggestions regarding the tournament experience.

On behalf of the Southeastern Conference and the many fans who follow us all year long, congratulations on a fantastic regular season! We wish you success this week and in the weeks to come.

Sincerely,

A handwritten signature in black ink, appearing to read "Greg Sankey".

Greg Sankey
Commissioner

A handwritten signature in black ink, appearing to read "Tiffany Daniels".

Tiffany Daniels
Meet Director



CONTACT DIRECTORY

Southeastern Conference (205) 458-3000 (Main)

2201 Richard Arrington Blvd. N (205) 458-3031 (Administrative Fax)
Birmingham, AL 35203-1103

SEC Staff

Greg Sankey
Tiffany Daniels
Ben Beaty
Kory Dahlen
John Gibson
Jake Jordan
Donna Moore
BC Romano
Jill Skotarczak
Mike Mims
Lauren Taylor
Meredith Branch

Title/Role

Commissioner
Meet Director
Communications
Meet Operations
Meet Operations
ATI
Operations Assistant
Game Presentation Coordinator
Communications Director
Ticket Director
Marketing Director
Operations

Cell Phone

E-mail

(404) 771-0579 tdaniels@sec.org
(205) 441-7631 bbeaty@sec.org
(337) 912-2103 kdahlen@sec.org
(205) 317-4404 jgibson@sec.org
(205) 903-8496
(205) 948-7897 dmoore@sec.org
(205) 586-4466 bcromano@sec.org
(732) 306-7344 jskotarczak@sec.org
(803) 316-5321 mmims@sec.org
(205) 470-4073 ltaylor@sec.org
(334) 524-9369 mbranch@sec.org

Chaifetz Arena

Chaifetz Arena
1 S Compton Ave.
St. Louis, MO 63103

Jeremy Huelsing
Michael Kremer
Jessica Beckmann
Ashley Frank
Danny Anderton

General Manager
Director of Operations
Event Manager
Ticketing Operations
Catering

jhuelsi1@slu.edu
mkremer2@slu.edu
jbeckmann@slu.edu
philipsar@slu.edu
danderto@delawarenorth.com

St. Louis Sports Commission

Chris Roseman
Amanda Lutz
Coeli O'Connel
Tim Ryan
Brent Shulman
Kyle Stegeman
Emily Thompson

Event Director
Volunteers/Staffing
Event Marketing/Presentation
Event Operations
Media Relations/Communications
Event Operations/Team Services
Tickets

croseman@stlsports.org
alutz@stlsports.org
coconnell@stlsports.org
tryan@stlsports.org
bshulman@stlsports.org
kstegeman@stlsports.org
ethompson@stlsports.org



GENERAL ADMINISTRATION

Administrative Conference Call: An administrative tournament conference call is scheduled for Monday, March 19th at 10:00 AM CST/11:00 AM EST to discuss all items relevant to the meet. The Director of Operations and Sports Information contact should be on the call.

Call-in number is (866) 891-0756 and the pass code is 3286188280.

Administrative Personnel: The Commissioner and Conference office staff are responsible for all administrative, marketing and operational details of the tournament.

Greg Sankey	Commissioner
Tiffany Daniels	Associate Commissioner
Jill Skotarczak	Communications
Mike Mims	Admissions
Lauren Taylor	Marketing

Awards and Closing Ceremony: There will not be a march-in for the closing ceremony. Seeds 1-4 will already be in the competition area, will proceed to the floor exercise following Session #2. Seeds 5-8 will also proceed to the floor exercise following Session #2. Flowers will be provided for the top six finishers in each of the four events, for the top six finishers in the all-around and for the All-SEC team. The Conference office will provide medallions for the top three finishers in each of the four events and for the top three finishers in the all-around. Medallions will be shipped after the event.

Bag Policy: Clear bags no larger than 12" x 6 " x 12" and small clutch purses/bags no larger than 4.5" x 6.5" shall be the only bags permitted in the arena. See <http://www.secsports.com/article/14211655/sec-enhances-security-championship> for information on this policy.

Bands, Banners, Mascots and Cheerleaders: Bands, cheerleaders and mascots are not permitted at the SEC Championship. Only SEC approved banners may be displayed.

Coaches Meeting: There will be a pre-meet coaches meeting in conjunction with the championship. The meeting will begin promptly at 11:45 a.m. (CT), Friday, March 23, and will be held in the Lorenzini's Hospitality Room at Chaifetz Arena ([Appendix D](#)) located on the floor level of the arena. Lunch will be provided. Coaches will review and sign their respective eligibility lists. The meet referee and television liaison will be at the meeting to discuss the championship and answer any questions.

Dates and Sites: The championship shall be conducted two weeks before the NCAA regional qualifying meets. The 2018 NCAA Championship will be held April 20-21, 2018 at the Chaifetz Arena in St. Louis, Missouri. The dates and locations for future years are as follows:

2019	March 23	New Orleans, LA (Smoothie King Center)
2020	March 21	Duluth, GA (Infinite Energy Arena)
2021	March 20	Birmingham, AL (Legacy Arena)

Emergency Procedures: The SEC reviews, with local police and the arena management, procedures for circumstances requiring emergency evacuation of the facility.

Interruption of Meet If the meet is interrupted because of events beyond the control of the SEC, it shall be continued from the point of interruption at a time determined by the Commissioner or his representative(s). The following procedures shall be in effect in the event of an interruption:

1. **Official Scorer:** Ensure the score and scoring software are accurately recorded.
2. **Judges:** Note the exact situation when the meet was halted. The judges shall report to the head judge.
3. **Communications** The facility general manager and event coordinator must proceed immediately to the Meet Director. Spectators should be kept informed of the conditions by the public address announcer, if possible. Teams and meet officials must be kept informed throughout the delay.



