

2014 SEC WOMEN'S CROSS COUNTRY RECORD BOOK

Women's All-Time SEC Cross Country Champions

Year (Site)	Team Champion	Pts.	Runner-up	Pts	Individual Champion	Distance	Time
1983 (Lexington, Ky.)	Tennessee	24	Florida	46	Alison Quelch, UT	5 kilometers	17:14
1984 (Clinton, La.)	Florida	41	Alabama	54	Shelly Steely, UF	3 miles	15:55
1985 (Oxford, Miss.)	Kentucky	34	Alabama	93	Evelyn Adiru, UA	3 miles	16:47
1986 (Knoxville, Tenn.)	Alabama	30	Kentucky	55	Tricia Clifford, UF	5 kilometers	17:57
1987 (Nashville, Tenn.)	Alabama	20	Kentucky	70	Evelyn Adiru, UA	5 kilometers	17:01
1988 (Tuscaloosa, Ala.)	Kentucky	22	Alabama	68	Carole Trepanier, UA	5 kilometers	16:55
1989 (Auburn, Ala.)	Kentucky	39	Tennessee	66	Valerie McGovern, UK	5 kilometers	16:50
1990 (Gainesville, Fla.)	Tennessee	41	Georgia	55	Patty Wiegand, UT	5 kilometers	16:45.10
1991 (Athens, Ga.)	Arkansas	30	Georgia	80	Deena Drossin, AR	5 kilometers	17:40.00
1992 (Lexington, Ky.)	Arkansas	52	Alabama	80	Deena Drossin, AR	5 kilometers	18:06.80
1993 (Baton Rouge, La.)	Arkansas	37	Alabama	83	Becki Wells, UA	5 kilometers	16:54.00
1994 (Fayetteville, Ark.)	Arkansas	31	Alabama	80	Megan Flowers, AR	5 kilometers	17:01.30
1995 (Starkville, Miss.)	Arkansas	40	Auburn	46	Becki Wells, UF	5 kilometers	17:16.00
1996 (Oxford, Miss.)	Florida	52	Arkansas	77	Becki Wells, UF	5 kilometers	17:04.70
1997 (Columbia, S.C.)	Florida	37	Arkansas	68	Amy Yoder, AR	5 kilometers	16:56.80
1998 (Maryville, Tenn.)	Arkansas	25	Florida	48	Amy Yoder, AR	5 kilometers	16:52.22
1999 (Nashville, Tenn.)	Arkansas	15	Florida	96	Amy Yoder, AR	5 kilometers	16:54.00
2000 (Tuscaloosa, Ala.)	Arkansas	43	Georgia	74	Lilli Kleinmann, AR	6 kilometers	20:11.08
2001 (Auburn, Ala.)	Arkansas	35	Tennessee	71	Andreina Byrd, AR	6 kilometers	19:07.29
2002 (Gainesville, Fla.)	Arkansas	39	Kentucky	78	Christin Wurth, AR	6 kilometers	21:04.87
2003 (Athens, Ga.)	Tennessee	57	Georgia	95	Angela Homan, AU	6 kilometers	21:49.76
2004 (Fayetteville, Ark.)	Tennessee	55	Arkansas	57	Angela Homan, AU	6 kilometers	20:25.92
2005 (Columbia, S.C.)	Tennessee	48	Arkansas	51	Angela Homan, AU	6 kilometers	19:40.00
2006 (Baton Rouge, La.)	Arkansas	17	Georgia	64	Brooke Upshaw, AR	6 kilometers	20:14.90
2007 (Lexington, Ky.)	Arkansas	39	Tennessee	84	Sarah Madebach, UG	6 kilometers	20:49.11
2008 (Starkville, Miss.)	Arkansas	46	Florida	53	Catherine White, AR	6 kilometers	20:07.26
2009 (Oxford, Miss.)	Florida	24	Tennessee	80	Rebecca Lowe, UF	6 kilometers	20:57.35
2010 (Columbia, S.C.)	Florida	60	Arkansas	61	Kristie Krueger, UG	6 kilometers	20:41.25
2011 (Maryville, Tenn.)	Vanderbilt	30	Arkansas	61	Kristen Gillespie, AR	6 kilometers	20:19.84
2012 (Nashville, Tenn.)	Florida	61	Arkansas	70	Cally Macumber, UK	6 kilometers	20:23.29
2013 (Gainesville, Fla.)	Arkansas	32	Texas A&M	123	Dominique Scott, AR	6 kilometers	20:02.81

SEC CHAMPIONSHIP TOTALS: Arkansas (14); Florida (6); Tennessee (5); Kentucky (3); Alabama (2); Vanderbilt (1)

Women's All-Time SEC Cross Country Champions

**1983
(Lexington, Ky.)**

1. Tennessee	24
2. Florida	46
3. Alabama	78
4. Georgia	80
5. Auburn	114
6. LSU	161
7. Vanderbilt	178

**1984
(Clinton, La.)**

1. Florida	41
2. Alabama	54
3. Tennessee	67
4. Kentucky	87
5. Georgia	144
6. Auburn	147
7. LSU	167
8. Vanderbilt	207

**1985
(Oxford, Miss.)**

1. Kentucky	84
2. Alabama	93
3. Tennessee	104
T4. Georgia	111
T4. Auburn	111
6. Florida	115
7. LSU	125
8. Mississippi State	232
9. Vanderbilt	233
10. Ole Miss	294

**1986
(Knoxville, Tenn.)**

1. Alabama	30
2. Kentucky	55
3. Florida	62
4. Auburn	110
5. Georgia	113
6. Tennessee	170
7. LSU	194
8. Mississippi State	208
9. Vanderbilt	272
10. Ole Miss	296

**1987
(Nashville, Tenn.)**

1. Alabama	20
2. Kentucky	70
3. Florida	81
4. Tennessee	96
5. Auburn	117
6. Mississippi State	183
7. Georgia	202
8. Ole Miss	216
9. LSU	226
10. Vanderbilt	245

**1988
(Tuscaloosa, Ala.)**

1. Kentucky	22
2. Alabama	68
3. Florida	99
4. Tennessee	115
5. Auburn	121
6. LSU	181
7. Vanderbilt	185
8. Mississippi State	198
9. Georgia	217

