

SOUTHEASTERN CONFERENCE™

NCAA CHAMPIONSHIPS

2016 CROSS COUNTRY

NOV. 16, 2016

CROSS COUNTRY CONTACTS

Alabama..... Todd Bell
(205) 348-6084..... tbell@ia.ua.edu

Arkansas..... Joy Ekema-Agbaw
(479) 575-7404..... jeekemaa@uark.edu

Auburn Josh Wetzel
(334) 844-9800..... JoshWetzel@auburn.edu

Florida..... Zach Dirlam
(352) 375-4683 ZachD@gators.ufl.edu

Georgia Leland Barrow
(706) 542-1621 leland@sports.uga.edu

Kentucky..... Jake Most
(859) 257-3838 jake.most@uky.edu

LSU..... Jared Laque
(225) 578-8226 jlaque1@lsu.edu

Ole Miss..... Tate Hawkins
(662) 557-4308 jthawkin@go.olemiss.edu

Mississippi State Nick Price
(601) 527-3232 .. nprice@athletics.msstate.edu

Missouri..... Andrew Melroe
(573) 882-7167 melroea@missouri.edu

South Carolina Koby Padgett
(803) 777-5204 mailto:kpadgett@sc.edu

Tennessee..... Jared Prescott
(865) 974-1212 jprescott@utk.edu

Texas A&M..... Shawn Price
(979) 845-9534 ... sprice@athletics.tamu.edu

Vanderbilt David Dawson
(615) 343-5823. david.dawson@vanderbilt.edu

NCAA Championships Set For Saturday

Six Southeastern Conference cross country teams and six additional individuals qualified for the upcoming NCAA Division I Men's and Women's Cross Country Championships, to be contested Saturday at Terre Haute, Ind.



Thirty-one teams were selected to participate in each championship. The top two, seven-person teams automatically qualified from each of the nine regions, for a total of 18 teams. Thirteen additional teams were selected at-large. Each of the SEC teams that earned berths to the NCAA Championships qualified automatically.

The SEC teams participating include the Arkansas and Ole Miss men, and the Arkansas, Ole Miss, Mississippi State and Missouri women. Thirty-eight individuals were selected to participate in each championship through an automatic qualifier and at-large selection process. All individual qualifiers finished in the top 25 in their region.

Participating men's individuals include Robbie Farnham-Rose (Alabama), Antibahs Kosgei (Alabama) and Jacob Thomson (Kentucky). Participating women's individuals include Veronica Eder (Auburn), Sara Tsai (Vanderbilt) and Katy Kune (Kentucky).

The NCAA Championships take place Nov. 19 at the Wabash Valley Family Sports Center in Terre Haute, Ind. The women's race will begin at 11 a.m. ET, followed by the men's race at noon.

Men's Automatic Qualifying Teams

Arkansas, Colorado, Georgetown, Iona, Michigan State, Middle Tennessee State, Ole Miss, Navy, North Carolina State, Northern Arizona, Oklahoma State, Portland, Stanford, Syracuse, Texas, Tulsa, Virginia, Wisconsin

Men's At-Large Teams

Boise State, Brigham Young, California, Colorado State, Dartmouth, Illinois, Iowa State, Oregon, Providence, Southern Utah, UCLA, UTEP, Washington State

Women's Automatic Qualifying Teams

Arkansas, Baylor, Colorado, Harvard, Louisville, Michigan, Ole Miss, Mississippi State, Missouri, North Carolina State, New Mexico, Notre Dame, Oklahoma State, Penn State, Providence, Stanford, Villanova, Washington.

Women's At-Large Teams

Air Force, Brigham Young, Eastern Michigan, Iowa State, Michigan State, Oregon, Pennsylvania, Portland, San Francisco, UCLA, Utah, Wisconsin, Yale

SEC Men's Individual Qualifiers

Robbie Farnham-Rose, Alabama; Antibahs Kosgei, Alabama; Jacob Thomson, Kentucky.

SEC Women's Individual Qualifiers

Veronica Eder, Auburn; Sara Tsai, Vanderbilt; Katy Kune, Kentucky.



2016 SEC Cross Country | NCAA Championships

» USTFCCCA Rankings - Men

1.	Northern Arizona (12)	360
2.	Colorado	344
3.	Stanford	329
4.	BYU	321
5.	Syracuse	320
6.	Arkansas	303
7.	Iona	273
8.	Oklahoma State	271
9.	Portland	264
10.	UCLA	244
11.	Ole Miss	243
12.	Wisconsin	230
13.	Oregon	220
14.	Colorado State	167
15.	Michigan State	165
16.	Tulsa	163
17.	NC State	161
18.	Washington State	156
19.	UTEP	153
20.	Georgetown	132
21.	Virginia	112
22.	Middle Tennessee	106
23.	Iowa State	105
24.	Illinois	87
25.	Southern Utah	68
26.	Navy	60
26.	California	60
28.	Dartmouth	37
29.	Boise State	36
30.	Providence	34

» USTFCCCA Rankings - Women

1.	Colorado (12)	360
2.	NC State	343
3.	Providence	335
4.	Stanford	315
5.	Michigan	314
6.	New Mexico	291
7.	Washington	285
8.	Penn State	281
9.	Arkansas	278
10.	San Francisco	228
11.	Notre Dame	225
12.	Oregon	223
13.	Missouri	190
14.	Portland	188
15.	Oklahoma State	169
16.	Iowa State	168
17.	Harvard	161
18.	Villanova	139
19.	Mississippi State	127
20.	Air Force	120
21.	Ole Miss	111
22.	Michigan State	108
23.	Baylor	102
24.	Eastern Michigan	91
25.	Wisconsin	82
26.	Yale	80
27.	Utah	77
28.	BYU	75
29.	Penn	60
30.	UCLA	28

SEC Men's Teams Week-By-Week In The National Rankings

	UA	AR	AU	UF	UG	UK	LS	UM	MO	UT	AM	VU
Pre	NR	6	NR	NR	NR	NR	NR	22	NR	RV	NR	NR
S13	NR	6	NR	NR	NR	NR	NR	20	NR	NR	NR	NR
S20	NR	6	NR	NR	NR	NR	NR	18	NR	NR	RV	NR
S27	NR	5	NR	NR	NR	NR	NR	20	NR	NR	RV	NR
O4	NR	5	NR	NR	NR	NR	NR	10	NR	NR	NR	NR
O18	NR	5	NR	NR	NR	RV	NR	11	NR	NR	NR	NR
N1	NR	6	NR	NR	NR	RV	NR	11	NR	NR	NR	NR
N14	NR	6	NR	NR	NR	NR	NR	11	NR	NR	NR	NR
N19												

SEC Women's Teams Week-By-Week In The National Rankings

	UA	AR	AU	UF	UG	UK	LS	UM	MS	MO	SC	UT	AM	VU
Pre	NR	11	RV	NR	NR	NR	NR	RV	18	NR	NR	NR	NR	28
S13	NR	12	NR	NR	NR	NR	NR	RV	19	RV	NR	NR	NR	26
S20	NR	11	NR	NR	NR	NR	NR	RV	29	NR	NR	NR	NR	24
S27	NR	10	NR	NR	NR	NR	NR	RV	24	NR	NR	NR	NR	24
O4	NR	12	NR	RV	NR	NR	NR	25	RV	NR	NR	NR	NR	RV
O18	NR	10	NR	NR	NR	NR	NR	16	29	RV	NR	NR	NR	NR
N1	NR	7	NR	NR	NR	NR	NR	14	RV	RV	NR	NR	NR	NR
N14	NR	9	NR	NR	NR	RV	NR	21	19	13	NR	NR	NR	NR
N19														

» Media Services

Communications

The SEC considers its work with the media a top priority. We look forward to working with you in your coverage of SEC Cross Country. For further information, please contact:

Ben Beaty
Assistant Director of Communications
Office: (205) 458-3000
E-Mail: bbeaty@sec.org

Internet

The SEC has an extensive presence on the World Wide Web at www.SECSports.com and at www.SECSportsMedia.com. Travel to the SEC's site to find up-to-the-minute information on SEC cross country, including statistics, schedules & results and much more. For more information, please contact Ben Beaty at bbeaty@sec.org.