4. **Meeting:** If necessary, the Commissioner or his representative(s), SEC event management staff, general manager and the athletic directors or his designee of the competing institutions should assemble in the Arena Command Center, located in SEC Headquarters.
5. **Normal Conditions:** The Commissioner or his representative(s) shall decide when conditions have returned to normal.
6. **Spokesperson:** The Commissioner, working with the arena management and city, county, state and federal law enforcement agencies, serves as spokesperson in the event of an emergency.

Equipment: The same equipment policies adopted for NCAA Championships will apply to the SEC Championship. In addition, a podium will be utilized for the SEC Championship. Ample landing area must be provided at each event station and a spring floor must be provided for the floor exercise event. Each institution may bring its own vaulting board(s). It will be the responsibility of the equipment chair designated by the head coaches to work with the equipment company to ensure the equipment meets the specifications for the championship. John Carney from the University of Missouri will serve as the equipment chair for the 2018 SEC Championship ([Appendix F](#)).

Flash Photography: No flash cameras will be allowed by the media, meet photographer, or anyone else during any part of the competition. House strobe lights may not be used.

Format: The one-day format shall include team and all-around competition. The rotations will be set up in two sessions. Seeds 5-8, based on final RQS rankings, will compete beginning at 2:00 p.m. CT. Seeds 1-4 will compete beginning at 6:00 p.m. CT.

Hospitality Rooms: A hospitality room for institutional personnel, VIP and media will be available on Saturday and will be located in the Lorenzini's Hospitality Room on the Floor Level. Entry to the hospitality area is permitted to those with appropriate credentials. Each team locker room will contain appropriate snacks for student-athletes on Friday and Saturday.

Hotel Accommodations: Each institution is responsible for making its own hotel reservations and any special arrangements for meeting rooms, meals, and other functions.

Impermissible Items: The arena management is responsible for enforcing the SEC's policies in this area. Patrons shall be encouraged to return impermissible items to their automobiles when applicable. Prohibited items include, but are not limited to, the following:

1. Tobacco products of any kind, including smoking, chewing and electronic;
2. Video equipment brought into the arena by a ticketed patron;
3. Noisemakers of any types;
4. Intoxicants are strictly prohibited and will be confiscated;
5. Containers, including coolers, thermos jugs, squeeze bottles, etc.;
6. Signs, flags and banners (unless items can be held by one individual, reflect good sportsmanship and do not block the view of other ticket patrons); in no case may a sign, flag or banner be affixed to any structural area of the arena;
7. Promotional items (e.g., cups, shakers, flags, etc.) with commercial slogans or identification without the permission of the SEC (items such as newspapers, handbills, flyers, memorabilia, promotional materials, etc., may not be distributed anywhere on arena property);
8. Radios without earphones; a person listening to a radio MUST use earphones when listening in order to not disturb surrounding patrons;
9. Physical distraction device or laser devices;
10. Clear Bags larger than 12" x 6" x 12" and non-clear purses/bags larger than 4.5" x 6.5"; all bags are subject to search; and
11. Cameras with lenses longer than four inches.
12. Items (e.g., hats, necklaces) that contain flashing or static lights.



Judges: There shall be 16 judges, a meet referee and an alternate (18 total). The selection and assignment of judges (including alternates) will be done via the NAWGJ (National Association of Women's Gymnastics Judges) system. Arrangements for lodging and travel shall be made by the meet director. Designation of event assignments will be made by the meet referee. An alternate judge will be secured in the event of an emergency. The alternate judge will not be included in the official count of 16. This judge, if not used as an official, will serve at the scorer's table or in any other official capacity. This judge will monitor music levels in the floor exercise event and may request the volume level be lowered at any time during the competition.

Contract. The Conference office will contract the meet officials.

Fees/Expenses. The Conference office will set fees.

Rating Requirements. It is recommended that all judges be national level or higher.

Uniforms. All judges will be required to wear the NAWGJ uniform. The scorer's table will be designated in a distinctive manner and scorers shall wear distinctive shirts or jackets to facilitate identification. There shall be no ornamentation in front of the scorer's table other than the Conference banner. Seating at the scorers' table is restricted to the official scorers, timer, tabulators, television liaison, SEC staff liaison, and alternate official.

Locker Rooms: Locker rooms will be provided for each team competing at the championship site. The locker rooms will be assigned based on seeding. Each locker room will be identified with the name of the institution assigned to it. Teams competing in the first session of the practice and competition will drop all team bags in the appropriate drop room assigned to their team before the practice and competition starts. Security personnel will manage the access to locker rooms. Each team locker room and bag drop room will contain appropriate snacks for student-athletes on Friday and Saturday. In addition, one male coaches' locker room will be designated.

Media Credentials: All requests for media credentials must be made via the SEC's online credentialing site, www.secsportsmedia.com/SECCredentials. Any questions can be directed to Jill Skotarczak, Communications Director with the Southeastern Conference, via email at jskotarczak@sec.org or by phone at (205) 458-3000.

Medical/Training Room: ATI will provide trainers throughout the championship and they will provide taping and treatment for all teams. Each institution should bring its own supplies. Jake Jordan is the contact at ATI and he may be contacted via email at JORDANL@mtnbrook.k12.al.us or by phone at (205) 903-8496. A physician will be on site during the competition and on-call during the practice day. Additionally, an on-site X-ray and an ambulance will be on site during the practice day and competition day.

Merchandise The Southeastern Conference retains the exclusive right to sell souvenir products at the championship. The Fanatics Retail Group will manage all souvenir sales. For more information, contact Jean Darrah via email at jdarrah@fanatics.com or by phone at (440) 858-5180.