**1989
(Auburn, Ala.)**

1. Kentucky	39
2. Tennessee	66
3. Auburn	84
T4. Alabama	98
T4. Florida	98
6. Georgia	124
7. Mississippi State	200
8. Vanderbilt	207
9. Ole Miss	278
10. LSU	282

**1990
(Knoxville, Tenn.)**

1. Tennessee	41
2. Georgia	55
3. Alabama	88
4. Auburn	101
5. Florida	111
6. Mississippi State	128
7. Kentucky	145
8. Vanderbilt	220
9. Ole Miss	292
10. LSU	300

**1991
(Athens, Ga.)**

1. Arkansas	30
2. Georgia	80
3. Mississippi State	110
4. Alabama	111
5. Auburn	121
6. Florida	151
7. Tennessee	167
8. South Carolina	171
9. Kentucky	182
10. Vanderbilt	260
11. Ole Miss	331
12. LSU	364

**1992
(Lexington, Ky.)**

1. Arkansas	52
2. Alabama	80
3. Auburn	104
4. Florida	114
5. Tennessee	126
6. Georgia	127
7. South Carolina	148
8. Mississippi State	194
9. Vanderbilt	226
10. Kentucky	247
11. Ole Miss	333
12. LSU	357

**1993
(Baton Rouge, La.)**

1. Arkansas	37
2. Alabama	83
3. Georgia	100
4. Florida	119
5. Tennessee	137
6. Auburn	140
7. South Carolina	149
8. Vanderbilt	170
9. Mississippi State	225
10. Kentucky	301
11. Ole Miss	302
12. LSU	368

**1994
(Fayetteville, Ark.)**

1. Arkansas	31
2. Alabama	80
3. Auburn	84
4. Florida	108
5. Georgia	131
6. South Carolina	142
7. Vanderbilt	189
8. Mississippi State	229
9. Kentucky	289
10. LSU	290
11. Ole Miss	303

**1995
(Starkville, Miss.)**

1. Arkansas	40
2. Auburn	46
3. Florida	61
4. Alabama	107
5. Vanderbilt	149
6. South Carolina	168
7. Georgia	226
8. Mississippi State	240
9. Tennessee	267
10. Kentucky	273
11. Ole Miss	274
12. LSU	328

**1996
(Oxford, Miss.)**

1. Florida	52
2. Arkansas	77
3. Auburn	88
4. Georgia	107
5. LSU	132
6. Vanderbilt	133
7. Alabama	198
8. Mississippi State	201
9. Tennessee	216
10. Kentucky	265
11. South Carolina	285
12. Ole Miss	315

**1997
(Columbia, S.C.)**

1. Florida	37
2. Arkansas	68
3. Georgia	77
4. Vanderbilt	94
5. Alabama	124
6. Tennessee	180
7. Auburn	211
8. South Carolina	235
9. LSU	246
10. Kentucky	279
11. Mississippi State	280
12. Ole Miss	340

**1998
(Knoxville, Tenn.)**

1. Arkansas	25
2. Florida	48
3. Tennessee	73
4. Alabama	147
5. Georgia	157
6. Vanderbilt	202
7. South Carolina	206
8. LSU	225
9. Auburn	229
10. Mississippi State	280
11. Kentucky	296
12. Ole Miss	394

**1999
(Nashville, Tenn.)**

1. Arkansas	15
2. Florida	96
3. Georgia	112
4. LSU	118
5. South Carolina	133
6. Alabama	169
7. Auburn	174
8. Vanderbilt	186
9. Tennessee	191
10. Mississippi State	248
11. Ole Miss	305
12. Kentucky	311

**2000
(Tuscaloosa, Ala.)**

1. Arkansas	43
2. Georgia	74
3. Auburn	85
4. Florida	121
5. Alabama	153
6. Vanderbilt	171
7. Mississippi State	191
8. Tennessee	196
9. South Carolina	219
10. Kentucky	221
11. LSU	223
12. Ole Miss	358

**2001
(Auburn, Ala.)**

1. Arkansas	35
2. Tennessee	71
3. Florida	118
4. Auburn	120
5. Vanderbilt	122
6. Georgia	176
7. South Carolina	199
8. LSU	204
9. Mississippi State	205
10. Kentucky	226
11. Alabama	235
12. Ole Miss	356

**2002
(Gainesville, Fla.)**

1. Arkansas	39
2. Kentucky	78
3. Tennessee	86
4. Auburn	117
5. Mississippi State	140
6. Florida	152
7. Georgia	188
8. Vanderbilt	210
9. LSU	229
10. Alabama	291
11. South Carolina	305
12. Ole Miss	331

**2003
(Athens, Ga.)**

1. Tennessee	57
2. Georgia	95
3. Arkansas	103
4. Kentucky	106
5. Vanderbilt	107
6. Auburn	111
7. Mississippi State	162
8. Florida	206
9. Alabama	230
10. South Carolina	254
11. LSU	319
12. Ole Miss	345

**2004
(Fayetteville, Ark.)**

1. Tennessee	55
2. Arkansas	57
3. Georgia	63
4. Florida	160
5. Auburn	168
6. Vanderbilt	177
7. Mississippi State	186
8. Kentucky	193
9. LSU	205
10. Alabama	257
11. South Carolina	265
12. Ole Miss	334

**2005
(Columbia, S.C.)**

1. Tennessee	48
2. Arkansas	51
3. Georgia	87
4. Kentucky	116
5. Florida	137
6. Mississippi State	152
7. Vanderbilt	161
8. Alabama	190
9. Auburn	241
10. LSU	288
11. South Carolina	311
12. Ole Miss	359

**2006
(Baton Rouge, La.)**

1. Arkansas	17
2. Georgia	64
3. Tennessee	66
4. Florida	100
5. Mississippi State	162
6. Kentucky	172
7. Vanderbilt	226
8. Alabama	240
9. LSU	250
10. Auburn	251
11. South Carolina	302
12. Ole Miss	368

**2007
(Lexington, Ky.)**

1. Arkansas	39
2. Tennessee	84
3. Georgia	85
4. Florida	96
5. Kentucky	104
6. Auburn	171
7. Mississippi State	209
8. Vanderbilt	217
9. LSU	259
10. Alabama	275
11. South Carolina	290
12. Ole Miss	352