Email Services

Updated information on SEC cross country is also available via e-mail to accredited members of the media. Register to receive the weekly release via e-mail by contacting Ben Beaty at bbeaty@sec.org.

SEC Athletes of the Week

Each week, the Southeastern Conference will announce four Athlete of the Week honors for the sport of cross country. The conference will honor a Runner of the Week for both men and women, and also a Freshman of the Week for both men and women. Athletes of the Week are announced each Tuesday by 12 p.m. CT from the SEC Office.



» Arkansas sweeps 2016 titles

FAYETTEVILLE, Ark.—The Arkansas men's and women's cross country teams won the 2016 Southeastern Conference titles on their home course Friday morning at Agri Park.

This marks the 16th time the Razorbacks have swept both SEC cross country championships. For the Razorback men, it is their seventh consecutive SEC crown and 24th in the last 26 years since joining the league in 1991. The Arkansas women won their fourth straight SEC title and 17th overall.

Arkansas' Alex George claimed the men's individual 8K title with a time of 23:24.9, while Ole Miss' Sean Tobin was second in 23:33.9. Missouri's Karrisa Schweizer took home the women's 6K title in 20:10.6, ahead of Arkansas' Devin Clark (20:18.6).

Arkansas won the men's title with 25 points, while Ole Miss was second with 38 points. Kentucky (100) was third, followed by Georgia (149) and Alabama (152) to round out the top-five.

"It means quite a bit to us to win the SEC title," said Arkansas men's coach Chris Bucknam. "We take a lot of pride in belonging to the SEC and capturing a title for our school and for the state of Arkansas. We have a rich history, but to win it on our home course and keep a good streak going feels great. I am proud of my guys."

The Arkansas women won with 46 points, finishing ahead of Ole Miss (76), Missouri (125), Mississippi State (138) and fifth place Vanderbilt (170).

"Winning an SEC championship never gets old," said Arkansas women's coach Lance Harter. "The SEC is such a competitive conference, and people can adjust their lineups from year-to-year so quickly. If you're not taking care of bringing in talented athletes, you are going to get run over really fast. The SEC always keeps you on your toes."

NCAA Cross Country Regionals take place Friday, Nov. 11 at various sites across the country.

Men's Team Results: 1. Arkansas (25); 2. Ole Miss (38); 3. Kentucky (100); 4. Georgia (149); 5. Alabama (152); 6. Missouri (156); 7. Texas A&M (191); 8. Florida (207); 9. Tennessee (275); 10. Auburn (278); 11. LSU (296); 12. Vanderbilt (319).

Women's Team Results: 1. Arkansas (46); 2. Ole Miss (76); 3. Missouri (125); 4. Mississippi State (138); 5. Vanderbilt (170); 6. Alabama (170); 7. Kentucky (180); 8. Florida (185); 9. Auburn (207); 10. Georgia (225); 11. Texas A&M (263); 12. LSU (366); 13. South Carolina (385); 14. Tennessee (393).

Men's Top-10 Finishers: 1. Alex George, Arkansas (23:24.9); 2. Sean Tobin, Ole Miss (23:33.9); 3. MJ Erb, Ole Miss (23:39.7); 4. Jack Bruce, Arkansas (23:53.3); 5. Frankline Tonui, Arkansas (23:56.6); 6. Andrew Ronoh, Arkansas (23:57.7); 7. Jacob Thomson, Kentucky (24:03.6); 8. Antibahs Kosgei, Alabama (24:06.4); 9. Austen Dalquist, Arkansas (24:07.7); 10. Robert Domanic, Ole Miss (24:08.4).

Women's Top-10 Finishers: 1. Karissa Schweizer, Missouri (20:10.6); 2. Devin Clark, Arkansas (20:18.6); 3. Katy Kunc, Kentucky (20:23.3); 4. Veronica Eder, Auburn (20:40.7); 5. Jamie Kempfer, Missouri (20:43.0); 6. Elisabeth Bergh, Florida (20:43.6); 7. Mary Alex England, Ole Miss (20:51.2); 8. Bo Ummels, Ole Miss (20:52.1); 9. Abby Gray, Arkansas (20:52.5); 10. Valerie Reina, Arkansas (20:53.1).

Men's First Team All-SEC

Alex George, Arkansas
Sean Tobin, Ole Miss
MJ Erb, Ole Miss
Jack Bruce, Arkansas
Frankline Tonui, Arkansas
Andrew Ronoh, Arkansas
Jacob Thomson, Kentucky

Men's Second Team All-SEC

Antibahs Kosgei, Alabama
Austen Dalquist, Arkansas
Robert Domanic, Ole Miss
Craig Engels, Ole Miss
Wes Gallagher, Ole Miss
Ryan Manahan, Ole Miss
Drew White, Missouri

Men's Freshman All-SEC

Carter Persyn, Arkansas
Jon Bishop, Texas A&M
Matthew Thomas, Kentucky
Brennan Fields, Kentucky
Michael Widmann, Missouri
Colin Schaefer, Florida
James Brinyark, Alabama

Women's First Team All-SEC

Karissa Schweizer, Missouri
Devin Clark, Arkansas
Katy Kunc, Kentucky
Veronica Eder, Auburn
Jamie Kempfer, Missouri
Elisabeth Bergh, Florida
Mary Alex England, Ole Miss

Women's Second Team All-SEC

Bo Ummels, Ole Miss
Abby Gray, Arkansas
Valerie Reina, Arkansas
Sara Tsai, Vanderbilt
Therese Haiss, Arkansas
Nikki Hiltz, Arkansas
Jessica Drop, Georgia

Women's Freshman All-SEC Team

Abby Gray, Arkansas
Jessica Drop, Georgia
Taylor Werner, Arkansas
McKenzie Yanek, Alabama
Carina Viljoen, Arkansas
Samantha Drop, Georgia
Jessica Pascoe, Florida

SEC Runners of the Week

Sept. 6

M Runner: Antibahs Kosgei, UA
W Runner: Karis Jochen, AM
M Freshman: Brennan Fields, UK
W Freshman: Jessica Drop, UG

Sept. 13

M Runner: Jacob Thomson, UK
W Runner: Katy Kunc, UK
M Freshman: Erik Armes, AU
W Freshman: Anna Elkin, UM

Sept. 20

M Runner: Alex George, AR
W Runner: Karissa Schweizer, MO
M Freshman: Gashaw Duhamel, UT
W Freshman: Taylor Werner, AR

Sept. 27

M Runner: Jacob Thomson, UK
W Runner: Karis Jochen, AM
M Freshman: Brennan Fields, UK
W Freshman: Ashley Driscoll, AM

Oct. 4

M Runner: Sean Tobin, UM
W Runner: Karissa Schweizer, MO
M Freshman: Carter Persyn, AR
W Freshman: Jessica Drop, UG

Oct. 18

M Co-Runner: Frankline Tonui, AR
M Co-Runner: MJ Erb, UM
W Runner: Karris Schweizer, MO
M Freshman: Tyler Jones, UG
W Freshman: Taylor Werner, AR



2016 SEC Cross Country | NCAA Championships

» Arkansas picked to win SEC titles

The University of Arkansas men and the Arkansas women have been predicted to claim the 2016 Southeastern Conference Cross Country Championships, as decided by a vote of the league's head coaches. The SEC on Aug. 29 released its 2016 SEC Cross Country Preseason Coaches' Poll.