Official Scoring: Beaver Creek Software will manage the official scoring of the meet.

Parking: Reserved parking for institutional personnel, SEC representatives, officials, and event staff will be distributed in the team packets. The Team Entrance is located at the loading dock area, on S Compton Ave. ([Appendix C](#)).

Phone Lines/ Internet: High-speed wireless internet access will be available free of charge both on press row and in the media room. To order additional phone or internet hard lines / ethernet for private use floorside or for radio broadcasts, contact Jessica Beckmann with Chaifetz Arena by phone at (314) 977-5000 or via email at jbeckmann@slu.edu.

Player-Guest Gate: The player-guest gate is located at the main entrance, located at Gate A off of Laclede Ave. Each institution is responsible for providing a representative to distribute player-guest tickets and that individual should report to the player-guest entrance 15 minutes prior to gates opening. It is necessary for each institution to provide a representative at the player-guest entrance for the duration



of the championship for both sessions. The player-guest gate will open with the regular public gates at 12:00 Noon (CT).

Podium Protocol: The NCAA Podium Protocol will be used for the 2018 SEC Gymnastics Championships. The Podium Protocol can be found in [Appendix G](#).

Post-Meet Highlights: Championship highlights will be available through XOS Technologies and the SEC's ftp download service shortly following the conclusion of the championship. For more information regarding post-meet highlights, please contact Jill Skotarczak at the Southeastern Conference.

Practice Session: There will be two practice sessions, both open to the public, on Friday, March 23 consisting of 20-minute rotations. The first session will begin at 1 p.m. and the second session will begin at 3:05 p.m.

The practice schedule for Friday, March 23 can be found in [Appendix A](#).

The head referee will be available on the floor for questions at 11 a.m., Friday, March 23, prior to the mandatory coaches meeting which begins at 11:45 a.m. (CT).

Public Address Announcements: Running team scores will be announced after each rotation, including going into the final rotation. No personal accolades will be announced before any gymnast begins her performance. During the opening ceremony, only the teams will be introduced, not by individual athletes' names. Judges will NOT be introduced.

Rotation Order: Rotations will be based on seeding from the RQS rankings. The rotation will be in Olympic order (vault, bars, beam, floor). Teams will select their starting event based upon their SEC Championship meet seed, beginning with seed # 1.

Schedule: The schedule on the day of competition can be found in [Appendix A](#).

Seeding: Seeding is based on final regular season RQS and will be announced on Monday, March 19. The rotation will be in Olympic order (bye, vault, bye, bars, beam, bye, floor). Teams will select their starting event based upon their SEC Championship meet seed, beginning with seed #1.

Statistics and Results: The final score and statistical information will be provided to all teams within 20 minutes after the completion of the meet. These statistics must be filed on the NCAA official score sheet and signed by the coaches. Results from the Southeastern Conference Gymnastics Championship will be available on the Official SEC Website at: www.SECSports.com. The SEC will be the sole provider of live stats, results and photos during the championship.

Student-Athlete Gifts: The SEC will host a gift suite for eligible participating student-athletes located on the concourse level in the Multipurpose Room. All eligible student-athletes traveling to the tournament will receive a commemorative gift from the SEC. Each student-athlete will select one gift from the options provided through Goldner Associates that will be shipped directly to the institution. Specific gift suite visit times will coincide with each institution's practice time.

- 12:00 p.m. – #5 seed & #6 seed
 - One hour before the 1:00 p.m. CT practice session
- 2:00 p.m. - #3 seed & #4 seed
 - One hour before the 3:00 p.m. CT practice session
- 3:00 p.m. – #7 seed & #8 seed
 - After the 1:00 p.m. practice session
- 4:00 p.m. – #1 seed & #2 seed
 - After the 3:00 p.m. practice session



Coaches will be responsible for validating the student-athlete eligibility list.

In the event no selection is made, a gift pre-selected by the SEC will be provided to the student-athlete. Each team's order will be shipped to the athletic department. If you have any questions or to order additional student-athlete gifts, please contact Judy Matheny at Goldner and Associates via email at JMatheny@goldnerassociates.com or by phone at (615) 250-8249.

Television Broadcast: Both sessions of the 2018 SEC Gymnastics Championship will be live on TV. The 1st session airing at 2 p.m. CT/ 3 p.m. ET on the SEC Network. The 2nd session will air live at 6 p.m. CT/7 p.m. ET on ESPN2.

Tickets, Credentials and Seating:

Tickets: Each institution will receive an initial allotment of 100 tickets for which it is financially responsible. An allocation policy of rotating institutional seating assignments two locations clockwise each year has been established.

Credentials and Seating: Each student-athlete (up to 18) is permitted entrance to the Arena. In addition, eight credentials will be placed in the coaches' packet for use by coaches, managers, and medical personnel. The Conference office will provide administrators from each institution with two additional credentials. All others must have a ticket. Administrators may have access to the floor, but are encouraged to sit in a seat. Additionally, each institution will receive SEC Championship bag tags. The student-athletes must have these bag tags on their bags as they enter through the loading dock.

When teams are not competing they will be allowed to sit in section 117.

Tiebreaker Policy: In case of a tie in final team results, the tied teams will share the position.

Uniforms: All uniforms and equipment must conform to SEC and NCAA policies.

Warm-Up and Open Stretch: During the open stretch period, no institutional provided background music will be played. During each team's floor-exercise warm-up, teams may play their own music. Each team will be required to stretch on the mats at its first event.



SCHEDULE OF EVENTS

APPENDIX A

SCHEDULE OF EVENTS

(Tentative)

All Times CENTRAL

FRIDAY, MARCH 23, 2018

11:45 a.m.-12:45 p.m.

Coaches Meeting (Lunch to be served)

Practice Session I

1:00-1:20 p.m.