SEC Championship Year-by-Year Team Results

**2008
(Starkville, Miss.)**

1. Arkansas	46
2. Florida	53
3. Tennessee	107
4. Georgia	117
5. Auburn	127
6. Kentucky	134
7. Alabama	170
8. Vanderbilt	177
9. Mississippi State	252
10. South Carolina	262
11. Ole Miss	333
12. LSU	341

**2010
(Columbia, S.C.)**

1. Florida	60
2. Arkansas	61
3. Vanderbilt	76
4. Georgia	130
5. Mississippi State	156
6. Alabama	177
7. Auburn	190
8. Kentucky	207
9. Ole Miss	209
10. South Carolina	251
11. LSU	279
12. Tennessee	326

**2012
(Nashville, Tenn.)**

1. Florida	61
2. Arkansas	70
3. Vanderbilt	119
4. Ole Miss	122
5. Kentucky	130
6. Georgia	132
7. LSU	199
8. Texas A&M	224
9. South Carolina	256
10. Mississippi State	264
11. Alabama	268
12. Tennessee	285
13. Missouri	296
14. Auburn	378

**2009
(Oxford, Miss.)**

1. Florida	24
2. Tennessee	80
3. Arkansas	87
4. Georgia	118
5. Alabama	141
6. Vanderbilt	142
7. Auburn	151
8. Kentucky	175
9. South Carolina	246
10. Mississippi State	276
11. LSU	335
12. Ole Miss	338

**2011
(Maryville, Tenn.)**

1. Vanderbilt	30
2. Arkansas	61
3. Florida	62
4. Georgia	124
5. Ole Miss	158
6. Alabama	181
7. Tennessee	184
8. Kentucky	214
9. Mississippi State	233
10. Auburn	247
11. South Carolina	295
12. LSU	337

**2013
(Gainesville, Fla.)**

1. Arkansas	32
2. Texas A&M	123
3. Kentucky	134
4. Florida	150
5. Vanderbilt	161
6. Alabama	174
7. Missouri	178
8. Tennessee	179
9. Ole Miss	190
10. Mississippi State	191
11. Georgia	224
12. South Carolina	294
13. Auburn	309
14. LSU	460

SEC Teams In The Top-25 At The NCAA Cross Country Championships

**1982
(Bloomington, Ind.)**

11. Tennessee	262
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**1983
(Lehigh, Pa.)**

4. Tennessee	103
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**1984
(State College, Pa.)**

12. Alabama	269
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**1985
(Milwaukee, Wisc.)**

4. Kentucky	118
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**1986
(Tucson, Ariz.)**

3. Kentucky	159
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**1987
(Charlottesville, Va.)**

6. Alabama	161
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**1988
(Granger, Iowa)**

1. Kentucky	75
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**1989
(Annapolis, Md.)**

2. Kentucky	168
6. Tennessee	227

**1990
(Knoxville, Tenn.)**

9. Georgia	264
12. Tennessee	303

**1991
(Tucson, Ariz.)**

2. Arkansas	168
20. Georgia	455

**1992
(Bloomington, Ind.)**

2. Arkansas	130
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**1993
(Lehigh, Pa.)**

2. Arkansas	71
13. Alabama	326

**1994
(Fayetteville, Ark.)**

3. Arkansas	110
14. Alabama	367
17. Auburn	429
20. Florida	486

**1995
(Ames, Iowa)**

12. Arkansas	324
13. Auburn	335
18. Florida	398

**1996
(Tucson, Ariz.)**

14. Arkansas	347
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**1997
(Greenville, S.C.)**

13. Arkansas	311
16. Florida	386
22. Georgia	518

**1998
(Lawrence, Kan.)**

6. Arkansas	311
22. Florida	531

**1999
(Bloomington, Ind.)**

2. Arkansas	125
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**2000
(Ames, Iowa)**

13. Arkansas	365
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**2001
(Greenville, S.C.)**

12. Arkansas	365
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**2002
(Terre Haute, Ind.)**

7. Arkansas	251
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**2003
(Waterloo, Iowa)**

24. Tennessee	513
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**2004
(Terre Haute, Ind.)**

16. Arkansas	400
21. Tennessee	488
24. Georgia	583

**2005
(Terre Haute, Ind.)**

19. Arkansas	444
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**2006
(Terre Haute, Ind.)**

5. Arkansas	286
15. Georgia	401

**2007
(Terre Haute, Ind.)**

11. Florida	391
13. Arkansas	406
22. Georgia	465

**2008
(Terre Haute, Ind.)**

15. Arkansas	404
17. Florida	454

**2009
(Terre Haute, Ind.)**

7. Florida	260
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**2011
(Terre Haute, Ind.)**

6. Vanderbilt	282
14. Arkansas	375

**2012
(Louisville, Ky.)**

18. Arkansas	449
23. Florida	518

**2013
(Terre Haute, Ind.)**

15. Arkansas	340
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SEC Individuals In The Top-30 At The NCAA Championships

1981 (Wichita, Kan.)

7. Bernadette Madigan, UK	16:35.5
9. Kathy Bryant-Hadler, UT	16:41.5

1982 (Bloomington, Ind.)

7. Kathy Bryant-Hadler, UT	17:14.0
11. Beth Farmer, UF	17:22.3

1983 (Lehigh, Pa.)

4. Liz Natale, UT	16:42.6
16. Alison Quelch, UT	17:05.9

1984 (State College, Pa.)

2. Shelly Steely, UF	16:22.2
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1986 (Tucson, Ariz.)

18. Lisa Breiding, UK	7:36.72
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1987 (Charlottesville, Va.)

16. Elspeth Turner, UA	6:41.88
17. Heidi Olafsdottir, UA	6:43.55

1988 (Granger, Iowa)

5. Carole Trepanier, UA	16:43
11. Lisa Breiding, UK	16:52
12. Valerie McGovern, UK	16:54
23. Evelyn Adiru, UA	17:11
24. Kristy Orre, UK	17:12

1989 (Annapolis, Md.)

2. Valerie McGovern, UK	16:26.78
5. Patty Wiegand, UT	16:47.62
17. Jolly Earle, UG	17:08.63

1990 (Knoxville, Tenn.)

11. Kelli Butler, UG	16:42
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1991 (Tucson, Ariz.)

20. Coralena Velsen, UF	17:16.5
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1992 (Bloomington, Ind.)

2. Deena Drossin, AR	17:12.7
13. Shelley Taylor, AR	17:42.0
15. Pauline Durran, AR	17:49.1

1993 (Lehigh, Pa.)