Points for the men's poll were awarded on a 1-2-3-4-5-6-7-8-9-10-11-12 basis, while the women's poll was awarded on a 1-2-3-4-5-6-7-8-9-10-11-12-13 basis. Coaches were not permitted to vote for their own teams.

The Arkansas men were predicted to win the 2016 SEC Cross Country Championship. The Razorbacks claimed the 2015 SEC Championship, their sixth consecutive SEC Championship and 23rd in the last 25 years. The No. 8 Razorbacks garnered 10 first place votes, while Ole Miss earned three first place votes.

The Arkansas women, who have won three consecutive SEC Cross Country Championships, were selected to win the 2016 SEC Cross Country Championship. The Razorbacks received 13 first place votes, and Vanderbilt earned one first place vote.

The 2016 SEC Cross Country Championships are slated to take place Friday, Oct. 28 in Fayetteville, Ark.

Men			Women		
Rank	Team	Points	Rank	Team	Points
1.	Arkansas (10)	14	1.	Arkansas (13)	13
2.	Ole Miss (3)	21	2.	Vanderbilt (1)	35
3.	Texas A&M	36	T3.	Mississippi State	46
4.	Kentucky	49	T3.	Florida	51
5.	Florida	67	5.	Ole Miss	64
5.	Missouri	67	6.	Missouri	66
7.	Alabama	79	7.	Alabama	89
8.	Auburn	86	8.	Texas A&M	100
8.	Georgia	86	9.	Auburn	101
10.	Mississippi State	115	10.	Kentucky	112
11.	Tennessee	118	11.	Georgia	134
12.	LSU	134	12.	Tennessee	143
13.	Vanderbilt	142	13.	South Carolina	151
			14.	LSU	169

» 2015 SEC Cross Country Championship Results

Men's Team Results:

1. Arkansas (25); 2. Texas A&M (98); 3. Ole Miss (122); 4. Kentucky (129); 5. Georgia (142); 6. Missouri (146); 7. Florida (170); 8. Auburn (198); 9. Alabama (203); 10. Mississippi State (280); 11. Tennessee (301); 12. LSU (322); 13. Vanderbilt (391).

Women's Team Results:

1. Arkansas (38); 2. Mississippi State (95); 3. Vanderbilt (112); 4. Alabama (143); 5. Ole Miss (147); 6. Auburn (164); 7. Florida (183); 8. Missouri (228); 9. Texas A&M (249); 10. Georgia (267); 11. Tennessee (296); 12. Kentucky (297); 13. South Carolina (352) 14. LSU (436).

» SEC in the NCAA: Cross Country History

- The SEC has won eight NCAA Men's Cross Country Championships, with Arkansas claiming seven and Tennessee winning one. The last SEC NCAA Championship came in 2000, with Arkansas winning its third consecutive.
- The SEC has won one NCAA Women's Cross Country Championship, with Kentucky holding the only title, which the Wildcats won in 1988.
- The SEC boasts two NCAA Cross Country individual titles, as Godfrey Siamusiye of Arkansas won back-to-back national crowns in 1995 and 1996.
- No SEC woman has ever claimed an NCAA Cross Country individual championship. Four SEC women have finished as the NCAA runner-up: Shelly Steely, Florida (1984); Valerie McGovern, Kentucky (1989); Deena Drossin, Arkansas (1992) and Amy Yoder, Arkansas (1999).

SEC's NCAA Cross Country Team Championships

Men	Women
1972 - Tennessee	1988 - Kentucky
1991 - Arkansas	
1992 - Arkansas	
1993 - Arkansas	
1995 - Arkansas	
1998 - Arkansas	
1999 - Arkansas	
2000 - Arkansas	

SEC's NCAA Cross Country Individual Champions

Men
1995 - Godfrey Siamusiye, Arkansas
1996 - Godfrey Siamusiye, Arkansas

» About the SEC

- Since its formation in 1933, the SEC has directed and organized interscholastic athletic competitions, conducted tournaments and prescribed eligibility rules for student-athletes. The Conference also facilitates and assists its member institutions in maintaining intercollegiate athletic programs compatible with the highest standards of education and competitive sports.
- The Southeastern Conference crowns champions in 21 sports - 12 women's sports and nine men's sports. They include baseball, men's and women's basketball, men's and women's cross country, equestrian, football, men's and women's golf, gymnastics, soccer, softball, men's and women's swimming and diving, men's and women's tennis, men's and women's indoor and outdoor track and field, and volleyball.
- In the fall of 2012, the University of Missouri and Texas A&M University became the 13th and 14th members of the Southeastern Conference. It marked the first expansion for the SEC since 1991 and the second-ever increase for the league since its founding in 1933.
- The SEC's mission statement reflects the priorities of the league. "The purpose of the Southeastern Conference is to assist its member institutions in the maintenance of programs of intercollegiate athletics which are compatible with the highest standards of education and competitive sports."



» Alabama

With third- and sixth-place finishes, respectively, at the NCAA South Regional in Tallahassee, Fla. on Nov. 11, seniors Robbie Farnham-Rose and Antibahs Kosgei qualified for the 2016 NCAA Cross Country Championships as individuals. The 2016 championships will take place Nov. 19 at the Wabash Valley Family Sports Center in Terre Haute, Ind. Indiana State University will serve as the host institution. The men's 10,000-meter race is scheduled for 11 a.m. CT. The duo will be looking to become the 12th and 13th men's cross country All-Americans in Alabama history and the first for the Tide on the men's side since 2010. The championships appearance is the second in a row for Kosgei and the first for Farnham-Rose.

» Arkansas

Men: Following a first-place finish at the NCAA South Central Region Championship last Friday at Agri Park, the Arkansas men's cross country team remains among the top programs in the nation, resting at No. 6. Head coach Chris Bucknam was recognized for his team's dominance this season named the NCAA Men's South Central Coach of the Year by the USTFCCCA on Tuesday afternoon. Bucknam represented the Southeastern Conference in receipt of regional recognition along with Ole Miss coach Ryan Vanhoy, whose team finished first in the South region following its runner-up showing at the conference meet. In his ninth year heading up the Arkansas men's program, Bucknam led his team to meet titles at each of the three home competitions this season, including the Chile Pepper Festival and the SEC Championship. Since taking the helm in 2008, Bucknam has brought home seven-consecutive SEC titles and six regional victories. Under his watch, junior Alex George raced to his first SEC cross country gold and was named to the All SEC first team along with teammates Jack Bruce, Frankline Tonui and Andrew Ronoh. Junior Austen Dalquist and newcomer Carter Persyn added to Bucknam's impressive coaching achievements with spots on the All-SEC second team and SEC All-Freshmen team, respectively. Bucknam and his squad seek to bring home a 12th national championship this Saturday, November, 19 in Terre Haute, Indiana at the NCAA Championship starting at 11 a.m. CT. **Women:** The Arkansas women's cross country team rounded out a perfect record at home this season with a first-place finish at the NCAA South Central Regional meet last Friday. Sitting at No. 9 in the nation, head coach Lance Harter's team has continued to establish its place among the country's best. Arkansas' impressive finish at the regional bout secured two NCAA awards for the program. Harter was named the NCAA Women's South Central Coach of the Year and sophomore Devin Clark was named the NCAA Women's South Central Runner of the Year by the USTFCCCA on Tuesday afternoon. Currently in his 27th year as the head coach for the Arkansas women, Harter remains the winningest coach in Southeastern Conference history. Additionally, his cross-country title claim includes 20 NCAA regional championships. Newcomer Abby Gray picked up the SEC Freshman of the Year award under Harter's guidance, along with being selected for the All-SEC second team. She was joined on the list of conference honorees by teammates Valerie Reina, Therese Haiss, and Nikki Hiltz. Fellow freshman Taylor Werner and Carina Viljoen were also named to the SEC All-Freshman team, adding to Harter's impressive coaching resume. Already a conference silver medalist and SEC Scholar-Athlete of the Year, Clark has finished amongst the top-8 on three separate outings this season, including two times as runner-up. Her impressive performances throughout the year has helped define her as the Razorbacks' top runner. Harter's crew looks to put forth another solid effort Saturday, Nov. 19 at the NCAA Championship in Terre Haute, Indiana at 10:00 a.m. CT.