Open Stretch

	Vault	Bars	Beam	Floor
1:22-1:42	5	6	7	8
1:44-2:04	8	5	6	7
2:06-2:26	7	8	5	6
2:28-2:48	6	7	8	5

Practice Session II

3:05-3:25 p.m.

Open Stretch

	Vault	Bars	Beam	Floor
3:27-3:47	1	2	3	4
3:49-4:09	4	1	2	3
4:11-4:31	3	4	1	2
4:33-4:53	2	3	4	1

SATURDAY, MARCH 18, 2017

9:30 a.m.

Training Room Opens

11:00 a.m.

Judges Meeting

12:06 a.m. - 12:21 p.m.

Open Stretch - no equipment (1st Session Participants)

Official Warm-Ups – Session 1

	Vault	Bars	Beam	Floor
12:23 - 12:38 p.m.	5	6	7	8
12:40 – 12:55p.m.	8	5	6	7
12:57 - 1:12 p.m.	7	8	5	6
1:14 - 1:29 p.m.	6	7	8	5

1:30 p.m.

Clear Floor

1:50 p.m.

Teams Line Up for March In

1:53 p.m.

March In

1:57 p.m.

National Anthem



2:06 p.m. First Session Competition Begins

Approx 3:45 p.m. First Session Competition Ends
Regular Season Champion Trophy Presentation

4:08– 4:23 p.m. Open Stretch - no equipment (2nd Session Participants)

Official Warm-Ups – Session 2

	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>
4:25 – 4:40 p.m.	1	2	3	4
4:42 – 4:57 p.m.	4	1	2	3
4:59 – 5:14 p.m.	3	4	1	2
5:16 – 5:31 p.m.	2	3	4	1

5:32 p.m. Clear Floor

5:52 p.m. Teams Line Up for March In

5:55 p.m. March In

6:06 p.m. Second Session Competition Begins

Approx 7:45 p.m. Second Session Competition Ends

Approx 8:00 p.m. Post Meet Awards Ceremony (All eight teams)

ALL TIMES CENTRAL



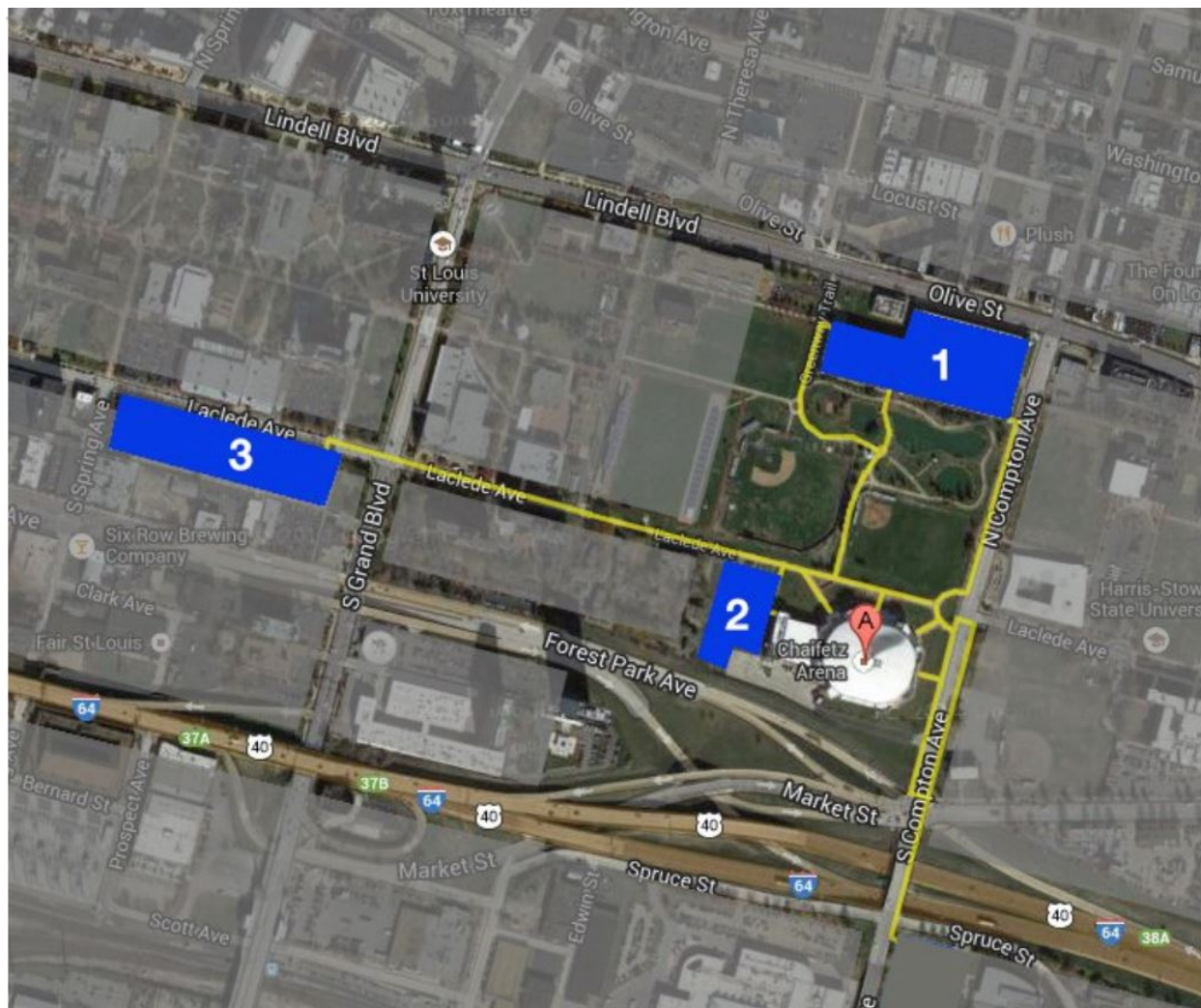
PARKING AT CHAIFETZ ARENA

APPENDIX B

Arena Address

Chaifetz Arena
#1 S. Compton Ave.
St. Louis, MO 63103

Chaifetz Arena is located on the northwest corner of Compton Ave. and Forest Park Parkway / Market St.