6. Deena Drossin, AR	16:54.0
8. Megan Flowers, AR	16:56.4
9. Shelley Taylor, AR	16:58.0
14. Sarah Schwald, AR	17:00.1
18. April Ecke, MS	17:02.1
19. Becki Wells, UA	17:03.6

1994 (Fayetteville, Ark.)

4. Megan Flowers, AR	17:04.2
12. Deena Drossin, AR	17:15.8
14. Sarah Schwald, AR	17:18.9
19. Malin Ohlund, UA	17:25.6

1995 (Ames, Iowa)

11. Megan Flowers, AR	17:30.0
12. Becki Wells, UF	17:32.0
24. Jessica Fry, UA	17:48.0

1997 (Greenville, S.C.)

7. Amy Yoder, AR	16:56.0
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1998 (Lawrence, Kan.)

3. Amy Yoder, AR	17:03.05
10. Jessica Koch, AR	17:16.42

1999 (Bloomington, Ind.)

2. Amy Yoder, AR	16:44.10
3. Lilli Kleinmann, AR	16:48.80
20. Jessica Dailey, AR	17:14.10

2000 (Ames, Iowa)

10. Lilli Kleinmann, AR	20:54.00
29. Sharon Dickie, UT	21:21.80

2002 (Terre Haute, Ind.)

16. Christin Wurth, AR	20:07.50
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2004 (Terre Haute, Ind.)

9. Angela Homan, AU	20:43.80
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2005 (Terre Haute, Ind.)

30. Angela Homan, AU	20:26.50
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2008 (Terre Haute, Ind.)

11. Hollie Knight, AU	20:12.70
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2009 (Terre Haute, Ind.)

15. Rebecca Lowe, UF	20:18.80
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2010 (Terre Haute, Ind.)

28. Kristie Kruger, UG	20:40.60
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2012 (Louisville, Ky.)

6. Cally Macumber, UK	19:42.2
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2013 (Terre Haute, Ind.)

13. Cally Macumber, UK	20:26.4
28. Dominique Scott, AR	20:38.9

**All-Time SEC
National Champions**

Year	Team	Points	Coach
1988	Kentucky	75	Don Weber

SEC Cross Country All-Americans

1977

Brenda Webb, Tennessee

1978

Brenda Webb, Tennessee

1980

Kathy Bryant-Hadler, Tennessee

Sue Jackson, Alabama

Linda Portasik, Tennessee

1981

Kathy Bryant-Hadler, Tennessee

Bernadette Madigan, Kentucky

1982

Kathy Bryant-Hadler, Tennessee

Beth Farmer, Florida

Shelly Steely, Florida

1983

Susan Baxter, Tennessee

Beth Farmer, Florida

Alisa Harvey, Tennessee

Liz Natale, Tennessee

Monica O'Reilly, Tennessee

Alison Quelch, Tennessee

1984

Shelly Steely, Florida

1986

Lisa Breiding, Kentucky

Jeni Neilson, Alabama

Elspeth Turner, Alabama

1987

Heidi Olafsdottir, Alabama

Elspeth Turner, Alabama

1988

Evelyn Adiru, Alabama

Lisa Breiding, Kentucky

Sherry Hoover, Kentucky

Valerie McGovern, Kentucky

Kristy Orre, Kentucky

Carole Trepanier, Alabama

1989

Jolly Earle, Georgia

Donna Combs, Kentucky

Valerie McGovern, Kentucky

Valerie Bertrand, Tennessee

Jasmin Jones, Tennessee

Patty Wiegand, Tennessee

1990

Kelli Butler, Georgia

Wendy Fraizer, Florida

1991

Michelle Byrne, Arkansas

Coralena Velsen, Florida

1992

Deena Drossin, Arkansas

Pauline Durran, Arkansas

Shelley Taylor, Arkansas

1993

Deena Drossin, Arkansas

April Ecke, Mississippi State

Megan Flowers, Arkansas

Sarah Schwald, Arkansas

Shelley Taylor, Arkansas

Becki Wells, Alabama

1994

Deena Drossin, Arkansas

Megan Flowers, Arkansas

Malin Ohlund, Alabama

Trine Pilskog, Arkansas

Sarah Schwald, Arkansas

Rachel Sauder, Auburn

1995

Jessica Fry, Alabama

Megan Flowers, Arkansas

Becki Wells, Florida

1997

Amy Yoder, Arkansas

1998

Jessica Koch, Arkansas

Amy Yoder, Arkansas

1999

Lilli Kleinmann, Arkansas

Amy Yoder, Arkansas

2000

Sharon Dickie, Tennessee

Lilli Kleinmann, Arkansas

2002

Londa Bevins, Arkansas

Christin Wurth, Arkansas

2003

Angela Homan, Auburn

2004

Angela Homan, Auburn

2005

Angela Homan, Auburn

2006

Brooke Upshaw, Arkansas

2007

Natalie Picchetti, Georgia

2008

Sarah Bowman, Tennessee

Hollie Knight, Auburn

2009

Charlotte Browning, Florida

Rebecca Lowe, Florida

2010

Kristie Krueger, Georgia

2011

Kristen Gillespie, Arkansas

Alexa Rogers, Vanderbilt

2012

Cally Macumber, Kentucky

Chelsea Oswald, Kentucky

2013

Cally Macumber, Kentucky

Dominique Scott, Arkansas

Agata Strausa, Florida

SEC Cross Country Honors and Awards

SEC Coach of the Year

1983 - Terry Crawford, UT
1984 - Lyle Knudson, UF
1985 - Don Weber, UK
1986 - David Troy, UA
1987 - David Troy, UA
1988 - Don Weber, UK
1989 - Don Weber, UK
1990 - Missy Kane, UT
1991 - Lance Harter, AR
1992 - Lance Harter, AR
1993 - Lance Harter, AR
1994 - Lance Harter, AR
1995 - Lance Harter, AR
1996 - J.J. Clark, UF
1997 - J.J. Clark, UF
1998 - Lance Harter, AR
1999 - Lance Harter, AR
2000 - Lance Harter, AR
2001 - Lance Harter, AR
2002 - Lance Harter, AR
2003 - J.J. Clark, UT
2004 - J.J. Clark, UT
2005 - J.J. Clark, UT
2006 - Lance Harter, AR
2007 - Lance Harter, AR
2008 - Lance Harter, AR
2009 - Todd Morgan, UF
2010 - Todd Morgan, UF
2011 - Steve Keith, VU
2012 - Paul Spangler, UF
2013 - Lance Harter, AR