» Auburn

Auburn senior Veronica Eder punched her ticket to the NCAA Cross Country Championships in Terra Haute, Ind., with a second-place finish at the NCAA South Regional on Friday. Eder's second-place finish is the top finish by an Auburn female since Holly Knight finished second in 2008. The Pennsylvania native posted a personal best 20:08.60 in the women's 6k and was named to the All-Region team. On the men's side, junior Wesley Pectol finished 23rd in the men's 10k with a personal best 31:12.20 to earn All-Region honors. Junior Kevin Wyss also posted a personal best in the men's 10k with a time of 31:20.60 to finish 28th. Eder will advance to the 2016 NCAA Cross Country Championships in Terra Haute, Ind. on Nov. 18.

» Florida

The University of Florida cross country program saw its season come to a close Friday (Nov. 11) morning at the NCAA South Regional Championship, but not before sophomore Elisabeth Bergh and senior Carlos Miranda collected USTFCCCA All-South Region accolades. Bergh led the women's team with a ninth-place finish, well within the top-25 requirement for All-Region honors. The Norwegian clocked a 6k personal record of 20:26.1, topping her previous PR by six seconds. Freshmen Jessica Pascoe (32nd) and Hannah Brookover (34th) were the only other Gators to crack the top 50, resulting in UF's sixth-place finish as a team. On the men's side, Miranda nabbed an All-South Region plaudit for the second consecutive season, crossing 15th overall. The Naples, Fla. native is the 17th Gator in program history to earn multiple All-South Region laurels. Sophomores Jack Guyton (39th) and Magnus Pettersen (51st) both set 10k personal records and crossed second and third, respectively, for the Gators. The men's eighth-place finish as a team marks just the third time since 1996 the team finished outside the top four of the NCAA South Regional Championship.

» Georgia

Both Bulldog cross country teams exceeded their rankings to finish in the top five at the NCAA South Regional in Tallahassee, Fla., on Friday morning. Bolstered by four All-Region performers, the Georgia men scored 105 points to finish third overall and be the second of seven teams from the Southeastern Conference to place. This marked the Bulldogs' first 10K of the season and improved the team's finish last season by one spot. Georgia's best recent finish at the meet was winning the South Regional in 2013. Ole Miss (46) managed to top Middle Tennessee State (61) for the men's team title as both have now automatically qualified for the NCAA Cross Country Championships in Terre Haute, Ind., on Nov. 19. The Lady Bulldogs started the day with a fifth-place finish (195) in the 6K race at the Apalachee Regional Park. Ranked 12th in the South Region coming into the meet, the Georgia women shaved five spots off their 2015 finish thanks in part to three individual finishers in the top 50 and an All-Region performer of their own.

» Kentucky

Kentucky juniors Katy Kunc and Jacob Thomson's spots in the NCAA Cross Country Championships were confirmed as the full meet field was announced Saturday. Kunc booked her spot in her first NCAA Championship field with her third-place finish at the Southeast Regional, Friday. She became the first Kentucky women's team member to earn a NCAA individual bid since Cally Macumber in 2013. Kunc earned the Southeastern Conference Bronze Medal, two weeks ago. Thomson made the NCAA Championships individually for the second year in a row. He was initially left out of the field, but further inquisitiveness showed the NCAA Division I Selection Committee omitted



him from the field. Thomson placed seventh in the men's race at the Southeast Regional on Friday. UK has not qualified for the NCAA Championships as a team since the women's squad did so in 2008. The Kentucky men's team last made NAAs in 2003 – placing 28th with 642 points. The Kentucky women's team finished third overall at Regionals on Friday, missing a spot in the NCAA Championships field by one point. The UK men's team finished fifth.

» LSU

LSU's cross country teams wrapped up the 2016 season at the NCAA South Central Regional on Friday morning with three runners finishing in the Top 60 at the Agri Park XC Course. Sophomore Dajour Braxton led the Tigers' efforts with an 11th-place finish to earn all-region honors for his performance. The Agri Park XC Course played host to the regional championship where the men raced the 10k course and the women raced the 6k course. Braxton finished the men's 10k with a time of 30 minutes, 48.5 seconds to finish just one at-large spot shy of NCAA Championship qualification with Tulane's regional champion Emmanuel Rotich and Louisiana-Lafayette's bronze medalist Stanley Limoh advancing as individuals. Braxton's 11th-place individual finish at the NCAA South Central Regional is the best by a Tiger since Joseph Simuchimba was eighth overall in the 2007 championship. Simuchimba remains the last men's cross country runner to qualify for the NCAA Championships when he did so that season.

» Ole Miss

For the first time in school history, both the Ole Miss men's and women's cross country teams will conclude their season at the NCAA Championships. The 11th-ranked men claimed the team title and the No. 14 women claimed second at the 2016 NCAA South Region Championships, punching their tickets to the 2016 NCAA Championships. The men ran away with the team title for their second regional championship in three years (2014). They defeated No. 26 Middle Tennessee by a margin of 46 to 61, with SEC foes Georgia (105) and Alabama (122) coming in third and fourth place, respectively. Five Rebels finished in the top 15 of the 10K race, with senior MJ Erb leading the charge for the Rebels finishing seventh overall with a mark of 30:33.7, 22 seconds faster than his 2015 mark. The women continued their historic season with a second-place finish Friday morning, punching their first ever ticket to the NCAA Championships. It was an All-SEC team finish with Mississippi State edging out the Rebels 66 to 67, followed by Vanderbilt (138), Alabama (177), Georgia (195) and Florida (205). Junior Emily Bean led the way for the women with a 10th-place finish with a 6K mark of 20:27.8, which is the second-best finish by an Ole Miss woman at the South Regional. Bean was followed closely by senior teammates Bo Ummels and Mary Alex England, who finished 11th and 12th, respectively.

» Mississippi State

Cross Country is the definition of a team sport. Mississippi State epitomized that definition Friday morning, winning the first South Regional Championship in program history by one point. MSU's sixth place runner, freshman Stephanie Peterson, made a push at the very end of the race to propel her past No. 14 Ole Miss' fifth place runner. That surge secured MSU's victory against the Rebels and their second-straight trip to Nationals in Terre Haute, Ind. A program-record five Bulldogs made the All-Region team, with Rhianwedd Price, Shannon Fair, Ffion Price, Antonia Hehr and Mia Meydrich earning the honor after finishing inside the Top 25. Senior All-American Rhianwedd Price was MSU's top performer, placing fifth in the 6K event with a time of 20:16.1 and earning four points. Just behind Price was sophomore Shannon Fair, whose time of 20:26.9 was good enough for a 13th place finish and 12 points.

» Missouri

A historic season for the Mizzou Cross Country program garnered regional recognition on Tuesday, as the United States Track & Field and Cross Country Coaches Association announced its cross country regional awards. In the Midwest region, Head Coach Marc Burns was named Women's Coach of the Year, while junior Karissa Schweizer (Urbandale, Iowa) was named Women's Athlete of the Year. Burns is the first Mizzou Cross Country coach to win the award since Rebecca Wilmes in 2004, while Schweizer is the first Tiger to receive the Midwest Athlete of the Year award since Amanda Bales in 2003. In his third year at the helm of Mizzou Cross Country, Burns has elevated the Tigers to national prominence, as the women's team entered the USTFCCA National Coaches' Poll at No. 13 on Monday, its first time in the poll since 2005. The top-15 ranking came largely as a result from the Tigers winning the NCAA Midwest Regional Meet on Nov. 11, their first regional title since 2004. With the win, Mizzou earned an automatic bid to the NCAA Championships, the first time the Tigers will race as a team at the meet since 2004.