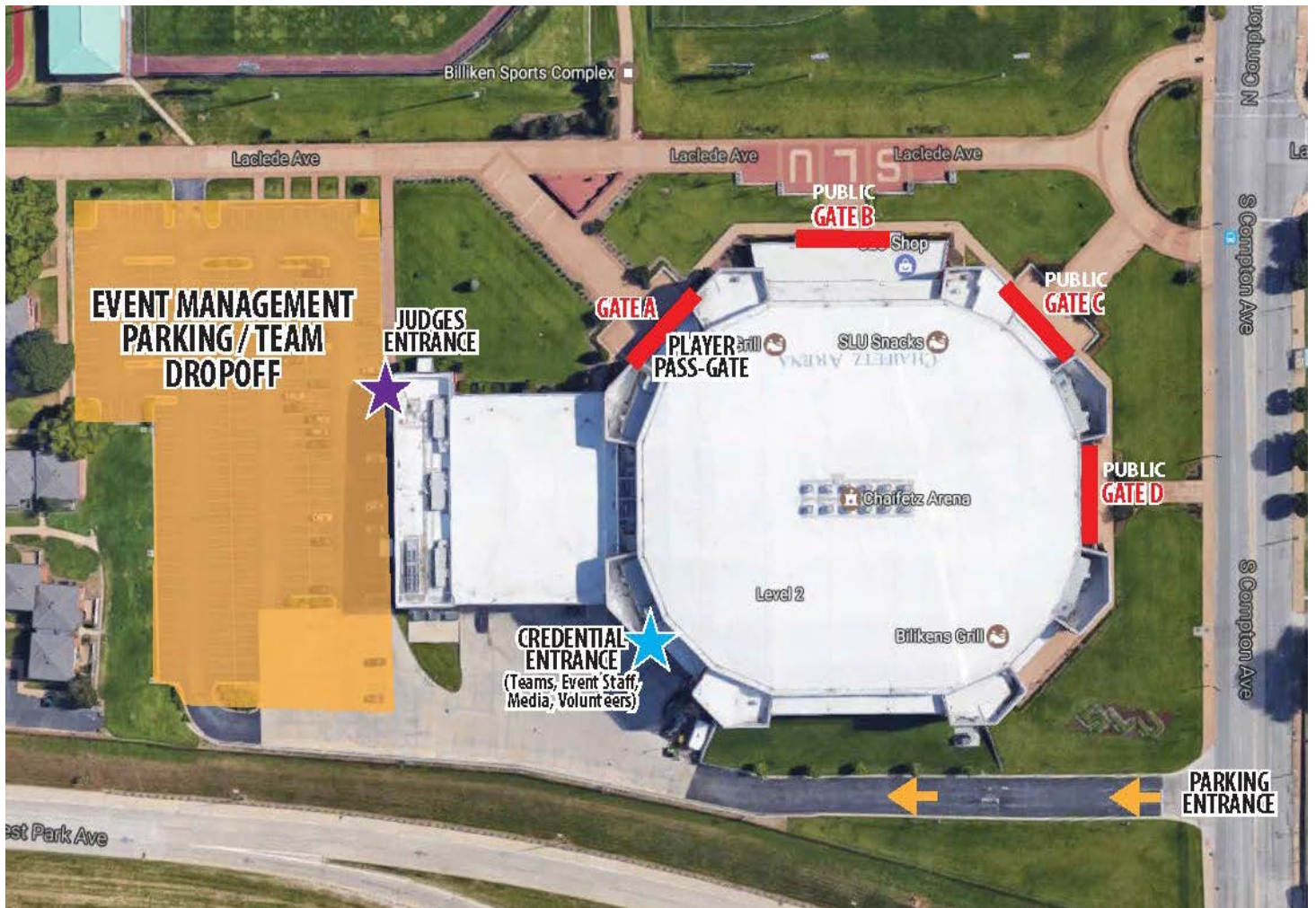
There are covered and uncovered parking areas surrounding Chaifetz Arena. Please consult the maps on this page to determine the best parking lot to park upon your arrival. Handicap Parking is available in the Olive/Compton Garage. Designated drop-off / pick-up area is located on Compton Ave. moving south, which is located on the east side of Chaifetz Arena.

- 1 - Olive/Compton Parking Garage
- 2 - Fred Weber VIP Parking Lot and Team Bus Parking
- 3 - Laclede Parking Garage