SEC Athlete of the Year

1992 - Deena Drossin, AR
1993 - Deena Drossin, AR
1994 - Megan Flowers, AR
1995 - Megan Flowers, AR
1996 - Becki Wells, UF
1997 - Amy Yoder, AR
1998 - Amy Yoder, AR
1999 - Amy Yoder, AR
2000 - Lilli Kleinmann, AR
2001 - Andreina Byrd, AR
2002 - Christin Wurth, AR
2003 - Angela Homan, AU
2004 - Angela Homan, AU
2005 - Angela Homan, AU
2006 - Brooke Upshaw, AR
2007 - Sarah Madebach, UG
2008 - Catherine White, AR
2009 - Rebecca Lowe, UF
2010 - Kristie Krueger, UG
2011 - Kristen Gillespie, AR
2012 - Cally Macumber, UK
2013 - Dominique Scott, AR

SEC Freshman of the Year

2000 - Hilary White, UF
2001 - Penny Splichal, AR
2002 - Lauren Burks, UG
2003 - Kristin Heffelfinger, UG
2004 - Natalie Picchetti, UG
2005 - Christine Kalmer, AR
2006 - Dani Parry, AR
2007 - Jillian Rosen, AR
2008 - Genevieve LaCaze, UF
2009 - Alyssa Allison, AR
2010 - Stephanie Brown, AR
2011 - Kaitlin Plattmann, AR
2012 - Hannah Jumper, VU
2013 - Kaitlyn Fischer, MU

All-SEC Teams

1984

Shelly Steely, Florida
Alisa Harvey, Tennessee
Beth Farmer, Florida
Liz Lynch, Alabama
Bernadette Madigan, Kentucky
Gina Procaccio, Alabama
Allison Quelch, Tennessee
Monica O'Reilly, Tennessee
Heidi Olafsdottir, Alabama
Lisa Reed, LSU

1985

Evelyn Adiru, Alabama
Alisa Harvey, Tennessee
Patricia Betancor, Kentucky
Sherry Hoover, Kentucky
Monica O'Reilly, Tennessee
Becky Gallivan, Kentucky
Sharon Choing, Florida
Brenda Malinauskas, Auburn
Audry Pierce, Kentucky
Jenny Nielsen, Alabama

1986

Tricia Clifford, Florida
Jeni Nielsen, Alabama
Lisa Breiding, Kentucky
Heidi Olafsdottir, Alabama
Evelyn Adiru, Alabama
Nancy Freeman, Florida
Sherry Hoover, Kentucky
Lisa Reed, LSU
Susan Crawford, Alabama
Elspeth Turner, Alabama

1987

Evelyn Adiru, Alabama
Heidi Olafsdottir, Alabama
Elspeth Turner, Alabama
Jeni Nielsen, Alabama
Denise Bushallow, Kentucky
Patty Wiegand, Tennessee
Joan Hammeren, Florida
Jasmin Jones, Tennessee
Lisa Reed, LSU
Kristin Seabury, Alabama

1988

Carole Trepanier, Alabama
Lisa Breiding, Kentucky
Valerie McGovern, Kentucky
Kristy Orre, Kentucky
Lisa Reed, LSU
Denise Bushallow, Kentucky
Sherry Hoover, Kentucky
Evelyn Adiru, Alabama
Donna Combs, Kentucky
Stefanie Black, Vanderbilt

1989

Valerie McGovern, Kentucky
Patty Wiegand, Tennessee
Jolly Earle, Georgia
Jasmin Jones, Tennessee
Kelly McDonnell, Auburn
Sherry Hoover, Kentucky
Susan Crawford, Alabama
Donna Combs, Kentucky
Valerie Bertrand, Tennessee
Coralena Velsen, Florida

1990

Patty Weigand, Tennessee
Keli Butler, Georgia
Coralena Velsen, Florida
Megan Thompson, Tennessee
Jasmin Jones, Tennessee
Joanne Birkett, Georgia
Frida Thordardottir, Georgia
Celeste Susnis, Tennessee
Kristen Seabury, Alabama
Malin Ohlund, Alabama

1991

Deena Drossin, Arkansas
Coralena Velsen, Florida
Keli Butler, Georgia
Heather Shutt, Alabama
Michelle Byrne, Arkansas
Amy Patterson, Auburn
Stephanie Barrett, Arkansas
Claire Lavers, Arkansas
Pauline Durran, Arkansas
Jenny Oliver, Georgia

1992

Deena Drossin, Arkansas
Heather Warner, Alabama
Frida Thordardottir, Georgia
Shelly Taylor, Arkansas
Coralena Velsen, Florida
April Ecke, Mississippi State
Malin Ohlund, Alabama
Marny Westphal, Florida
Pauline Durran, Arkansas
Danielle Adams, South Carolina
Beth Tallent, Vanderbilt
Kim Fisher, Florida
Page Kunst, Tennessee
Mary McClung, Georgia
Michelle Byrne, Arkansas

1993

Becki Wells, Alabama
Deena Drossin, Arkansas
Megan Flowers, Arkansas
Sarah Schwald, Arkansas
Amy McKinley, Arkansas
Shelley Taylor, Arkansas
Malin Ohlund, Alabama
Marie Ohlund, Alabama
Monika Ronnholm, Georgia
Frida Thordardottir, Georgia
Marny Westphal, Florida
April Ecke, Mississippi State
Sue McGhie, South Carolina
Celeste Susnis, Tennessee
Megan Thompson, Tennessee

SEC Cross Country Honors and Awards

1994

Megan Flowers, Arkansas
 Jessica Fry, Alabama
 Sarah Schwald, Arkansas
 Monika Ronnholm, Georgia
 Rachel Sauder, Auburn
 Trine Pilskog, Arkansas
 Deena Drossin, Arkansas
 Kimberly Ann Fisher, Florida
 Janet Trujillo, Auburn
 Michelle Reasor, Tennessee
 Malin Ohlund, Alabama
 Tracey Capper, South Carolina
 Patrice Kuntz, Florida
 Amy McKinley, Arkansas
 Elisa Currins, Alabama