» South Carolina

South Carolina's cross country team wrapped up its 2016 season in the NCAA Southeast Regional on Friday morning, finishing 24th in the event. Senior Mary Reiser led the team as she did all season, finishing 74th with a time of 22:06.4. Freshman Anna Kathryn Stoddard posted her best career 6K time (22:27.1) while ranking 103rd. Sophomore Allison Mueller ranked third on the team (22:42.8, 123rd), while junior Kaylee Wessel (23:24.8, 160th) and freshman Emily Crounse (23:35.4, 172nd) rounded out the scoring.

» Tennessee

Zach Long finished 14th, Megan Murray took 35th and the men's squad recorded a top 10 finish as Tennessee competed at the NCAA South Regional Championship at Apalachee Regional Park on Friday morning. Long, a sophomore, topped the men's squad in the 10K race with a time of 30:56.0; helping the men's team place 10th out of 21 total teams. Long continued his streak of leading the Vols in each race this season. Sophomore Wesley Robinson came in second for the Volunteers with a time of 32:17.8, followed by Gashaw Duhamel who finished with time of 32:35.9 to round out the men's top three. Long shaved 1:58 off of his 32:54.45 finish in last year's NCAA South Region Championship and Wesley Robinson scraped 29 seconds from his 32:46.24 finish at last year's Championship. Junior Andre Hillsman finished with a time of 32:39.7 placing 77th overall and 10 spots behind him, Nick Brey placed 87th with a time of 32:46.5. Dartanian Oakley finished 113th overall with a time of 33:18.8 followed by Tyler Woodroome with a time of 33:59.6, which earned him 132nd.

» Texas A&M

Texas A&M had a pair of runners earn region honors for placing among the top 25 finishers in the NCAA South Central region cross country meet hosted by Arkansas on Friday. Christian Farris placed 14th in the 10,000-meter race at Agri Park while Elliott Farris finished 25th to lead the Aggies to a fourth-place team finish as the squad scored 150 points. Karis Jochen led the Texas A&M women in placing 29th over a 6,000-meter course as the team totaled 209 points to finish seventh. Arkansas swept both team titles, with the men scoring 40 points and the women producing a tally of 48. Both Razorback squads are nationally ranked, with the men ranked sixth and the women seventh. In the men's team scoring it was Texas placing second with 81 points with UT Arlington (135), Texas A&M and Baylor (170) rounding out the top five. On the women's side Baylor finished runner-up with 62 points as Rice (93), Texas (108) and SMU (109)



rounded out the top five. Tulane's Emmanuel Rotich claimed the men's individual honors, clocking 29:58.9 for the victory over Andrew Ronoh of Arkansas, who ran 30:00.2, and Stanley Limoh of Louisiana-Lafayette (30:04.7). Razorback Devin Clark posted a time of 20:17.4 to secure the women's individual title over the Baylor tandem of Maggie Montoya (20:21.7) and Lindsey Bradley (20:24.6). In leading the Aggie men, C. Farris covered the 10,000-meter course in 30:55.5 while E. Farris posted a time of 31:15.3. Freshman Jon Bishop finished third among the team, finishing 34th in 31:14.4 while Alex Riba placed 43rd in his first race of the season, clocking 31:49.0. The fifth runner for Texas A&M, completing the team score, was Cameron Villarreal as he placed 49th in 31:59.2. Jacob Perry was 92nd with a time of 33:05.3 while Austin Wells did not finish the race.

» Vanderbilt

The Vanderbilt women's cross country team posted a third-place finish on Friday morning at the NCAA South Regionals in Tallahassee, Fla. The Commodores needed to finish either first or second to lock up an automatic bid to the NCAA Championships. Vanderbilt has qualified for the national meet in each of the past five seasons. Sophomore Sara Tsai posted an impressive sixth-place finish, but narrowly missed earning an automatic individual bid to the national championships. Tsai posted a time of 20:16.2. The race's top four finishers – among runners who are not members of the automatic-qualifying teams – clinch spots to the NCAA meet. Tsai, who has paced the Commodores in every race this season, was fifth among those runners. Tsai has a strong possibility to earn an at-large invite to the national meet when the field is announced tomorrow. Maddie Criscione was the second Commodore to cross the finish line and placed 23rd overall with a time of 20:51. Criscione's time earned her a spot on the all-region team. Carmen Carlos was next for the Commodores, placing 31st with a time of 21:06.2, followed by Reagan Anderson (21:12.9, 37th), Ginger Hutton (21:30.2, 51st), Mailin Struck (21:49.6, 69th) and Megan Huebner (21:52.7, 73rd).



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» Men's statistical leaders

4-Mile Run

Name	Class	School	Date	Site	Time
Antibahs Kosgei	Sr.	Alabama	09/03/2016	Brooks Memphis Twilight Classic - Memphis, Tenn.	19:11.13
Derek Gutierrez	Jr.	Ole Miss	09/03/2016	Brooks Memphis Twilight Classic - Memphis, TN	19:46.79
Josh Short	Jr.	Alabama	09/03/2016	Brooks Memphis Twilight Classic - Memphis, Tenn.	20:02.83
Conner Thompson	Sr.	Alabama	09/03/2016	Brooks Memphis Twilight Classic - Memphis, Tenn.	20:04.56
Brandon Harvey	So.	Ole Miss	09/03/2016	Brooks Memphis Twilight Classic - Memphis, TN	20:05.69
Abraham Merinar	So.	Ole Miss	09/03/2016	Brooks Memphis Twilight Classic - Memphis, TN	20:13.73
Garrett Bull	Jr.	Alabama	09/03/2016	Brooks Memphis Twilight Classic - Memphis, Tenn.	20:31.71
James Brinyark	Fr.	Alabama	09/03/2016	Brooks Memphis Twilight Classic - Memphis, Tenn.	20:34.11
Andrew Bull	Jr.	Alabama	09/03/2016	Brooks Memphis Twilight Classic - Memphis, Tenn.	20:39.44
Nolan Hesse	Jr.	Ole Miss	09/03/2016	Brooks Memphis Twilight Classic - Memphis, TN	20:49.69
Evan Prizy	Sr.	Alabama	09/03/2016	Brooks Memphis Twilight Classic - Memphis, Tenn.	20:50.81
Robinson Snider	Fr.	Ole Miss	09/03/2016	Brooks Memphis Twilight Classic - Memphis, TN	20:58.22
Zach Long	So.	Tennessee	09/03/2016	Tennessee Dual - Knoxville, Tenn.	21:00.20
Wesley Robinson	So.	Tennessee	09/03/2016	Tennessee Dual - Knoxville, Tenn.	21:16.50
Clay Austell	So.	Alabama	09/03/2016	Brooks Memphis Twilight Classic - Memphis, Tenn.	21:20.11
Andre Hillsman	Jr.	Tennessee	09/03/2016	Tennessee Dual - Knoxville, Tenn.	21:31.70
Joe Bindner	Fr.	Tennessee	09/03/2016	Tennessee Dual - Knoxville, Tenn.	21:34.80
Drew Kelley	Jr.	Tennessee	09/03/2016	Tennessee Dual - Knoxville, Tenn.	21:43.10
Dartanian Oakley	So.	Tennessee	09/03/2016	Tennessee Dual - Knoxville, Tenn.	22:06.30
Quinn Cannella	Fr.	Ole Miss	09/03/2016	Brooks Memphis Twilight Classic - Memphis, TN	22:17.83