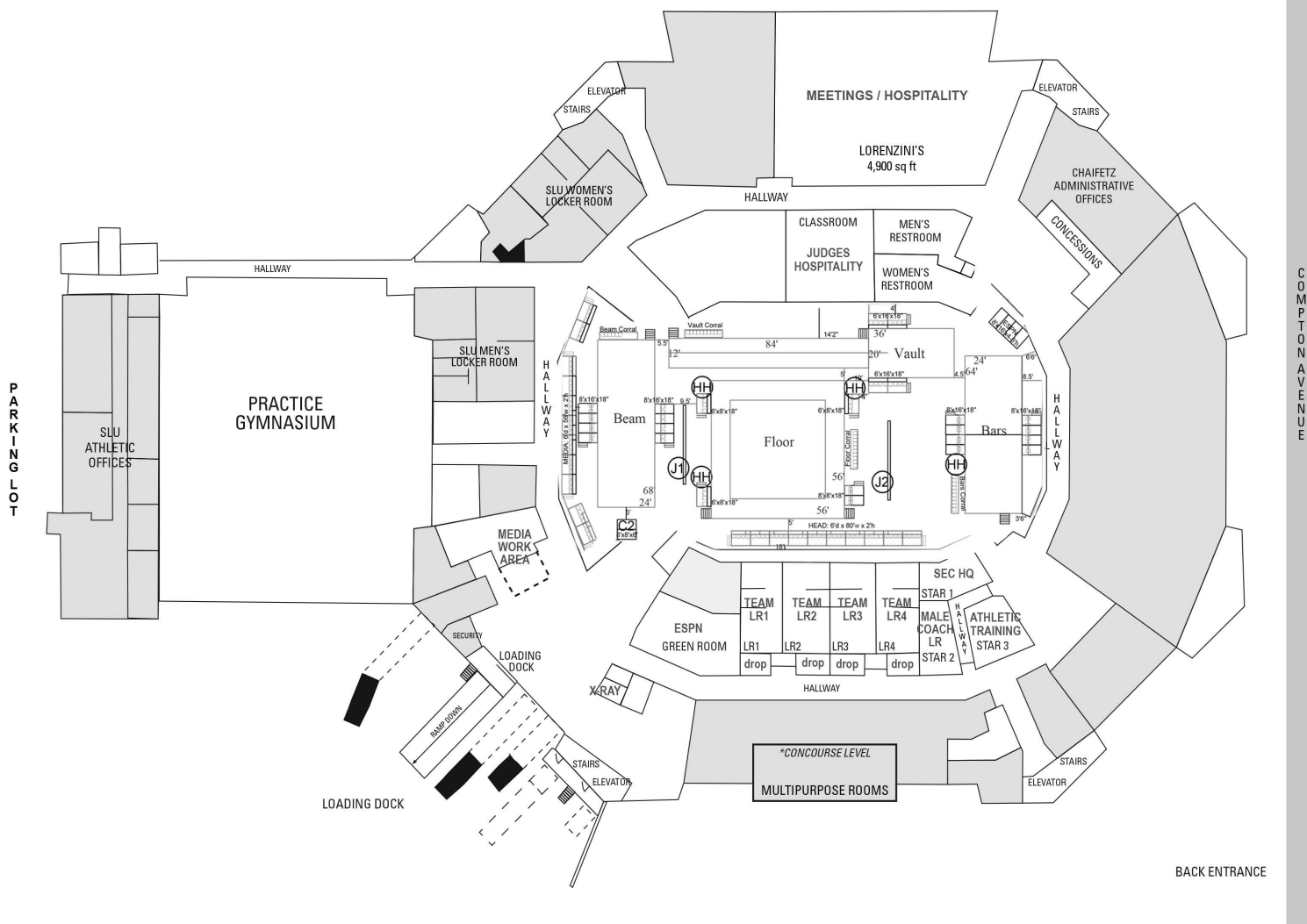
CHAIFETZ ARENA AREA MAP

APPENDIX C



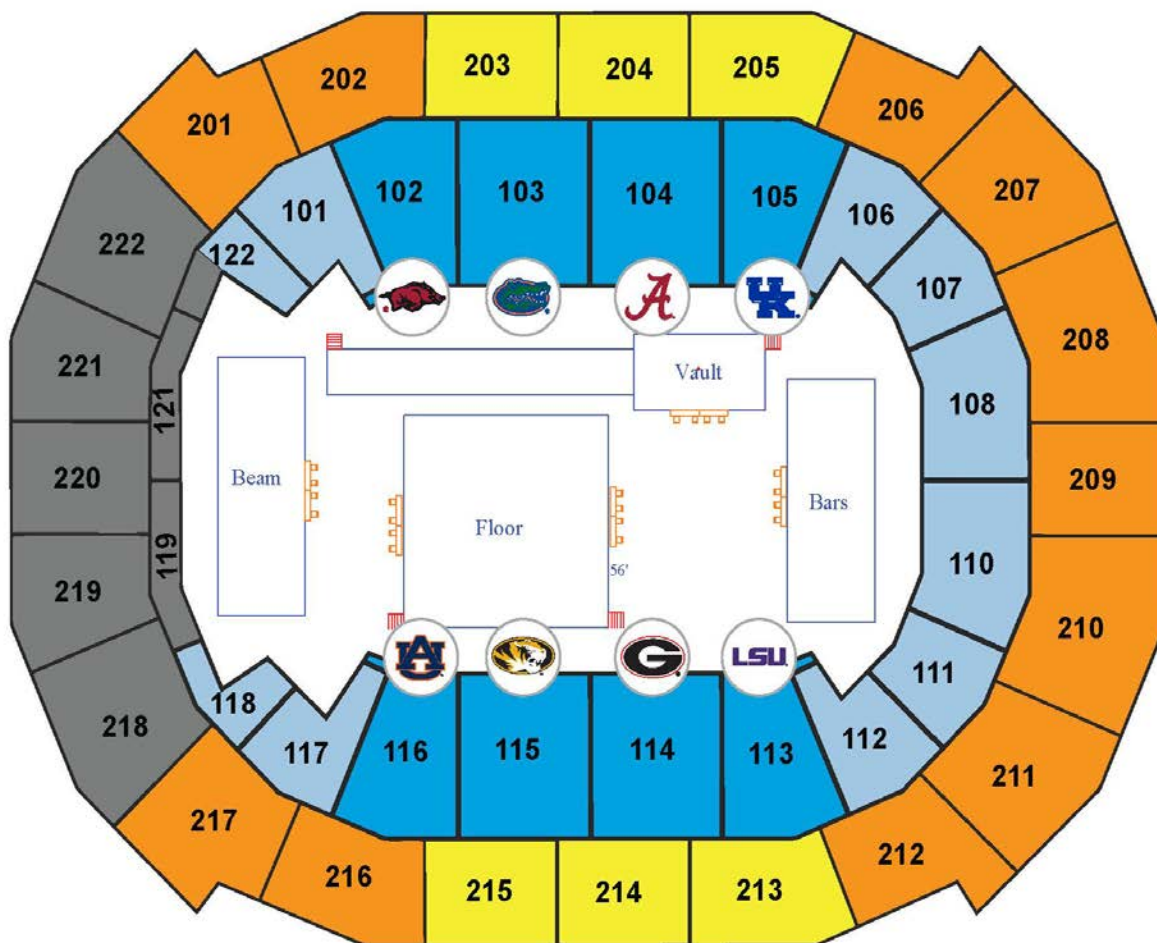
CHAIFETZ ARENA EVENT LEVEL MAP

APPENDIX D



CHAIFETZ ARENA FLOOR LAYOUT

APPENDIX E



EQUIPMENT LIST

APPENDIX F

2018 SEC Championship Equipment List			
	800 ELITE SERIES	CATALOG	
VAULT	ITEM DESCRIPTION	NO.	QTY.
	TAC/10 Vault Table	407-557	1
	Padded Vaulting Runway (1 3/8" x 3' x 84') - <i>Note: Runway should be broken-in</i>	416-785	1
	TAC/10 Board	407-233	2
	Contoured Vault Safety Zone	407-238	1
	Monopod Anchor Mat 20 cm or	416-549	1
	Vaulting Anchor Mat	416-125	1
	FIG 8' x 15.5' x 20 cm V2 - Firm	416-558	1
	FIG 4' x 8' x 20 cm V2 - Slab	416-553	1
	Throw Mat 7' x 10' x 10 cm (anti-slip with Duel Density Foam)	416-258	1
	Throw Mat 7' x 10' x 10 cm (standard foam mesh bottom)	416-319	1
	Throw Mat 8' x 15' x 4" folding	416-020	1
	8" Skill Cushion 5' x 10'	416-159	1
	8" Skill Cushion 5' x 10' "Softy"	416-006	1
	Sting Mat 6'.6" x 8" x 2"	416-584	2
	TAC/10 Round off Pad - 36" x 54" x 1 3/8" (no personal pads)	416-098	1
	Mini TAC/10 Round off Pad - 36" x 36" x 1 3/8" (no personal pads)	416-099	1
	Low Spotting Block 2' x 1' x 4'	416-042	1
	TAC 10/Towel (one box)	407-571	1
	TAC 10/Surface Cleaner	407-567	
	Step-in Chalk Holder w/ chalk	407-007	1
	Score Flasher – 3 digit (panel judges and 1 needed for vault group) handheld	418-002	6
	Score Flasher – 5 digit (chief judge) (4 digit for regionals)	418-003	1
MISC	Collegiate Vault Value Chart		1