1995

Becki Wells, Florida
 Megan Flowers, Arkansas
 Rachel Sauder, Auburn
 Jessica Fry, Alabama
 Kim Fisher, Florida
 Janet Trujillo, Auburn
 Kristen Nicolini, Auburn
 Staci Snider, Arkansas
 Catherine Berry, Arkansas
 Karen Bockel, Arkansas
 Desiree Owen, Arkansas
 Kathi Ward, Auburn
 Patrice Kuntz, Florida
 Kelly Cook, Arkansas
 Hazel Clark, Florida

1996

Becki Wells, Florida
 Janet Trujillo, Auburn
 Amy Yoder, Arkansas
 Silje Rasmussen, LSU
 Charlotte Mayock, LSU
 Kathi Ward, Auburn
 Michelle Reasor, Auburn
 Erin Jones, Georgia
 Hazel Clark, Florida
 Whitney Spanuth, Vanderbilt
 Megan Newcome, Florida
 Karen Bockel, Arkansas
 Desiree Owen, Arkansas
 Tracy Watson, Georgia
 Patrice Kuntz, Florida

1997

Amanda Grout, Alabama
 Elizabeth Lopacki, Alabama
 Karen Bockel, Arkansas
 Tracy Robertson, Arkansas
 Amy Yoder, Arkansas
 Lindsey Rogers, Auburn
 Hazel Clark, Florida
 Elizabeth Reed, Florida
 Jennifer McGranahan, Florida
 Ramona Saridakis, Florida
 Christina Starr, Florida
 Becki Wells, Florida
 Erin Jones, Georgia
 Christine Creighton, Vanderbilt
 Pamela Johnson, Vanderbilt

1998

Ashley LaBudde, Alabama
 Karen Bockel, Arkansas
 Cory Chastain, Arkansas
 Jessica Koch, Arkansas
 Tracey Robertson, Arkansas
 Laurie Sturgell, Arkansas
 Amy Yoder, Arkansas
 Hazel Clark, Florida
 Tamiaka Grizzle, Florida
 Jennifer McGranahan, Florida
 Beth Reed, Florida
 Christina Starr, Florida
 Jennifer Kehoe, Kentucky
 Sharon Dickie, Tennessee
 Maureen Ferris, Tennessee

1999

Amy Yoder, Arkansas
 Lilli Kleinmann, Arkansas
 Jessica Dailey, Arkansas
 Tracey Robertson, Arkansas
 Kimi Welsh, Arkansas
 Kristine Jost, Florida
 Beth Van Dusen, Vanderbilt
 Dawn Boggs, Alabama
 Christin Wurth, Arkansas
 Ashley LaBudde, Alabama
 Sara Hadwin, South Carolina
 Joyce Peebles, South Carolina
 Martina Barkman, LSU
 Julie Pryor, Georgia
 Melissa Phalon, Georgia

2000

Aly Mills, Alabama
 Ashley LaBudde, Alabama
 Lilli Kleinmann, Arkansas
 Tracy Robertson, Arkansas
 Amy Wiseman, Arkansas
 Christin Wurth, Arkansas
 Nerissa Johnson, Auburn
 Alexia Hamblett, Auburn
 Amy Odermatt, Auburn
 Erin Jones, Georgia
 Erin Kelley, Georgia
 Robin Carver, Georgia
 Alexandra Knoke, Georgia
 Susanne Strunz, LSU
 Sharon Dickie, Tennessee

2001

Lilli Kleinmann, Arkansas
 Andreina Byrd, Arkansas
 Christin Wurth, Arkansas
 Sharon Dickie, Tennessee
 Erin Merten, Florida
 Susanne Strunz, LSU
 Penny Splichal, Arkansas
 Jackie Seibert, Georgia
 Caitlin Phillips, Kentucky
 Alexis Hamblett, Auburn
 Brooke Novak, Tennessee
 Kylene Kownurko, Vanderbilt
 Londa Bevins, Arkansas
 Jessica Southers, Tennessee
 Michelle Hurn, Arkansas
 Alison Zeinner, Arkansas

2002

First Team
 Christin Wurth, Arkansas
 Londa Bevins, Arkansas
 Catherine Wanyoike, Auburn
 Caitlin Phillips, Kentucky
 Sharon Dickie, Tennessee
 Tiffany McWilliams, Mississippi State
 Meggan Hodge, Mississippi State

Second Team
 Brooke Novak, Tennessee
 Brooke Patterson, Kentucky
 Allison Grace, Kentucky
 Andreina Byrd, Arkansas
 Maureen Scott, Arkansas
 Erica Sigmont, Arkansas
 Shiloh Whiting, Arkansas

2003

First Team
 Angela Homan, Auburn
 Brooke Patterson, Kentucky
 Brooke Novak, Tennessee
 Caitlin Phillips, Kentucky
 Tiffany McWilliams, Mississippi State
 Megan Cauble, Tennessee
 Jenny Lake, South Carolina

Second Team
 Lauren Burks, Georgia
 Catherine Wanyoike, Auburn
 Erika Schneble, Vanderbilt
 Mindy Sullivan, Tennessee
 Laura Jakosky, Arkansas
 Shiloh Whiting, Arkansas
 Kristin Heffelfinger, Georgia

2004

First Team
 Angela Homan, Auburn
 Jill Steffens, Georgia
 Alison Zeinner-Rush, Arkansas
 Felicia Guliford, Tennessee
 Ashleigh Wetzell, Vanderbilt
 Maureen Scott, Arkansas
 Allison Grace, Kentucky

Second Team
 Elizabeth McCalley, Tennessee
 Whitney Wonderlin, Georgia
 Katie Flaute, Tennessee
 Laura Jakosky, Arkansas
 Kyle Swanson, Auburn
 Lauren Burks, Georgia
 Natalie Picchetti, Georgia

SEC Cross Country Honors and Awards

2005

First Team

Angela Homan, Auburn
Felicia Guliford, Tennessee
Allison Grace, Kentucky
Lauren Burks, Georgia
Christine Kalmer, Arkansas
Sarah Bowman, Tennessee
Penny Splichal, Arkansas

Second Team

Katie Flaute, Tennessee
Laura Jakosky, Arkansas
Zita Maglorie, Mississippi State
Leah Soro, Tennessee
Denise Bargiachi, Arkansas
Jill Steffens, Georgia
Julia Hicks, Alabama