5-Mile Run

Name	Class	School	Date	Site	Time
Sean Tobin	Jr.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	23:31.90
MJ Erb	Sr.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	23:52.00
Antibahs Kosgei	Sr.	Alabama	09/30/2016	Joe Plane Notre Dame Invitational - South Bend, Ind.	23:53.40
Robert Domanic	Sr.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	24:00.70
Cameron Villarreal	Sr.	Texas A&M	09/30/2016	Notre Dame Invitational - South Bend, Indiana	24:10.60
Wesley Gallagher	Sr.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	24:10.80
Elliott Farris	Sr.	Texas A&M	09/30/2016	Notre Dame Invitational - South Bend, Indiana	24:11.00
Mark Robertson	Jr.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	24:23.20
Christian Farris	Jr.	Texas A&M	09/30/2016	Notre Dame Invitational - South Bend, Indiana	24:40.80
Taylor Caldwell	So.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	24:42.90
Derek Gutierrez	Jr.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	24:47.10
Robbie Farnham-Rose	Sr.	Alabama	09/30/2016	Joe Plane Notre Dame Invitational - South Bend, Ind.	24:49.00
Craig Engels	Sr.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	24:51.40
Austin Wells	Sr.	Texas A&M	09/30/2016	Notre Dame Invitational - South Bend, Indiana	24:57.90
Conner Thompson	Sr.	Alabama	09/30/2016	Joe Plane Notre Dame Invitational - South Bend, Ind.	24:58.40
Jacob Perry	So.	Texas A&M	09/30/2016	Notre Dame Invitational - South Bend, Indiana	25:06.00
Brandon Harvey	So.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	25:22.20
Garrett Bull	Jr.	Alabama	09/30/2016	Joe Plane Notre Dame Invitational - South Bend, Ind.	25:31.70
Evan Prizy	Sr.	Alabama	09/30/2016	Joe Plane Notre Dame Invitational - South Bend, Ind.	25:32.30
Colin Stoeber	Sr.	Texas A&M	09/30/2016	Notre Dame Invitational - South Bend, Indiana	25:40.00

5,000 Meter Run

Name	Class	School	Date	Site	Time
Antibahs Kosgei	Sr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	14:57.13
Dajour Braxton	So.	LSU	09/17/2016	LSU Invitational (M) - Baton Rouge, LA	15:09.51
Kevin Wyss	Jr.	Auburn	09/02/2016	JSU Strut's Opener - Oxford, Ala.	15:20.00
Wesley Curles	Jr.	Auburn	09/02/2016	JSU Strut's Opener - Oxford, Ala.	15:20.60
Coleman Churitch	Jr.	Auburn	09/02/2016	JSU Strut's Opener - Oxford, Ala.	15:20.90
Wesley Pectol	Jr.	Auburn	09/02/2016	JSU Strut's Opener - Oxford, Ala.	15:21.80
Mitchell Gomez	Jr.	Auburn	09/02/2016	JSU Strut's Opener - Oxford, Ala.	15:21.90
Harrison Martingayle	Fr.	LSU	09/17/2016	LSU Invitational (M) - Baton Rouge, LA	15:28.21
Robbie Farnham-Rose	Sr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	15:33.74
Jay Spieler	Jr.	Auburn	09/02/2016	JSU Strut's Opener - Oxford, Ala.	15:44.60
James Brinyark	Fr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	15:45.97
Conner Thompson	Sr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	15:47.46
Jake Van Geffen	Sr.	Vanderbilt	09/03/2016	Belmont Opener - Nashville, Tenn.	15:48.30
Nikolaos Gkotsis	Sr.	Vanderbilt	09/03/2016	Belmont Opener - Nashville, Tenn.	15:53.10
D.C. Lipani	Jr.	LSU	09/17/2016	LSU Invitational (M) - Baton Rouge, LA	15:53.60
Evan Prizy	Sr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	15:54.17
Harrison Thomas	Fr.	Vanderbilt	09/03/2016	Belmont Opener - Nashville, Tenn.	15:56.00
Garrett Bull	Jr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	15:56.63
Josh Short	Jr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	15:56.80
Christian Johnson	Sr.	LSU	09/17/2016	LSU Invitational (M) - Baton Rouge, LA	15:57.44



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6,000-Meter Run

Name	Class	School	Date	Site	Time
Drew White	Sr.	Missouri	09/02/2016	Hawkeye Invitational - Iowa City, Iowa	18:05.60
Cameron Villarreal	Sr.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	18:18.10
Parker Scott	Fr.	Ole Miss	09/09/2016	Rebel Invite - Oxford, MS	18:21.80
Taylor Caldwell	So.	Ole Miss	09/09/2016	Rebel Invite - Oxford, MS	18:22.00
Mark Robertson	Jr.	Ole Miss	09/09/2016	Rebel Invite - Oxford, MS	18:22.00
Ryan Manahan	Jr.	Ole Miss	09/09/2016	Rebel Invite - Oxford, MS	18:22.30
Craig Engels	Sr.	Ole Miss	09/09/2016	Rebel Invite - Oxford, MS	18:22.40
Wesley Gallagher	Sr.	Ole Miss	09/09/2016	Rebel Invite - Oxford, MS	18:22.60
Sean Tobin	Jr.	Ole Miss	09/09/2016	Rebel Invite - Oxford, MS	18:22.60
Austin Wells	Sr.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	18:30.40
Elliott Farris	Sr.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	18:30.80
Jacob Perry	So.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	18:31.00
Trevor Gilley	Sr.	Ole Miss	09/09/2016	Rebel Invite - Oxford, MS	18:37.60
Abraham Merinar	So.	Ole Miss	09/09/2016	Rebel Invite - Oxford, MS	18:37.60
Christian Farris	Jr.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	18:40.80
Michael Widmann	RFr.	Missouri	09/02/2016	Hawkeye Invitational - Iowa City, Iowa	18:44.50
Nolan Hesse	Jr.	Ole Miss	09/09/2016	Rebel Invite - Oxford, MS	18:48.80
Colin Stoeber	Sr.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	18:53.30
Ryan Teel	Sr.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	18:58.30
Dajour Braxton	So.	LSU	09/09/2016	Rice Invitational (M) - Houston, TX	18:58.39

6,400-Meter Run

Name	Class	School	Date	Site	Time
Carlos Miranda	Sr.	Florida	09/02/2016	Covered Bridge Open - Boone, NC	20:11.07
Mac Reynolds	Sr.	Florida	09/02/2016	Covered Bridge Open - Boone, NC	20:12.51
Jack Guyton	So.	Florida	09/02/2016	Covered Bridge Open - Boone, NC	20:34.11
Jack Beitter	So.	Florida	09/02/2016	Covered Bridge Open - Boone, NC	20:40.07
Bryce Statham	So.	Florida	09/02/2016	Covered Bridge Open - Boone, NC	20:49.06
Mac Macoy	So.	Florida	09/02/2016	Covered Bridge Open - Boone, NC	20:58.49
Seamus Love	So.	Florida	09/02/2016	Covered Bridge Open - Boone, NC	21:15.82
Connor Vaughan	So.	Florida	09/02/2016	Covered Bridge Open - Boone, NC	21:37.87

8,000-Meter Run

Name	Class	School	Date	Site	Time
Alex George	Jr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	23:33.12
Frankline Tonui	Sr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	23:33.22
Sean Tobin	Jr.	Ole Miss	10/28/2016	SEC Championships - Fayetteville, AR	23:33.90
MJ Erb	Sr.	Ole Miss	10/28/2016	SEC Championships - Fayetteville, AR	23:39.70
Bryan Kamau	Jr.	Georgia	10/01/2016	Paul Short Run - Bethlehem, Pa.	23:52.00
Jack Bruce	Jr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	23:54.68
Carlos Miranda	Sr.	Florida	10/01/2016	Paul Short Run - Lehigh, PA	23:57.00
Drew White	Sr.	Missouri	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	23:57.99
Austen Dalquist	Jr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	23:58.56
Austin Sprague	Jr.	Georgia	10/01/2016	Paul Short Run - Bethlehem, Pa.	23:59.00
Sid Vaughn	Sr.	Georgia	10/01/2016	Paul Short Run - Bethlehem, Pa.	24:02.00
Antibahs Kosgei	Sr.	Alabama	10/28/2016	SEC Championships - Fayetteville, Ark.	24:06.40
Cameron Griffith	So.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	24:06.82