	100 ft. US Metal Tape Measure		1
	Start Value Flip Charts		6
	Green Start Flag		1
BARS			
	Floor Plates or Free standing		
	UTB 844 Elite Uneven - <i>Note: Bars should be broken-in.</i>	407-080	1
	Extra Graphite X Bar	407-152	2
	Elite Uneven Bars Adapters - if floor plates are not available	407-361/349	1
	FIG 8' X 15.5' x 20 cm V2 - Firm	416-558	2
	FIG 8' x 12' x 20 cm V2 - Firm	416-557	2
	FIG 5' x 7.5' x 20 cm V2 - Slab	416-554	1
	Throw Mat 7' x 10' x 10 cm (anti-slip with Duel Density Foam)	416-258	1
	Throw Mat 7' x 10' x 10 cm (standard foam mesh bottom)	416-319	1
	Sting Mat 6'.6" x 8" x 2"	416-584	1
	8" Skill Cushion 5' x 10' "Softy"	416-006	1



	8" Skill Cushion 5' x 10' Anti Skid	416-257	1
	Throw Mat 8' x 15' x 4" folding	416-020	1
	TAC/10 Board	407-233	1
	Low Spotting Block 2' x 1' x 4'	416-042	1
	High Chalk Holder	407-008	2
	Block Chalk	407-585	Case
	Score Flasher – 3 digit (panel judges) handheld	418-002	6
	Score Flasher – 5 digit (chief judge) (4 digit for regionals)	418-003	1
MISC	Timing Countdown Display Device		2
	Stop Watches		
	Scotch bright pad for scraping bars		1
	Start Value Flip Charts		4
	2' x 4'x .5" plywood mounting boards w/ non-skid surface both sides no logos (w/ rope for handles)		1
	Green Start Flag		1
	Wire Brush		2
	Spray Water Bottles for Bars		3
	Additional Panel Mats - for stretching areas		4

***Please note that some items may be added or deleted due to future changes to equipment specifications. Also, some catalog numbers may change.*