2006

First Team

Brooke Upshaw, Arkansas
Dacia Barr, Arkansas
Christine Kalmer, Arkansas
Jill Steffens, Georgia
Dani Parry, Arkansas
Denise Bargiachi, Arkansas
Sarah Bowman, Tennessee

Second Team

Lindsay Sundell, Florida
Kristin Heffelfinger, Georgia
Miranda Walker, Arkansas
Jennifer Harper, Arkansas
Katie Flaute, Tennessee
Natalie Picchetti, Georgia
Beth Fahey, Arkansas

2007

First Team

Sarah Madebach, Georgia
Christine Kalmer, Arkansas
Natalie Picchetti, Georgia
Sarah Bowman, Tennessee
Jillian Rosen, Arkansas
Denise Bargiachi, Arkansas
Katie Van Horn, Tennessee

Second Team

Jacy Kruzal, Florida
Heidi Magill-Dahl, Tennessee
Dani Parry, Arkansas
Holly Knight, Auburn
Rebecca Lowe, Florida
Haley Moody, Alabama
Andrea Halasek, Kentucky

Freshman Team

Jillian Rosen, Arkansas
Holly Knight, Auburn
Rebecca Lowe, Florida
Haley Moody, Alabama
Sarah Hammes, Mississippi State
Catherine White, Arkansas
Simone Domingue, Mississippi State

2008

First Team

Catherine White, Arkansas
Holly Knight, Auburn
Sarah Bowman, Tennessee
Denise Bargiachi, Arkansas
Ali Crabb, Florida
Genevieve LaCaze, Florida
Charlotte Browning, Florida

Second Team

Christine Kalmer, Arkansas
Jacy Kruzal, Florida
Sara Vaughn, Alabama
Kelsey Johnson, Alabama
Brittany Sheffey, Tennessee
Natalie Picchetti, Georgia
Kiah Vernon, Georgia

Freshman Team

Genevieve LaCaze, Florida
Sara Vaughn, Alabama
Kelsey Johnson, Alabama
Kristabel Doebel-Hickok, Vanderbilt
Samantha Learch, Arkansas
Beatrice Biwott, South Carolina
Jennifer Barbi, Georgia

2009

First Team

Rebecca Lowe, Florida
Charlotte Browning, Florida
Jackie Areson, Tennessee
Kristie Krueger, Georgia
Stacey Johnson, Florida
Holly Knight, Auburn
Genevieve LaCaze, Florida

Second Team

Stephanie Barnes, Auburn
Julie Northrup, Florida
Miranda Walker, Arkansas
Bridget Lyons, Georgia
Brittany Sheffey, Tennessee
Katie Van Horn, Tennessee
Chelsea Oswald, Kentucky

Freshman Team

Chelsea Oswald, Kentucky
Alyssa Allison, Arkansas
Cally Macumber, Kentucky
Jordan White, Vanderbilt
Taylor Johnson, Arkansas
Allie Scalf, Vanderbilt
Sydney Devore, Florida

2010

First Team

Kristie Krueger, Georgia
Hollie Knight, Auburn
Charlotte Browning, Florida
Miranda Walker, Arkansas
Stephanie Brown, Arkansas
Rebecca Lowe, Florida
Stephanie Barnes, Auburn

Second Team

Genevieve LaCaze, Florida
Haley Greenwell, Mississippi State
Jordan White, Vanderbilt
Rita Jorgensen, Vanderbilt
Renee Masterson, Mississippi State
Cally Macumber, Kentucky
Kristen Gillespie, Arkansas

Freshman Team

Stephanie Brown, Arkansas
Cory McGee, Florida
Liz Anderson, Vanderbilt
Stephanie Strasser, Florida
Taylor Wendler, Kentucky
Grace Heymsfield, Arkansas
Anna Bostrom, Kentucky

2011

First Team

Kristen Gillespie, Arkansas
Alexa Rogers, Vanderbilt
Genevieve LaCaze, Florida
Liz Anderson, Vanderbilt
Cory McGee, Florida
Kristie Krueger, Georgia
Jordan White, Vanderbilt

Second Team

Louise Hannallah, Vanderbilt
Kristen Smith, Vanderbilt
Florence N'Getich, Florida
Logan Waites, Ole Miss
Brittany Sheffey, Tennessee
Kaitlin Flattman, Arkansas
Jessica Jackson, Arkansas

All-Freshman Team

Kaitlin Flattmann, Arkansas
Jessica Jackson, Arkansas
Grace Orders, Vanderbilt
Amira Joseph, Vanderbilt
Anna Bowles, Georgia
Rebecca Chandler, Vanderbilt
Grace Vandegrift, Florida

SEC Cross Country Honors and Awards

2012

First Team

Cally Macumber, Kentucky
Florence Ngetich, Florida
Chelsea Oswald, Kentucky
Carly Hamilton, Georgia
Grace Heymsfield, Arkansas
Agata Strausa, Florida
Hannah Jumper, Vanderbilt

Second Team

Kristen Findley, Vanderbilt
Katie Breathitt, Ole Miss
Andrina Schlaepfer, Arkansas
Diane Robison, Arkansas
Laura Carleton, LSU
Kayla Lampe, South Carolina
Callie Cooper, Florida

All-Freshman Team

Hannah Jumper, Vanderbilt
Andrina Schlaepfer, Arkansas
Kayla Lampe, South Carolina
Katelyn Greenleaf, Alabama
Shelby Davidson, Florida
Alexis Panisse, Tennessee
Julie Macedo, Florida

2013

First Team

Dominique Scott, Arkansas
Shannon Klenke, Arkansas
Grace Heymsfield, Arkansas
Agata Strausa, Florida
Liz Anderson, Vanderbilt
Kaitlyn Fischer, Missouri
Cally Macumber, Kentucky

Second Team

Hillary Montgomery, Texas A&M
Katelyn Greenleaf, Alabama
Chelsea Blaase, Tennessee
Haley Cutright, Ole Miss
Stephanie Brown, Arkansas
Karis Jochen, Texas A&M
Sandie Raines, Arkansas

All-Freshman Team

Katiyln Fischer, Missouri
Karis Jochen, Texas A&M
Sandie Raines, Arkansas
Sophie Linn, Ole Miss
Cassidy Hale, Kentucky
Rachel Givens, Auburn
Mary Reiser, South Carolina