10,000-Meter Run

Name	Class	School	Date	Site	Time
Robbie Farnham-Rose	Sr.	Alabama	11/11/2016	NCAA South Regional - Tallahassee, Fla.	30:24.10
Antibahs Kosgei	Sr.	Alabama	11/11/2016	NCAA South Regional - Tallahassee, Fla.	30:33.10
MJ Erb	Sr.	Ole Miss	11/11/2016	NCAA South Regional - Tallahassee, FL	30:33.70
Wesley Gallagher	Sr.	Ole Miss	11/11/2016	NCAA South Regional - Tallahassee, FL	30:40.40
Sean Tobin	Jr.	Ole Miss	11/11/2016	NCAA South Regional - Tallahassee, FL	30:40.60
Robert Domanic	Sr.	Ole Miss	11/11/2016	NCAA South Regional - Tallahassee, FL	30:42.70
Craig Engels	Sr.	Ole Miss	11/11/2016	NCAA South Regional - Tallahassee, FL	30:50.40
Christian Farris	Jr.	Texas A&M	11/11/2016	NCAA South Central Regional - Fayetteville, Arkansas	30:55.50
Zach Long	So.	Tennessee	11/11/2016	NCAA South Regional - Tallahassee, Fla.	30:56.00
Conner Thompson	Sr.	Alabama	11/11/2016	NCAA South Regional - Tallahassee, Fla.	31:11.40
Elliott Farris	Sr.	Texas A&M	11/11/2016	NCAA South Central Regional - Fayetteville, Arkansas	31:15.30
Jon Bishop	Fr.	Texas A&M	11/11/2016	NCAA South Central Regional - Fayetteville, Arkansas	31:41.40
Mark Robertson	Jr.	Ole Miss	11/11/2016	NCAA South Regional - Tallahassee, FL	31:42.40
Josh Short	Jr.	Alabama	11/11/2016	NCAA South Regional - Tallahassee, Fla.	31:47.40
Alex Riba	Jr.	Texas A&M	11/11/2016	NCAA South Central Regional - Fayetteville, Arkansas	31:49.00
Taylor Caldwell	So.	Ole Miss	11/11/2016	NCAA South Regional - Tallahassee, FL	31:49.50
Cameron Villarreal	Sr.	Texas A&M	11/11/2016	NCAA South Central Regional - Fayetteville, Arkansas	31:59.20
Evan Prizy	Sr.	Alabama	11/11/2016	NCAA South Regional - Tallahassee, Fla.	32:11.00
Wesley Robinson	So.	Tennessee	11/11/2016	NCAA South Regional - Tallahassee, Fla.	32:17.80
Garrett Bull	Jr.	Alabama	11/11/2016	NCAA South Regional - Tallahassee, Fla.	32:32.00



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» Women's statistical leaders

2 Mile Run Run

Name	Class	School	Date	Site	Time
Emily Edwards	Jr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	11:28.54
Jessica Gray	Jr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	11:30.71
Veronica Lyle	Jr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	11:42.54
Alison Ringle	Jr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	11:55.94
Morgan Lee	Fr.	South Carolina	10/04/2016	Gamecock Invitational - Columbia, S.C.	12:07.31
Brittany Tolson	Fr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	12:07.64
Brianna Koshy	So.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	12:08.34
Caroline Brooks	Fr.	Alabama	09/09/2016	Chattanooga Powerade Invitational - Chattanooga, Tenn.	12:15.97
Colleen Openshaw	RFr.	South Carolina	10/04/2016	Gamecock Invitational - Columbia, S.C.	12:19.95
Megan Buechler	Fr.	South Carolina	10/04/2016	Gamecock Invitational - Columbia, S.C.	12:20.10
Morgan Adams	Fr.	South Carolina	10/04/2016	Gamecock Invitational - Columbia, S.C.	12:41.92
Maya Halprin-Adams	So.	South Carolina	10/04/2016	Gamecock Invitational - Columbia, S.C.	12:43.08
Kelsey Larkin	Fr.	South Carolina	10/04/2016	Gamecock Invitational - Columbia, S.C.	12:59.65
Anna McElrath	Jr.	South Carolina	10/04/2016	Gamecock Invitational - Columbia, S.C.	13:03.29
Regina Schreiber	So.	South Carolina	10/04/2016	Gamecock Invitational - Columbia, S.C.	13:15.43
Julia Nardone	So.	South Carolina	10/04/2016	Gamecock Invitational - Columbia, S.C.	13:26.05
Maddie Beaubien	Fr.	South Carolina	10/04/2016	Gamecock Invitational - Columbia, S.C.	14:00.37

3 Mile Run Run

Name	Class	School	Date	Site	Time
Peighton Meske	So.	Tennessee	09/03/2016	Tennessee Dual - Knoxville, Tenn.	18:45.60
Julia Rizor	So.	Tennessee	09/03/2016	Tennessee Dual - Knoxville, Tenn.	18:54.50
Jessica Rizor	So.	Tennessee	09/03/2016	Tennessee Dual - Knoxville, Tenn.	18:57.30
Cassidy Giles	So.	Tennessee	09/03/2016	Tennessee Dual - Knoxville, Tenn.	20:23.40
Emma Reed	So.	Tennessee	09/03/2016	Tennessee Dual - Knoxville, Tenn.	20:50.60

3,000 Meter Run

Name	Class	School	Date	Site	Time
Valeska Halamicek	Jr.	Missouri	09/02/2016	Hawkeye Invitational - Iowa City, Iowa	10:29.00
Carina Viljoen	Fr.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	10:35.50
Rachel Nichwitz	So.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	10:39.70
Hannah Thomas	So.	Missouri	09/02/2016	Hawkeye Invitational - Iowa City, Iowa	10:39.90
Kelsey Schrader	Jr.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	10:47.90
Micah Huckabee	RFr.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	10:48.20
Madeleine Reed	Fr.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	10:55.10
Grace Taylor	So.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	11:01.70
Kailee Sawyer	RFr.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	11:03.40
Logan Bishop	Sr.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	11:09.20
Bianca Mello	Jr.	Missouri	09/02/2016	Hawkeye Invitational - Iowa City, Iowa	11:11.30
Katie Adams	Kr.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	11:14.50
Safee Belbina	So.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	11:18.20
Sabrina Herrmann	RFr.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	11:18.80
Carolyn White	So.	Missouri	09/02/2016	Hawkeye Invitational - Iowa City, Iowa	11:28.30
Susan Forbis	Fr.	Missouri	09/02/2016	Hawkeye Invitational - Iowa City, Iowa	11:34.40
Emily Jeacock	RFr.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	11:35.00
Kristen Larkan	RFr.	Arkansas	09/01/2016	Cowboy Duals - Stillwater, Okla.	11:48.60
Faramola Shonekan	Fr.	Missouri	09/02/2016	Hawkeye Invitational - Iowa City, Iowa	12:01.10