BEAM	ITEM DESCRIPTION	NO.	QTY.
	Elite Reflex Nonadj Beam	407-430	1
	Elite Beam Leg Pads	416-325	1 set
	Elite Beam Leg Filler Mat System	416-560	1 set
	FIG 8' x 15.5' x 20 cm V2 - Firm	416-558	2
	FIG 8' x 15.5' x 20 cm V4 - Firm	530-854	2
	FIG 8' x 12' x 20 cm V2 - Firm	416-557	1
	FIG 4' X 8' x 20 cm V2 - Firm Slab	416-553	1
	Throw Mat 7' x 10' x 10 cm (anti-slip with Duel Density Foam)	416-258	1
	Throw Mat 7' x 10' x 10 cm (standard foam mesh bottom)	416-319	1
	8" Skill Cushion 5' x 10' nonslip	416-159	1
	Sting Mat 6'.6" x 8" x 2"	416-584	1
	Throw Mat 8' x 15' x 4" folding	416-020	1
	TAC/10 Board	407-233	1
	Suede Beam Pad	416-051	1
	Step-in Chalk Holder w/ chalk	407-007	2
	Score Flasher – 3 digit (panel judges) handheld	418-002	6
	Score Flasher – 5 digit (chief judge) (4 digit for regionals)	418-003	1
MISC	Timing Countdown Display Device		2
	Stop Watches		
	Start Value Flip Charts		4
	2' x 4'x .5"plywood mounting boards w/ non-skid surface both sides no logos (w/ rope for handles)		1
	12" panel mat for stretching/warm-up		2
	Green Start Flag		1
	Bell (beam warning); loud enough to be heard over crowd		1



FLOOR	Elite Floor Exercise System - 40' x 40' - <i>Note: Floor should be broken-in.</i>	432-340	1
	Extra Floor Panel	534-128	2
	All-American Elite Carpet - 45' x 45'	432-510	1
	Foam Border	432-891	1
	2" QuadLam Foam 6' x 42'	416-773	7 rolls
	8" Skill Cushion 5' x 10'	416-663	1
	Sting Mat 6'.6" x 8" x 2"	416-584	1
	Throw Mat 7' x 10' x 10 cm (anti-slip with Duel Density Foam)	416-258	1
	Throw Mat 7' x 10' x 10 cm (standard foam mesh bottom)	416-319	1
	Step-in Chalk Holder w/ chalk	417-007	2
	Score Flasher – 3 digit (panel judges) handheld	418-002	6
	Score Flasher – 5 digit (chief judge) (4 digit for regionals)	418-003	1
	EZ Roll Corner Mats - set of 4 each	416-736	1
	Block Chalk	407-585	Case
MISC	Start Value Flip Charts		4
	Sound system including Ipod adapter		1
	White gaffers or duct tape for corners, 1 roll per session		
	Green Start Flags		1
	Yellow Flags		2
	Stop Watches		1
	60" x 60" Vinyl Floor Sheets (for gymnastics to apply chalk to their feet - versus crushing chalk on competitive mats) or carpet squares for chalk trays		4
	Score Flasher - 5 digit		2
Meet Referee			
	100 ft. US Tape Measure		1
	20 meter Tape Measure		1
	Stop Watches (3 backups)		3

***Please note that some items may be added or deleted due to future changes to equipment specifications. Also, some catalog numbers may change.*

SEC will provide



PODIUM PROTOCOL

APPENDIX G

The intent of the podium is to showcase the competing student-athletes. All participants must conduct themselves in a fair and sportsmanlike manner at all times during the competition, in particular:

- at the apparatus.
- during the march in.
- during the march to and from the apparatus.
- during the mandatory participation in the applicable award ceremony.

While a student-athlete is competing, no other individual shall be on the podium except as noted below.

- Only one coach at a time may be on the podium to spot a gymnast during her routine or stationed near the apparatus for safety purposes (i.e. near the corner of the diagonal on exercise to guard a gymnast falling out of bounds). Except on floor where two coaches may be at opposite corners, if needed.
- Coaches or gymnasts may be on the podium to remove a springboard, to move mats or to stabilize mats. These individuals should leave the podium when their duties are complete, being careful not to be a distraction to the judges.
- Viewing boxes (not on the podium) will be marked outside of the corral at each event for one coach.
- Verbal cues by a coach or teammate(s) to own gymnast shall receive a .20 deduction (applied after one warning has been given). If the gymnast is competing on the apparatus and the coach or teammate(s) instructs her by giving specific information on what to do during the routine, then deduction of .20 is taken from the average without warning. The deduction is taken only once, regardless of the number of cues given.
- One coach will be allowed to celebrate with the competing student-athlete on the podium. Other individuals may not get on the podium to celebrate or congratulate anyone or run down the vault runway to celebrate. Additional individuals on the podium as permitted (for spotting, moving mats, etc.) must refrain from celebrating on the podium.
- After a routine, gymnasts and coaches should use the podium stairs designated by the SEC Gymnastics Meet Director to descend whenever possible, as the stairs and corals will be located in a manner that will expedite both the needs of the teams and coaches and the opportunity for television to cover the team aspect of the sport of women's gymnastics.
- A .10 deduction for each infraction will be taken from the team score for not adhering to the above protocols including excessive celebration, unless otherwise noted. For all-arounders and individual event competitors, a .10 deduction from the gymnasts score will be taken.

Other General Guidelines:

- Only NCAA-approved matting is allowed on the podium.
- On bars, all major chalking shall be done at the chalk station next to the bar corral on the floor. The next gymnast to compete shall use the chalk station on the floor, not the podium. A chalk station will be placed on the podium in case a gymnast falls and she needs to chalk up again.
- After the touch warm-up, the first competitor should remain on the podium to begin competition immediately. Remaining team members must return to the corral to watch the first routine.



- No food or drinks on the podium.
- No one should lean on or against the podium, particularly during competition.
- No items (including cameras, notebooks, grips, cups, etc.) should be left on the podium.

**If there is a violation of any of the GENERAL guidelines, the coach or gymnast will receive a warning or “yellow card.” If a coach or gymnast continues to violate these guidelines, then a “red card” will be issued and will no longer be permitted on the competition floor. The individual in violation will be asked to leave the floor and watch the event from the stands for the remainder of the championships.*

Best of luck and thank you for your adherence to the above policies.