SEC Cross Country Athletes of the Week

2000 - 9/6 - Erin Jones, UG; 9/12 - Brittney Mensen, AR; 9/19 - Lilli Kleinmann, AR; 9/26 - Alicia Weber, UF; 10/3 - Lilli Kleinmann, AR; 10/10 - Aly Mills, UA; 10/17 - Sharon Dickie, UT

2001 - 9/3 - Brooke Novak, UT; 9/10 - Erin Merten, UF; 9/24 - Andreina Byrd, AR; 10/1 - Andreina Byrd, AR; 10/8 - Erin Merten, UF; 10/15 - Alexis Hamblett, AR

2002 - 9/10 - Londa Bevins, AR; 9/17 - Meggan Hodge, MS; 9/24 - Sharon Dickie, UT; 10/1 - Jenny Lake, SC; 10/8 - Andreina Byrd, AR; 10/15 - Lauren Burks, UG; 10/22 - Sharon Dickie, UT

2003 - 9/1 - Alison Zeinner, AR; 9/8 - Maureen Scott, AR; 9/15 - Megan Cauble, UT; 9/22 - Katie Denton, LS; 9/29 - Caitlin Phillips, UK; 10/6 - Tiffany McWilliams, MS; 10/13 - Brooke Novak, UT; 10/20 - Angela Homan, AU

2004 - 9/7 - Allison Grace, UK; 9/13 - Felicia Guliford, UT; 9/20 - Jill Steffens, UG; 9/27 - Angela Homan, AU; 10/5 - Brooke Novak, UT; 10/12 - Jamie Geissler, UF; 10/19 - Angela Homan, AU; 10/26 - Zita Magloire, MS

2005 - 9/7 - Sarah Bowman, UT; 9/13 - Lindsay Sundell, UF; 9/20 - Angela Homan, AU; 9/27 - Kristin Heffelfinger, UG; 10/4 - Katie Flaute, UT; 10/11 - Julia Hicks, UA; 10/18 - Christine Kalmer, AR; 10/25 - Christine Kalmer, AR

2006 - 9/6 - Georganne Way, UK; 9/12 - Christine Kalmer, AR; 9/19 - Lindsay Sundell, UF; 9/26 - Rachael Graham, LS; 10/3 - Danielle Parry, AR; 10/17 - Brittany Sizer, VU; 10/31 - Brooke Upshaw, AR

2007 - 9/5 - Sarah Bowman, UT; 9/11 - Lindsay Sundell, UF; 9/18 - Jessica Ortman, UK; 9/25 - Sarah Bowman, UT; 10/2 - Jacy Kruzal, UF; 10/9 - Sarah Madebach, UG
Freshman - 9/5 - Rita Jorgensen, VU; 9/11 - Catherine White, AR; 9/18 - Hayley Moody, UA; 9/25 - Emily Houston, UG; 10/2 - Jillian Rosen, AR; 10/9 - Leah Ryan, UK

2008 - 9/9 - Catherine White, AR; 9/16 - Catherine White, AR; 9/23 - Sara Vaughn, UA; 9/30 - Sara Vaughn, AR; 10/7 - Catherine White, AR; 10/21 - Holly Knight, AU
Freshman - 9/9 - Beatrice Biwott, SC; Samantha Learch, AR; 9/23 - Sara Vaughn, UA; 9/30 - Kelsey Johnson, UA; 10/7 - Genevieve LaCaze, UF; 10/21 - Sara Vaughn, UA

2009 - 9/8 - Miranda Walker, AR; 9/22 - Hollie Knight, AU; 10/6 - Jackie Areson, UT; 10/20 - Stacey Johnson, UF

Freshman - 9/8 - Chelsea Oswald, UK; 9/22 - Alyssa Allison, AR; 10/6 - Cally Macumber, UK; 10/20 - Alyssa Allison, AR

2010 - 9/7 - Kristie Krueger, UG; 9/21 - Miranda Walker, AR; 9/28 - Holly Knight, AU; 10/5 - Charlotte Browning, UF; 10/19 - Kristie Krueger, UG

Freshman - 9/7 - Stephanie Brown, AR; 9/21 - Stephanie Brown, AR; 9/28 - Liz Locke, SC; 10/5 - Stephanie Brown, AR; 10/19 - Liz Anderson, VU

2011 - 9/6 - Jordan White, VU; 9/13 - Elizabeth Briasco, AU; 9/20 - Logan Waites, OM and Brittany Sheffey, UT; 9/27 - Stephanie Brown, AR and Genevieve LaCaze, UF; 10/4 - Logan Waites, OM and Kristen Gillespie, AR; 10/18 - Alexa Rogers, VU.

Freshman - 9/6 - Grace VanDeGrift, UF and Jessica Jackson, AR; 9/13 - Tenley Godfrey, UF; 9/20 - Amira Joseph, VU and Carly Hamilton, UG; 9/27 - Jessica Jackson, AR; 10/4 - Jessica Jackson, AR; 10/18 - Jessica Jackson, AR.

2012 - 9/4 - Julie Macedo, UF; 9/11 - Semehar Tesfaye, AR; 9/18 - Katie Breathitt, UM; 9/25 - Laura Carleton, LS; 10/12 - Cally Macumber, UK; 10/16 - Cally Macumber, UK.

Freshman - 9/4 - Kayla Lampe, SC; 9/11 - Andrina Schlaepfer, AR; 9/18 - Julie Macedo, UF; 9/25 - Mary Kate Ponder, UK; 10/2 - Andrina Schlaepfer, AR; 10/16 - Kayla Lampe, SC and Andrina Schlaepfer, AR.

2013 - 9/3 - Agata Strausa, UF; 9/10 - Stephanie Brown, AR; 9/17 - Cally Macumber, UK; 9/24 - Dominique Scott, AR; 10/1 - Michaela Quinn, UM; 10/8 - Grace Heymsfield, AR; 10/15 - Meredith Mill, SC; 10/22 - Grace Heymsfield, AR.

Freshman - 9/3 - Karlie Garcia, UM; 9/10 - Kaitlyn Fischer, MU; 9/17 - Veronica Eder, AU; 9/24 - Rachel Givens, AU; 10/1 - Michaela Quinn, UM; 10/8 - Sandie Raines, AR and Karis Jochen, AM; 10/15 - Mary Reiser, SC; 10/22 - Michaela Quinn, UM.