4,000 Meter Run

Name	Class	School	Date	Site	Time
Megan Murray	Fr.	Tennessee	11/04/2016	Hokie Open - Blacksburg, Va.	13:41.80
Veronica Eder	Sr.	Auburn	09/02/2016	JSU Strut's Opener - Oxford, Ala.	13:46.60
Karis Jochen	Sr.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	13:50.30
Katy Kunc	So.	Kentucky	09/01/2016	Wildcat Opener - Lexington, Kentucky	14:12.00
Peighton Meske	So.	Tennessee	11/04/2016	Hokie Open - Blacksburg, Va.	14:13.10
Anna Nelson	Jr.	Auburn	09/02/2016	JSU Strut's Opener - Oxford, Ala.	14:25.00
Rachel Givens	Sr.	Auburn	09/02/2016	JSU Strut's Opener - Oxford, Ala.	14:33.90
Amy Hansen	Jr.	Kentucky	09/01/2016	Wildcat Opener - Lexington, Kentucky	14:35.90
Jill Weston	So.	Kentucky	09/01/2016	Wildcat Opener - Lexington, Kentucky	14:36.90
Ashley Driscoll	Fr.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	14:36.90
Kenzley Defler	Jr.	Auburn	09/02/2016	JSU Strut's Opener - Oxford, Ala.	14:37.20
Caroline McCaslin	Jr.	Kentucky	09/01/2016	Wildcat Opener - Lexington, Kentucky	14:40.60
Kelsey Persyn	Jr.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	14:40.60
Haley Deakins	Jr.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	14:42.30
Ruby Stauber	Fr.	LSU	09/09/2016	Rice Invitational (W) - Houston, TX	14:45.69



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Jessica Rizor	So.	Tennessee	11/04/2016	Hokie Open - Blacksburg, Va.	14:45.70
Avery Bussjager	Fr.	Kentucky	09/01/2016	Wildcat Opener - Lexington, Kentucky	14:47.80
Emma Reed	So.	Tennessee	11/04/2016	Hokie Open - Blacksburg, Va.	14:48.10
Devin Norton	Jr.	Texas A&M	09/02/2016	Aggie Opener - College Station, Texas	14:53.90
Emory Griffin	Fr.	Kentucky	09/01/2016	Wildcat Opener - Lexington, Kentucky	14:55.50

5,000 Meter Run

Name	Class	School	Date	Site	Time
Karissa Schweizer	Jr.	Missouri	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	16:09.83
Devin Clark	So.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	16:19.36
Taylor Werner	Fr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	16:31.03
Therese Haiss	Jr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	16:33.83
Carina Viljoen	Fr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	16:36.30
Nikki Hiltz	Jr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	16:42.19
Regan Ward	Sr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	16:45.97
Sydney Brown	So.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	16:50.52
Karis Jochen	Sr.	Texas A&M	09/30/2016	Notre Dame Invitational - South Bend, Indiana	16:53.20
Veronica Eder	Sr.	Auburn	10/01/2016	Louisville Classic - Louisville, Ky.	16:53.50
Valerie Reina	Sr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	16:54.40
Mary Alex England	Sr.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	16:55.50
Jamie Kempfer	Jr.	Missouri	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	16:55.73
Shelby Brown	Jr.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	16:58.00
Abby Gray	Fr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	16:58.72
Emily Bean	Jr.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	16:59.50
Bo Ummels	Sr.	Ole Miss	09/30/2016	Notre Dame Invitational - South Bend, IN	16:59.60
Sara Tsai	So.	Vanderbilt	09/30/2016	Notre Dame Invitational - South Bend, Ind.	17:03.70
Madeleine Reed	Fr.	Arkansas	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	17:03.98
Nicole Mello	Sr.	Missouri	10/01/2016	Chile Pepper Festival - Fayetteville, Ark.	17:05.18

5,290 Meter Run

Name	Class	School	Date	Site	Time
Katy Kunc	So.	Kentucky	10/14/2016	Alabama Crimson Classic - Tuscaloosa, Alabama	20:15.20
Avery Bussjager	Fr.	Kentucky	10/14/2016	Alabama Crimson Classic - Tuscaloosa, Alabama	21:22.30
Amy Hansen	Jr.	Kentucky	10/14/2016	Alabama Crimson Classic - Tuscaloosa, Alabama	21:26.00
Caroline McCaslin	Jr.	Kentucky	10/14/2016	Alabama Crimson Classic - Tuscaloosa, Alabama	21:33.00
Whitney O'Bryan	Fr.	Kentucky	10/14/2016	Alabama Crimson Classic - Tuscaloosa, Alabama	21:47.50
Aundrea Busse	So.	Kentucky	10/14/2016	Alabama Crimson Classic - Tuscaloosa, Alabama	21:57.10
Jill Weston	So.	Kentucky	10/14/2016	Alabama Crimson Classic - Tuscaloosa, Alabama	22:10.70
Sarah Crawford	Fr.	Kentucky	10/14/2016	Alabama Crimson Classic - Tuscaloosa, Alabama	22:19.60
Caitlin Shepard	Fr.	Kentucky	10/14/2016	Alabama Crimson Classic - Tuscaloosa, Alabama	22:22.80
Michelle McKinney	So.	Kentucky	10/14/2016	Alabama Crimson Classic - Tuscaloosa, Alabama	22:36.10
Devynn Miller	Fr.	Kentucky	10/14/2016	Alabama Crimson Classic - Tuscaloosa, Alabama	22:48.70

6,000 Meter Run

Name	Class	School	Date	Site	Time
Jessica Drop	Fr.	Georgia	10/01/2016	Paul Short Run - Bethlehem, Pa.	20:13.00
Karissa Schweizer	Jr.	Missouri	10/15/2016	Pre-National Invitational - Terre Haute, Ind.	20:14.00
Karis Jochen	Sr.	Texas A&M	09/24/2016	Texas A&M Invitational - College Station, Texas	20:14.20
Rhianwedd Price	Sr.	Mississippi State	11/11/2016	NCAA South Region Championship - Tallahassee, Fla.	20:16.10
Katy Kunc	So.	Kentucky	09/24/2016	Texas A&M Invitational - College Station, Texas	20:18.50
Devin Clark	So.	Arkansas	10/15/2016	Pre-Nationals - Terre Haute, Ind.	20:20.00
Taylor Tubbs	Sr.	Florida	10/01/2016	Paul Short Run - Lehigh, PA	20:20.00
Veronica Eder	Sr.	Auburn	10/14/2016	Crimson Classic - Tuscaloosa, Ala.	20:20.10
Jessica Pascoe	Fr.	Florida	10/01/2016	Paul Short Run - Lehigh, PA	20:23.00
Valerie Reina	Sr.	Arkansas	09/17/2016	Riverside Invitational - Riverside, Calif.	20:27.30
Abby Gray	Fr.	Arkansas	09/17/2016	Riverside Invitational - Riverside, Calif.	20:27.40
Emily Bean	Jr.	Ole Miss	11/11/2016	NCAA South Regional - Tallahassee, FL	20:27.80
Mary Alex England	Sr.	Ole Miss	10/14/2016	Penn State Invitational - State College, PA	20:29.00
Bo Ummels	Sr.	Ole Miss	11/11/2016	NCAA South Regional - Tallahassee, FL	20:29.70
Carina Viljoen	Fr.	Arkansas	09/17/2016	Riverside Invitational - Riverside, Calif.	20:30.60
Nikki Hiltz	Jr.	Arkansas	09/17/2016	Riverside Invitational - Riverside, Calif.	20:35.10
Shannon Fair	So.	Mississippi State	11/11/2016	NCAA South Region Championship - Tallahassee, Fla.	20:36.90
Elisabeth Bergh	So.	Florida	10/28/2016	SEC Championship - Fayetteville, Ark.	20:43.60
Ffion Price	Sr.	Mississippi State	11/11/2016	NCAA South Region Championship - Tallahassee, Fla.	20:43.60
Antonia Hehr	So.	Mississippi State	11/11/2016	NCAA South Region Championship - Tallahassee, Fla.	20:43.70

